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Where »»»» JCFGC

Cost »»»» \$10 adults, \$5 kids (non Aleph Bet Students)

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\*see application for specific eligibility requirements



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# CHATTANOOGA JEWISH CONGREGATIONAL RELIGIOUS SCHOOL



## On the Scene at CJCIRS

Traci Sloan, Director  
CJCIRSDir@gmail.com  
(423) 285-0241

CJCIRS 2016-17 Schedule  
**SPRING**  
April 2, 9, 23, 30  
May 7

## Bring Fun, Drama and Learning to Your Seder Table

Many people find it difficult to keep children interested and engaged during the Passover seder. Bringing the ten plagues to life is another great way to add an experiential, dramatic element to the evening. Plan ahead with some props and you'll see how engaging the seder can be.

Here are some suggestions for enacting the ten plagues:

1. **Blood:** Prepare a large, clear pitcher, empty except for some red food coloring at the bottom. At the appropriate moment, pour in water and watch it turn magically to "blood."
2. **Frogs:** Have everyone get out of their chair and hop around the room, croaking like frogs. This is a good opportunity to stretch.
3. **Lice:** Give everyone a little plastic bag with rice. At the appropriate moment, open and toss the rice onto the lap of the person next to you. Watch the fun...
4. **Wild Beasts:** This is where your creativity heats up. You can use plastic snakes, or put on a tiger or gorilla mask. This really puts everyone in the spirit.
5. **Pestilence:** This is the plague where all the animals died of disease. Have everyone make animal noises.
6. **Boils:** The Egyptians were covered with open sores which caused them unbearable itching. Have everyone at your seder table break out into an uncontrollable fit of scratching.
7. **Hail:** Marshmallows (kosher for Passover) work best for this. Foam balls and cotton balls work as well. Ping-pong balls are great too, but be careful if you are going to throw them around. Also watch your pets!
8. **Locusts:** A little hopping before the festive meal will get everybody ready.
9. **Darkness:** Have everyone put on a blindfold for two minutes.
10. **First Born:** (eternal sleep of the first born): Buy an aqua-colored Mylar "curtain" from a party store, and have everyone pass through the splitting of the sea, decorated with a sign that says "You are now leaving Egypt."

Chag Sameach from my family to yours!

## Celebrating Tu B' Shevat, Purim at CJCIRS



*During Tu'B Shevat Shiran Amir, Israeli shlichah, had the children write their dreams on a leaf. Then we watched our dreams grow into a beautiful tree*



*Hamantaschen making*



*Hamantaschen eating!*



*PreK-3rd making Mishloach Manot baskets for our friends*



*Studying map of Middle East*



*Rabbi Lewis, new Mizpah rabbi, visited CJCIRS to meet everyone and lead our morning T'filah*



*4th and 5th grade enjoyed learning about Israel and creating Israel cakes to share*

# MIZPAH CONGREGATION



by  
Richard  
Zachary

## APRIL Worship and Study Schedule

<b>Wednesdays:</b>	Mizpah Hinukh Ivrit -Hebrew Education	4:30 pm
<b>Fridays:</b>	Oneg/Kabbalat Shabbat Services	5:30 / 6:00 pm
April 7:	MHI Student Service	6:00 pm
April 7:	First Friday Shabbat dinner	6:45 pm
April 21:	Shabbat Shirim	6:00 pm
<b>Saturdays:</b>	Torah Study w/ breakfast	9:00 am
	Shabbat Worship services	11:00 am
	(Services in Feinstein Chapel)	
<b>Special Events:</b>		
<b>Monday, April 10:</b>	Passover First Night Seder	6:00 pm
	<i>(Call the Office or Email to make your reservation)</i>	
<b>Sunday, April 23:</b>	Mizpah Annual Meeting	2:00 pm
	Vocal Concert of Classical Jewish music	3:00 pm
	<i>Vocal concert features the Combined Men's and Women's Chorus with Harv Wileman, Artistic Director. See ad back page.</i>	

## MIZPAH CELEBRATES 1ST NIGHT SEDER



Monday, April 10, 2017  
Feinstein Hall 6:00 pm  
New Hagaddah  
\$25 Mizpah Members  
\$30 Non-Members  
\$10 kids age 14 to Adult  
Kids under 13 FREE  
Active Military FREE  
College Students FREE

*All Food Made In-House*

## Purim at Mizpah, March 10



## MIZPAH HINUKH IVRIT (MIZPAH HEBREW EDUCATION) WEDNESDAYS 4:30-6:30 P.M.



Mizpah Hinukh Ivrit (Mizpah Hebrew Education) is our congregational Hebrew classes for kids. For more information, contact Rabbi Teri Appleby: MizpahRabbi@epbf.com or call 267-9771.



