

MIZPAH CONGREGATION



by Richard Zachary

June Worship & Study Schedule

Wednesdays: Mizpah Hanukh Ivrit is out for the summer and will reconvene in August.

Fridays: Oneg/Kabbalat Shabbat Services 5:30 / 6:00 pm
June 2nd: First Friday Family Shabbat Service and dinner 6:00 / 6:45 pm
June 16: Shabbat Shirim 6:00 pm

Special Oneg and Reception to follow services

(Note: Shabbat June 16-17 is the final Shabbat for Rabbi Appleby and Jon Leo)

Saturdays: Torah Study w/ breakfast 9:00 am
Shabbat Worship services 11:00 am

Services in Feinstein Chapel

Special Events:

June 1st: Shavuot Yizkor Service 10:30 am
June 3rd: Havdalah and Mezuzah hanging at the new home of Cathryn Cohen and Art Marder

Interim Rabbi Appleby to Conduct Final Shabbat Service



Interim Rabbi Teri Appleby and husband Jon Leo will celebrate their final Shabbat in Chattanooga on June 16-17. A reception will follow the Friday Shabbat service. Additionally, Rabbi Teri and Jon will be honored at our June 2nd First Friday Shabbat Service and Dinner.

Left, *Appleby and Leo at the podium designed, built and gifted to Mizpah by long-time Mizpah member Lee Abelson*

Amidah Quilt Completed



The Amidah Quilt was put together by the students of Hinukh Ivrit, Mizpah's mid-week Hebrew class. Each square represents a different theme represented within the Amidah prayer. Cynthia Wolchuk was the teacher for this year and worked with students on this project.

New Mizpah Board Installed



A new Mizpah Board took office May 1. Newly installed members are (pictured here, left to right) Sandy Dittus, Dana Banks, Max Brenner, Edie Weiss, Paula Israel, Josh Schklar, Ilana Habib, Robert Levine, Rose Opengart, Richard Zachary, Gary Chazen, Zach Opengart, Henry Schulson, and Alan Richelson.

Hear O Israel Performed at Mizpah



Classical Vocal Music *Hear O Israel* was performed April 23 in the Mizpah sanctuary. This concert was the result of months of planning and creativity. It was a free concert attended by about 200 people. Harv Wileman (above, right) was Artistic Director, and Jon Leo (above, left) was Artistic Consultant.

And Speaking of Things Done Well. . .



The following letter was received by Mizpah Congregation following the March, 2017 Passover seder. It has been edited for space.

*Dear Mizpah Friends,
I didn't know what to expect at a Sephardic Seder but I wanted to let you know that this was the BEST Seder I have attended and I have been to lots of home Seders as well as MANY Seders at Mizpah in past years!*

The Spanish-style decorations were simply incredible. Beyond being decorations - we were all transported. The live guitar music before the Seder started really set the mood.

Piano music and vocal lead during the service was wonderful, adding to the festive feeling of the Seder, and the skit that Rabbi Appleby presented was just SO funny!

The food: I had the brisket with potatoes and broccoli - just delicious. And the array of desserts! Although I didn't have a soup I heard they were all yummy, too. Best brisket!

Everyone was served promptly and the plates were cleared quickly. Everything in the kitchen seemed to be running like a well-oiled machine and there seemed to be a good "crew" helping to clear things off the tables. Everyone seemed to enjoy themselves and everyone I saw leaving was smiling. It was just the BEST Seder!

*Thank you all for your efforts to make it so great,
Janet (Perfetti) Sivils*

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CHATTANOOGA JEWISH CONGREGATIONAL RELIGIOUS SCHOOL



A Packed Year

Traci Sloan, Director
CJCRRSDir@gmail.com
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CJCRRS covered many Jewish holidays and celebrations. We enjoyed Rosh Hashanah, building a sukkah with recycled items, and collecting 216 pounds of food during our Turkey Train for The Chattanooga Food Bank.

It was also a blast celebrating Tu B'shevat, during which we learned about trees and water with a fabulous JNF project with Hadassah. We raised enough money to plant 22 trees in Israel, and our school-wide Passover Chocolate Seder was delicious and fun. Of course, we can't forget all the interactive activities with our ISJL Fellow, Ali Duhan. CJCRRS was blessed to have her join us for 2 years.