## Mizpah Hinukh Ivrit



### TORAH STUDY

Each Shabbat morning, join us for Torah Study held in our Mizpah Feinstein Hall. We'll enjoy a light breakfast beforehand and begin our Torah Study about 9:30 a.m.. Shabbat worship services follow at 11:00 am. Rabbi Teri Appleby leads this long-running favorite Mizpah activity. All are welcome. Knowledge of Hebrew or Torah commentary is not required. Please contact Richard Zachary (ZacharyRA@gmail.com) or Amy Cohen (Acohen@baylorschool.org) for further info, or call Mizpah at 267-9771.

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## MUSIC AT MIZPAH



Mizpah Congregation will present "Hear, O Israel: Classical Vocal Music in the Jewish Tradition" on Sunday April 23, 2017 at 3pm in the Mizpah sanctuary at 923 McCallie Avenue. This concert will feature members of Voci Virili Men's Consort and Voice of Reason Women's Ensemble (over 40 voices strong) in choral and solo music by Jewish composers and on Jewish themes. See ad back page.



Mizpah Congregation 923 McCallie Avenue Chattanooga, TN 37403 Phone: 423-267-9773 Fax: 423-267-9773  
mizpah@epbf.com www.mizpahcongregation.org

# B'NAI ZION CONGREGATION



114 McBrien Road Chattanooga, TN 37411  
 (423)894-8900 Fax (423) 894-8902  
 office@bzcongregation.com  
 bnaizioncongregation.com

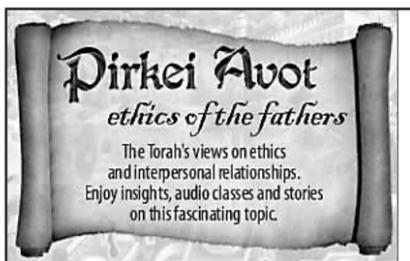
## Pesach Service Schedule

**Tuesday, April 11th**  
 Pesach Morning Services, 1st Day: 9:30 a.m.  
**Wednesday, April 12th**  
 Pesach Morning Services, 2nd Day: 9:30 a.m.  
**Monday, April 17th**  
 Pesach Morning Services, 7th Day: 9:30 a.m.  
**Tuesday, April 18th**  
 "Pesach Morning Services, Yizkor: 9:30 a.m.



Following festival services on the second day of Passover, Men's Club is graciously sponsoring a delicious matzah brei lunch. Please RSVP to the office to ensure we have plenty of food for everyone!"

## Mishnah Pirkei Avot Class



Introducing a class on Pirkei Avot! There are 7 chapters of Pirkei Avot (Ethics of our Sages) and 7 weeks between Pesach and Shavuot. Beginning Pesach (as is a tradition), we will be taking a closer look at Pirkei Avot and how it relates to our world, today. If you are interested attending, please contact Eytan Oren!



## BLT- Bagels, Lox & Tefillin

Join us on Sunday, April 2nd at 9:30 am for a BLT! Come be a part of our Sunday minyan and enjoy a delicious spread and sparkling discussion. Mmmmm, delicious davening! See you there!

## Family Promise

April 2nd – 8th  
 We will again be teaming up with the First Church of the Nazarene to host families from Family Promise of Greater Chattanooga. If you are available to help with coordinating a few dinners or overnight stays, please contact Ruth Votava (home: 899-6418 or work: 756-3891). As you know, this is a fulfilling mitzvah!



## Lunch and Learn

April 13th - 12:00 - 1:00 pm  
 As we are deep in the throes of Pesach, join us for our always brilliant lunch-time discussion. No need to bring your own meal, as we will have more than enough leftovers to go around!



## Toast to Israel

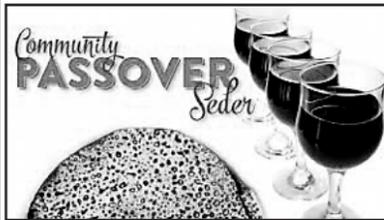
Sunday, April 30th - 6:00 p.m.  
 Join us as we share a L'Chaim of Israeli Wine to commemorate Israel's 69th birthday! Keep a lookout for more info and pricing!

## Coming Soon!



## Join B'nai Zion in Israel

This Israel tour, with Rabbi Tendler, will cover Israel's many wonders while strengthening our sense of community along the way. The itinerary is specifically designed with exciting activities for families of all ages. Your senses will be filled with the life, smells, tastes, sounds, and textures of modern Israel, along with an appreciation of the connections of our Jewish roots and biblical history, greater awareness of contemporary events and challenges facing Israel today. A fantastic tour filled with meaningful experiences and fun! Let Rabbi Tendler know if you are interested today!



## Pesach Community Seder

Tuesday, April 11th - 5:45 p.m.  
 "Let all who are hungry, come and eat." Join us for an interactive and educational experience. This spiritual and meaningful Seder is led by Rabbi Susan Tendler. It includes scintillating conversation, lively singing, delicious food and traditional Seder favorites. Interested in attending? Contact the B'nai Zion office for costs and more information. Note: RSVP is required. "Once we were slaves in Egypt, but now we are free."

## Youth Programming



## Shababat

April 22nd at 10:00 am  
 Pesach celebrates the exodus of the Jewish people from Egypt. It celebrates our freedom. Come to Shababat on Saturday morning to find out what freedom means to you. Sabab means cool, Shababat means Shabbat. Come move your angel up the ladder while having fun. All the cool kids are doing it!

## ChooUSY 2017 Events



**Wed., Apr. 5th at 6:30 p.m.** – Fondue and Fun! Chocolate Seder before Pesach!  
**Fri. Apr. 21 – Sun. Apr. 23rd** – HaNegev USY Regional Convention  
**Sun., Apr. 30th at 12:00 p.m.** – Israeli Lunch for Yom HaAtzma'ut



## HaNegev USY Regional Convention

Friday, April 21st to Sunday, April 23rd  
 Did you know that HUSY is turning 13? That means it's time for his Bar Mitzvah! HaNegev USY is celebrating HUSY's Bar Mitzvah at Regional Convention in Palm Beach, FL, co-chaired by our very own, Murray Lebovitz! A weekend party that will be the Bar/Bat Mitzvah you wish you had. Great friends, Shacharit Live, and a whole lot more. Can't wait to see everyone there!

## BZ Purim, March 11



For more information about Hebrew school or upcoming events contact Eytan Oren: (423)894-8900 ext. 103 or Educator@BZcongregation.com.

# CHABAD OF CHATTANOOGA



Rabbi Shaul Perlstein  
 Rabbi@jewishchatt.com  
 950 Vine Street  
 423-490-1106

## The Mitzvah of Matzah

By Rosie Perlstein  
 Co-Director, Chabad of Chattanooga

My earliest memories of Passover are from our family's annual 'day' at the Shmura Matzah bakery. Let me explain.

Inside a nondescript store-front in Brooklyn, NY, hidden behind its closed gate without even a sign outside, is a gem, a throw-back of centuries: Lubavitch Shmura Matzah Bakery – Shmura Matzah by hand.

It's different than the square matzah available in our local supermarkets, which is baked using modern machinery. This NY bakery does everything by hand, from mixing the flour and water, to rolling it out, to punching the holes, and then putting them in and taking them out of the oven. It's the same "technology" that was available to Moses and the Jewish people when they left Egypt. Every few minutes, all the people involved in the process (about 40 total) say joyously, and in unison, "L'shem Matzah Mitzvah" meaning "in honor of the mitzvah of matzah". It highlights that this is no ordinary cracker, that this is special, that this is matzah that will allow us to fulfill G-d's commandment. All that, in less than the magical 18 minutes - the time it takes dough to begin to rise.

This is where I come into the picture. Every year, in the weeks leading up to Passover, my family and I would go to the bakery in order to help bake the matzah that we would use for our own Seder and the duration of the eight days of Passover.

When I got a bit older I realized that the heavy lifting was left to paid trained professionals, but we did a lot of the work too. We washed the mixing bowls after each batch (only cold water, as we would not want the stainless steel bowl to be warm and allow the mixture to begin to rise quicker). We passed the rolled out matzah from the 'rollers' to those making the holes and sanded down the wooden rollers in between each matzah to make sure that the slightest particle of dough should not be carried over from one 18 minute batch to the next.

My time spent in the matzah bakery gave me a lot more than a day off from school, an education about the baking of matzah, and the highest level of kosher matzah. It left me with a few profound messages about life.