The children did great collecting Tzedakah this year! With much research to find the right organization to give our Tzedakah, we decided to send \$250 to Israel Guide Dog Center for the Blind. This organization's mission is to improve mobility & independence in the lives of the blind by providing guide dogs / service dogs at no charge to the person. For more info on this organization visit www.israelguidedog.org.

Thank you to the amazing teachers, rabbis, madrichim and families who were an active part of making this year great for our children! L'hitraot, until we meet again.

Have a Great Summer!



B'NAI ZION CONGREGATION



Todah Rabah to all of the students, parents, teachers, and volunteers who made the 2016-2017 year of B'nai Zion Youth Programming so amazing! Beit Sefer Ivri was full of energetic, passionate, and dedicated students. USY was vibrant, magical, and produced great leaders. We sang, we danced. We learned, we taught. We laughed, we clapped. We sighed, we cried. We traveled, we grew. We watched, we played. Best of all, we can't wait to do it all again next year!
- Director of Education and Engagement, Eytan Oren

Want to participate in any of the amazing B'nai Zion youth program? We have options for all ages (pre-school through high school) with BSI, Kadima, USY, Shabbat programming, and more! Check your email for information of registering for next year. Contact Mr. Eytan in the office by email (educator@bzcongregation.com) or phone (423-894-8900) with any questions.



5777 ANNUAL MEETING

BZ Annual Meeting
Sunday, June 11. Come one, come all.....Take this opportunity to participate in making the decisions that will affect this synagogue. Breakfast will be available.



Join us this summer for **BLT: Bagels, Lox & Tefillin!** Our monthly Sunday minyan offers a delicious spread, meaningful conversation, and a chance to sit with new and old friends. Mmmmm, delicious davening! See you there, the first Sunday of the month!
June 4th and August 6th at 9:30 am.



At **June's Lunch-n-Learn**, we will consider the significance of marking time and historical event milestones. Specifically, we will look at the 50th-anniversary of the Six-Day War and ask what obligations and responsibilities befall us with the passage of time?

This year marks a series of defining political anniversaries for Israel: the Balfour Declaration, the Partition Plan, the Six-Day War, and even the first Zionist Congress.

Bring your lunch to the **BZ Library at noon on Thursday, June 8th** to join the conversation! Lunch-n-Learn will continue over the summer on **July 13th and August 10th.** Keep your mind and stomach open for more information!

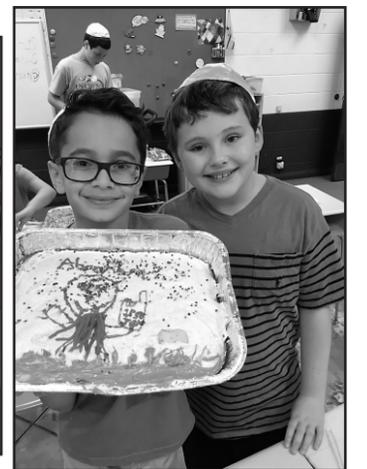


B'nai Zion is hosting **Family Promise** at the First Church of the Nazarene **Sunday, July 9th through Saturday, July 15th.** If you can help prepare meals for that week, please contact Christie Fine at 240- 5305. If you can be an evening host or stay overnight, please contact Ruth Votava at 596-7802 or 756-3891.



We are incredibly proud to announce that **Devin Kodsi** will be giving the **D'var Torah on July 15th.** He will be speaking about his Eagle Scout project. His sister Jessica, will be celebrating the 1st anniversary of her bat mitzvah by reading the Haftarah.

Tisha B'Av is a solemn day. The major day of communal mourning on the Jewish calendar, the Ninth of Av commemorates a number of disasters in Jewish history, namely the destruction of both the first and second Temples by the Babylonians and Romans respectively. Traditionally, like on Yom Kippur, individuals abstain from wearing leather, anointing oneself, eating, and drinking. Tisha B'Av this year is **July 31st and August 1st.** Look in our weekly emails for more information on our Tisha B'Av observance.



On a holier note, the High Holy Days are inching ever closer. To start your year on a high note, think about joining the High Holy Day Choir, which will infuse services with the choir's magical voices. Our kids will also be celebrating the Birthday of the World in a special way! Children's programming will be available on Rosh Hashanah Day 1 and Yom Kippur. Keep a look out for more information!