For example, there is something special when something is done by a person. A machine can bake a perfectly square matzah, but it can't celebrate the baking, it can't be joyous, it can't chant 'L'shem Matzah Mitzvah'.

And this: when there is something that you love, do it yourself; if you want to develop a love, do it yourself. Contribute not just your time and money, but your own elbow grease. This applies to relationships with family, friends and of course G-d. Every part of the process brings us closer. The time one spends in the kitchen cooking and preparing a Shabbat meal, a Passover Seder or any holy meal is a G-dly experience and part of beautifying a mitzvah.

The fact that I was brought along at such a young age made a deep impression. It taught me that although it might be hard, its important to get the youngsters involved.

Always remember, preparing and planning is part of it. Do it with joy, share the joy with those around you, do it "L'shem Matzah Mitzvah". Let your children see you are joyous, teach them to love it, let them see that it is labor of love, labor of mitzvah, labor of our history, a labor of a connection to G-d.

*Community*  
**PASSOVER SEDER**

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# HADASSAH NEWS



## Hadassah Happenings

**Cathryn Cohen**  
Communications Chair



These are the kind of things that helped Southern Region award Chattanooga First Place for Mid-size Chapters at last month's Regional Board Meeting in Birmingham:

We welcomed new Life Members Leta Berger, Beth Thomas, Adele Dimopoulos and also welcome Life Member transfer from Birmingham, Vicki Lewis. Recently stepping up as new Chai Society enrollees are Cindy Wood, Vivian Hershey and Millie Lander. Chai Society is an annual giving program of \$180 a year with Silver Chai Society being \$360 a year. The contribution may be paid on a monthly basis of \$15 or \$30, quarterly or once a year. The donor may direct her contribution to a particular Hadassah project. As you consider joining the ranks of your generous friends, contact Dana Waxler for more information.

Thank you to the Chattanooga Jewish Congregational Religious School students, parents and faculty for their very generous support for the Tu B'Shevat JNF tzedakah project, chaired by Millie Lander, to help refurbish the forests in Israel that were decimated by fire late last year. The CJCRS raised enough funds to plant 22 trees!

Food for thought: In less than a decade, more than 75 percent of leaders of American Jewish institutions are expected to move on. Who will take their places? This year we are lucky to have Judith Sachsman take over the Presidency of our chapter once again. Hopefully someone out there in "reader land" will see this and volunteer herself or suggest someone she knows to take over when the time comes. Please keep this in mind as you peruse this column today.

Please enjoy the interesting interview (below) from a recent *Hadassah Magazine*, by Lisa Hostein, executive editor.

January 2017

"As an academic focusing on American Jewish history and women's history, Pamela Nadell, a longtime professor at American University in Washington, D.C., provides a special historical perspective on some of the more disturbing trends roiling the country. The "depressing thing is we are still talking about anti-Semitism," says the 65-year-old mother of two grown children who currently serves as the president of the Association for Jewish Studies. This interview has been edited for brevity and clarity."

Hostein: *There's been a disturbing uptick in anti-Semitic incidents since the election. From a historical perspective, when was the last time we saw such an increase of blatant anti-Semitism in the United States?*

Nadell: This uptick in anti-Semitic incidents is worldwide, it's not just an American phenomenon. But it's also really important to emphasize that they are only part of the hate that is pouring out at this time. The last time that anti-Semitism was so widespread and publicly expressed was during the Great Depression and World War II. We're hearing terrible things now; we've heard terrible things before. In terms of the amount, it's very serious. I don't want to minimize it but it's part of a long history.

Hostein: *As a professor of gender studies and a specialist in women's history, what do you teach your students about this moment in history?*

Nadell: I turn to the past to look for lessons in the present. I like to think of a line from a poem by Muriel Rukeyser: "I am in the world/ to change the world," and that's what I like my students to consider. They are here because we hope they are going to learn how to change the world for the better. One of the things I teach in my American Jewish history courses is Hadassah. When I talk about the nurses who founded Jerusalem's first public health clinic in 1913, and the leaders of Hadassah who helped pluck the children out of the maelstrom of Nazi Germany and bring them to Youth Aliyah, I'm showing my students women in the past who changed the world for the better. That's what I want my students to learn. That is my legacy as a teacher."

**Supporting Hadassah means putting our Jewish values into action: advocacy, health and well-being; building community in Israel and in the United States.**

## Tu B'Shevat JNF Tzedakah Project with the Chattanooga Jewish Congregational Religious School



Left, best decorated JNF Blue Boxes; right Religious School Directors Traci Sloan and Paula Israel with students' decorated Jewish National Fund Blue Boxes

## Tu B'Shevat Seder hosted by Sandy Tabakin



Left, Sandy Tabakin, Vivian Hershey, Barbara Oxenhandler, Cindy Wood, Rosalyn Vogel during the Seder; right, Merav Balazs, Judy Sachsman, Dana Waxler, Rachael Waxler Ruiz

## "Transforming Darkness into Light," Shared Hadassah Federation Brunch (see more photos, page 11)



Left, speaker Ruth Ebenstein (center) with Hadassah President Judy Sachsman and Federation Executive Director Michael Dzik; and right, Rosalyn Vogel, Ellen Freiberg, Carol Young. More photos page 11.

TOGETHER WE ARE



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Published ten times a year by the  
Jewish Federation of Greater Chattanooga

Lee Brouner, Board Chair  
Michael Dzik, Executive Director  
Dana Shavin, Editor

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email: [boardchair@jewishchattanooga.com](mailto:boardchair@jewishchattanooga.com)

## **Jewish Federation Mission Statement**

The Jewish Federation of Greater Chattanooga builds and fosters a strong unified Jewish community and strives to ensure its well-being and continuity locally, in Israel, and throughout the world.

## **Jewish Cultural Center Statement of Purpose**

The Jewish Cultural Center, funded by the Jewish Federation of Greater Chattanooga, is a venue for programs, classes, and exhibits; social services; and a preschool—all rooted in Jewish values. The facility enables the Jewish community to raise its visibility, foster relationships, and strengthen its identity in the Chattanooga area.

## **Shofar Policies and Procedures**

### **Article/Advertising Deadline**

The deadline for *Shofar* articles, announcements, photos and advertising is the 8th of the preceding month. Submit articles via email to *Shofar* editor Dana Shavin at [dshavin@jewishchattanooga.com](mailto:dshavin@jewishchattanooga.com). Photos should be e-mailed as high resolution (300 dpi) jpeg files. Hard copies of photos will be returned once they are scanned and the issue has gone to press.

### **The Shofar calendar**

The Federation maintains an online calendar for the community that includes congregational events, social activities, special services and celebrations. Contact Courtney McKenzie at the Federation (493-0270, ext. 10; [federation@jewishchattanooga.com](mailto:federation@jewishchattanooga.com)) before scheduling your event and/or to add your date to the calendar. View the online calendar by visiting [www.jewishchattanooga.com](http://www.jewishchattanooga.com) and clicking the calendar tab.

Only Jewish Federation and Federation-sponsored events are listed on the *Shofar* calendar, which appears on the inside back page of each issue.

### **Letters to the Editor**

It is the policy of *The Shofar* to encourage letters to the editor. For a letter to be published, it must be signed. The writer's name will be printed. Letters may be edited for length and are selected for publication at the discretion of the editor. Letters should be no more than 200 words.

### **Mazel Tovs and Condolences**

Please contact Dana Shavin (or [dshavin@jewishchattanooga.com](mailto:dshavin@jewishchattanooga.com) or 493-0270, ext. 12) with information regarding mazel tovs and condolences. Whenever possible, dates of death will be printed. These announcements are accepted until the 20th of the month.

Articles about upcoming Bar/Bat Mitzvahs, weddings and other special events are featured on the Community Lifecycles page. Text and photo must be provided in accordance with *Shofar* deadline on the 8th of the month preceding the issue.

### **Corrections**

Please contact *Shofar* editor Dana Shavin if you find an error in *The Shofar*. We aim for accuracy.

### **Community Directory Updates**

If you have updates/corrections to the community directory, please contact the Federation at [federation@jewishchattanooga.com](mailto:federation@jewishchattanooga.com) or 493-0270, ext 10. You can also make corrections at our website, [jewishchattanooga.com](http://jewishchattanooga.com).