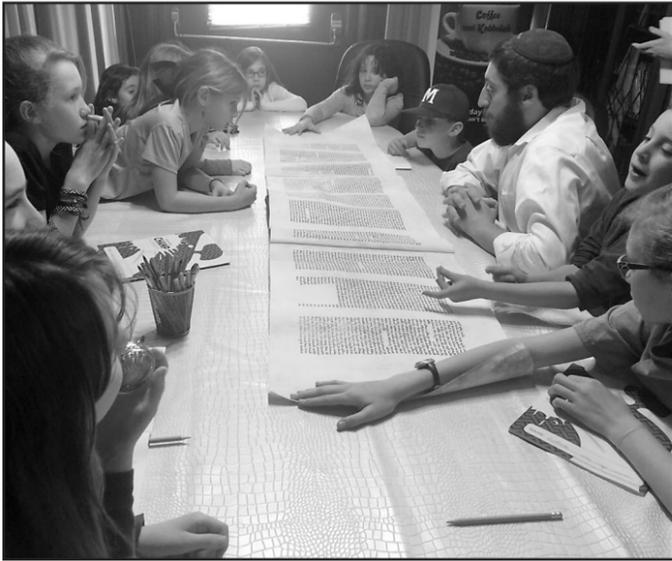
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CHABAD OF CHATTANOOGA



Chabad *Rabbi Shaul Perlstein*
of Chattanooga

Chabad Hebrew School has just finished another enjoyable, inspiring year filled with memories to last a life time. The year ahead promises to be full of exciting learning, highlighted with crafts, drama, stories, games and extra- curricular activities. For more information, or to register, visit www.Jewishchatt.com.



The story is told that when G-d came to give the Torah to the Jewish people they all answered in unison; "All that G d has told us to do we will gladly do!"

"Hold on one second" G d said, "what do you have to offer as a guarantee that you will keep your word?" For unless they offered Him satisfactory guarantors, He would not give them the Torah.

"Abraham will be our guarantor!" replied the people.

"No," answered the Almighty, "you must give me other guarantors, for Abraham questioned my word, saying: 'How will I know that I shall inherit the land of Canaan?'"

"What about Isaac?" the people cried. G-d answered "Isaac loved Esau who hated Me"

The people then said "Jacob must be a good guarantor." To which G-d answered "Jacob said when he was in trouble: 'My path is hidden from G d!' Therefore I must ask you for a still better guarantee than him."

The people of Israel thought hard:

"Will You accept our children who will be born to us as guarantors, to let You know that we intend to keep Your Torah?"

"Your children are indeed the best guarantee that you can offer, and I gladly accept them as your pledge of trust!"

We faithfully promise to study the Torah and teach the Torah to our children, so that they in turn may teach their children, and so on forever."

"Your words please Me very much," answered the Almighty, "and now I shall look forward to your good deeds." *Adapted from www.jewishchatt.com*

ב"ה

**A SUMMER OF FUN
A LIFETIME
OF MEMORIES!**

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JUNE 26-JULY 7**

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HADASSAH NEWS



Hadassah Happenings

by Cathryn Cohen
Chapter Reporter



As we get ready for summer, there is much to report on for Hadassah. We remember with great sadness the passing of Life Member and past President of the Chattanooga Chapter, Amelia Allen. Amelia was honored as the chapter's "Woman of Valor" in 2008. She was passionate about the work of Hadassah Medical Organization which operates our two research and teaching hospitals in Jerusalem. She made a point of visiting Hadassah Hospital the last time she was in Israel and she was a dedicated Zionist, encouraging children and grandchildren to spend time in Israel. She will be greatly missed – may her memory be for blessing.

Judy Sachsman, Dana Waxler and Millie Lander recently attended the Tri-Region Conference held in Charlotte, NC. They reported that it was a fantastic event with over 100 leaders from the Southern, Southeastern and Southern Seaboard regions in attendance. Keynote speaker was National President Ellen Hershkin. Many other speakers provided teaching, mentorship and humor. Joy Feldman, author of *Joyful Cooking in the Pursuit of Good Health* and a children's healthy eating book, *Is Your Hair Made of Donuts?* was a great hit, using her humor and knowledge to captivate the audience and pass on many tips for eating and preparing the best kinds of food for our youngest family members, ourselves and our respected elders.