# April 2017 Nisan/Iyar 5777

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 CJCRS	27 Aleph Bet "Through My Eyes" Exhibit Opened	28 Tuesday Cafe Noon, JCC	29 Film Series screening of <i>Fever at Dawn</i> 7pm, JCC	30	31 Candle Lighting 7:44	1 Candle Lighting 8:41
2 CJCRS	3	4 Tuesday Cafe Noon, JCC	5 Film Series screening of <i>1945</i> 7pm, JCC	6 "Taste of Israel: Understand- ing Ethnicity Through Food" 7pm, Home of Beth and Rob Lowe	7 AB Spring Fling 9am  "The World Through My Eyes" Children's Exhibit Closes Candle Lighting 7:49	8 Candle Lighting 8:47
9 CJCRS	10 FEDERATION, AB CLOSE AT 3 PM FOR PASSOVER Passover Begins at Sundown Candle Lighting 7:52	11 FEDERATION AND AB CLOSED FOR PASSOVER Candle Lighting 8:49	12 FEDERATION AND AB CLOSED FOR PASSOVER  No film due to Passover	13 Archives Committee Meeting 12:30, JCC	14 Candle Lighting 7:55	15 Candle Lighting 8:53
16 No CJCRS Candle Lighting 7:57	17 FEDERATION AND AB CLOSED FOR PASSOVER Candle Lighting 8:55	18 FEDERATION AND AB CLOSED FOR PASSOVER	19 Film Screening of <i>The Last Mentsch</i> 7pm, JCC	20 Federation Board Meeting 5:30, JCC	21 Candle Lighting 8:01	22 Night Run 9:15 p.m. #4 Shelter, Riverwalk Candle Lighting 8:59
23 CJCRS	24 Exhibit Begins: Signs/Simanim Jewish Yemenite Forklore 9am Yom HaShoah Commemoration 7pm, JCC	25 Tuesday Cafe Noon, JCC	26 Film Screening of <i>AKA Nadia</i> 7pm, JCC	27	28 Candle Lighting 8:06	29 Candle Lighting 9:06
30 CJCRS						

For an up-to-the-minute version of a calendar that displays events for all Jewish community organizations, click the Community Calendar tab on the homepage of [www.jewishchattanooga.com](http://www.jewishchattanooga.com). The Shofar calendar lists only Jewish Federation and Federation-sponsored events.

## Key April Dates

**Tuesdays, April 4, 25**

Tuesday Cafe

**Wednesday, April 5**

Screening of *1945*

**Friday, April 7**

AB Spring Fling

**Wednesday, April 19**

Screening of *The Last Mentsch*

**Saturday, April 22**

Night Run

**Monday, April 24**

Yom HaShoah Commemoration

**Wednesday, April 26**

Screening of *AKA Nadia*

## Calendar Abbreviation Key

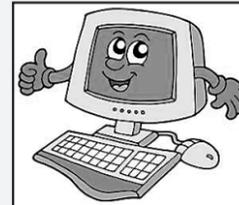
AB	Aleph Bet Children's Center
CJCRS	Chattanooga Jewish Congregational Religious School
JCC	Jewish Cultural Center
YJL	Jewish Federation Young Jewish Leadership
P2G	Partnership 2Gether

Haven't checked out our website yet?

What are you waiting for?

It's beautiful, and it's interactive! You can view menus, RSVP to events and pay, register to volunteer, read *The Shofar*, and even donate!

<http://www.jewishchattanooga.com>.



This issue was mailed on or before March 27.  
Please contact your mail carrier or local postmaster  
if you did not receive it promptly.

The Shofar is online at the Federation website.  
Go to [Jewishchattanooga.com/Shofar](http://Jewishchattanooga.com/Shofar)  
The online Community Calendar is current.



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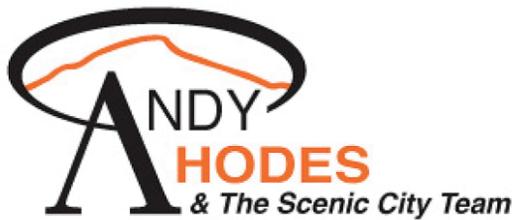
### Works by

Berlinski, Bernstein, Britten, Cohen, Copland, Handel,  
Haydn, Lewandowski, Lind, Mendelssohn, Ravel,  
Richards, Rossi, Whitacre

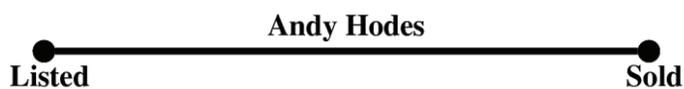
### Soloists Include

Marianna Allen, Nel Reid, Michael Mays, Harv Wileman,  
Jonathan Leo, Jack DuRoy, Jonathan Ten Brink, Kelly Stultz  
Larry Brown, *shofar*

Mizpah Congregation  
Ochs Memorial Temple  
Sunday, April 23 at 3:00 pm  
**FREE CONCERT**



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