May is Member Appreciation Month and our leaders have taken this opportunity to thank the membership across the nation for bringing our own voices to the "organizational tapestry" while putting our Jewish values into action to create a strong community and an enduring Israel. After all, we are the women who have stood up to proclaim that we exercise the "Power of Women Who Do" and by so doing, we have supported Hadassah's ground-breaking medical research in Israel, and its preventive health and advocacy efforts to help more women live longer, healthier lives. In this century, we expect that more and more people will live long into their nineties and 100s. They will no longer be a "cute old person story" on the evening news; instead, they will be in the majority, living longer, healthier years as a matter of course.

Through our membership in Hadassah, we will continue to build a better world and we will continue to advocate for positive change, from taking action to erase the scourge of human trafficking, to combatting the delegitimization of Israel. We connect to and empower women to effect change for ourselves, our communities, Israel and the entire world. The leadership continued to thank our mighty membership by stating, "However you choose to experience Hadassah – at local events, online programs, reading our magazine, or just knowing that [our] membership makes a difference – we are thankful for you."

Thousands of men, women and children have benefited from Hadassah Medical Organization's (HMO) innovative and successful treatments that would not have been available were it not for our hard-working, motivated membership. As a prime example, we have made possible the research that enabled HMO's researchers find a cure for melanoma, the deadliest form of skin cancer. No longer is a diagnosis of melanoma an automatic death sentence. As Mr. Stewart Greenberg (described in our magazine as "a lawyer, husband, father and grandfather") was so grateful to say, he was diagnosed with stage 4 melanoma in 2012. Top American doctors gave him just three months to live. He didn't listen. Rather, he "searched the world" and finally found hope and healing in Israel at HMO. In his own words, "I went to Hadassah hospital and today I am disease free." So never say a mere dollar or five won't make a difference. No, with our huge membership, the smallest donation goes a long, long way and, working together, we have made it possible for HMO to "create miracles," as Mr. Stewart can attest to.

Look for the name, Dr. Michal Lotem. She is a world-renowned melanoma expert and the head of the Center for Melanoma and Cancer Immunotherapy at Hadassah's Sharet Institute of Oncology. It is Dr. Lotem, with the backing of millions of dollars from our membership's donations, who is creating remarkable new melanoma research projects at HMO that are saving lives today and changing the way cancer is being treated.

Our local membership's upcoming fundraiser will be a "Don't Come" event so be sure to "Not Save the Date!" More information and "Non-Invitations" will soon be out so keep your eyes peeled for more information in the mail and online.

During the fall, look for events teaching us to perform CPR. It was at

last year's CPR event that we discovered the batteries had died in Mizpah's emergency equipment. We can thank Beverly Coulter for bringing a team from a local CPR company to teach us how to perform it and making sure the batteries were changed so that, should the need arise, we can perform the electroshock maneuver to restart a heart before the EMTs and ambulance appear. Seconds matter in such situations so we thank Beverly for agreeing to chair this event again this year.

Have a great summer everyone. We'll see you in September!



Hadassah Tri-Region Conference, Charlotte, NC. Chai Society Tea held during Conference was co-chaired by Dana Waxler, right, and Debbie Friedman, Richmond, VA.



Hadassah Tri-Region Conference, chapter members with National President Ellen Hershkin, Millie Lander, Judy Sachsman, Ellen Hershkin, and Dana Waxler

Homeland Bound!

Looking to make your first trip to Israel or add to the number of times you've already been able to make the journey? Check out Hadassah.org/missions or call 800.237.1517 to get details on Hadassah Missions for the 2017-2018 season. The following are filling up fast so be sure to sign up soon:

May 21-26, 2017
O Jerusalem! 50th Reunification Mission
Led by Ellen Hershkin, Hadassah National President

October 15-27, 2017
Hadassah Associates Mission: Jerusalem & The Spectacular South
Led by Fred Safer & Sherryl Kaufman

October 18-31, 2017
Hadassah Florida Mission: Israel – Seeing is Believing
Led by Marion Aronheim, Linda Goldstein, Dorrie Kahn & Susan Lafer

October 31-November 10, 2017
Ultimate Israel: Hadassah's Autumn Mission to Israel
Led by Aileen Bormel

February 27-March 11, 2018
Joy of Purim & Power of Homeland Hadassah Mission to Israel
Led by Linda Freedman Block