

THE SHOEFAR

A Publication of the Jewish Federation of Greater Chattanooga

Volume 30 Number 5 January 2017

Annual Meeting is January 8: Volunteers of the Year Recognized



The Federation will hold its annual meeting on Sunday, January 8 at 7 p.m at the JCC. Michelle Hirsch will be the featured speaker. The 2017 Volunteers of the Year for each of the congregations, Federation, Hadassah, and Aleph Bet will be formally announced and recognized. See page 3 for a list of this year's Volunteers of the Year.

Michelle Hirsch is the Co-Chair Designate of Jewish Federations of North America's National Young Leadership Cabinet, the premier leadership philanthropic program for Jewish men and women ages 30-45 across the

U.S. and Canada.

Within her own community of Cleveland, Ohio, Michelle is an active volunteer and sits on the Executive Board of The Jewish Federation of Cleveland, as a Campaign Vice Chair. Her past Federation roles include Young Leadership Chair, Women's Philanthropy Outreach & Engagement Co-Chair and Lion of Judah Co-Chair, as well as a member of the Allocations, Risk Management, and Executive Board Nominating Committees. Michelle also sits on the Executive Boards of Cleveland's Jewish Family Services, ORT, The Joseph & Florence Mandel Jewish Day School, and University Hospitals MacDonalld Women's Hospital Leadership Council.

Professionally, Michelle is the Sr. Vice President of Brunswick Companies, the third-generation family-owned insurance and risk management consulting firm serving clients nationwide.

Join us for this special evening at the Jewish Cultural Center at 7:00 p.m. Desert reception to follow. There is no charge to attend, but please RSVP to 493-0270, ext. 10, or rsvp@jewishchattanooga.com. We hope to see the whole community there!

Community Member Dr. Norton Wheeler to Teach Adult Education Class Beginning January 25



Dr. Norton Wheeler, a retired history professor (Washburn University, Topeka, KS; and Missouri Southern State University, Joplin, MO) who continues to teach the occasional history classes at UTC, will lead a six-week Federation adult education program about the history of the Israeli-Palestinian conflict.

The series, "Israel in Conflict: Origins to BDS,"

will include dinner and discussion.

Classes will commence Wednesday, January 25 at 6:30 p.m., with discussion from 7-8 p.m. Classes will run six consecutive Wednesdays. Cost is \$72 and includes all meals and classroom materials. Classes without meals are \$36. RSVP to 493-0270 or rsvp@jewishchattanooga.com. For more information, contact Dr. Wheeler at now@nortonwheeler.com.

Fabric of our Lives Exhibit opens Jan. 19

Fabric cloaks us, but it also reveals us. This exhibit, which opens January 19 with a reception at 5:30 p.m., will highlight fabrics that define who we are. The exhibit will hang through March 10. There is no cost to attend the reception and no rsvp is required. For more information, atreadwell@jewishchattanooga.com or 493-0270.

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Campaign Wrap-Up and Thank You

by Austin Center
2017 Campaign Chair

As our 2017 Annual Campaign draws to close, nothing more exemplifies what the Jewish Federation of Greater Chattanooga is about than this year's theme, "Building Bridges 4 Generations." Except, perhaps for the two words that repeatedly came up in my conversations with community members: passion and inspiration.

We as a Chattanooga community have a passion to help, a passion to give, a passion to make a difference. In the conversations I had with you over the past few months, every one of you spoke about your passion for our Jewish community and Federation.

It is your individual passion that makes all the difference to our collective community, from the passion of our many volunteers who gave their time to call and ask for donations on behalf of our Federation, to the passion of our Aleph Bet teachers who, year after year, teach our children Jewish values.

There is the passion of the employees of the Federation, who plan our thoughtful programs, and the passion of those who help with the many social services offerings. And there is the passion of the numerous volunteers who give their time and money to go to conferences and sit on committees, always saying "yes of course." And all of this passion is inspiring.

Which brings me the second word that repeatedly came up in my conversations with you: inspiration. It is truly inspiring to see the passion of your commitment. I have never been involved in something where peoples' passion so inspires others to do more, help more, and give more. Someone once said that we should use what we're passionate about to inspire others, and this is exactly what our community does. By using our passion to help others—making sure no one goes hungry, everyone has a ride to a doctor's appointment, giving a young Jew in the Ukraine an opportunity for a better life—we inspire. And the passion of each generation inspires the next.

Your passion inspires and motivates me. Thank you. It is an honor to be a part of, and to serve, our Jewish Federation.

Cocktails on the Catwalk

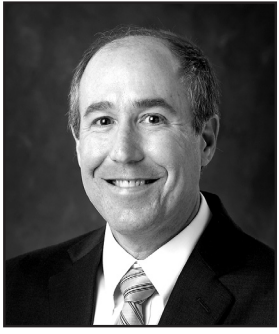
FOOD, FUN, AND FASHION TO BENEFIT
Aleph Bet Children's Center

Aleph Bet Children's Center set to make a splash
January 26. See page 7 for details.

SAVE THESE DATES

February 2 – Stories Behind the Sound with Shiran
February 14 – Matter of Balance Series Begins
February 25 – Cocktail Party for ages 40-60 (see p. 8)
February 26 – Hadassah/Federation Brunch: Laugh Through Breast Cancer with Ruth Ebenstein

NOTES FROM LEADERSHIP



Reviewing the Past, Planning for the Future

Lee Brouner, Federation Board Chair
boardchair@jewishchattanooga.com

Happy New Year!

I am continually amazed at how fast each year goes by. 2016 has gone especially fast for me, personally, professionally, and Federation-wise. I have now completed the first year of my two-year term as Board Chair. This is an optimal time for me to assess the progress of my first year's Federation goals. My goals were as follows:

Help ensure that the Federation continues to meet the needs of the Jewish community.

I have always believed in the simple motto, "If it ain't broke, don't fix it." During my years on the Board, I realized that our Federation provides a number of valuable services effectively and efficiently, even despite personnel changes. And there were several personnel changes in 2016. Amy Boulware, the Federation's long-time Social Services Director, and Aleph Bet Children's Center director Vicki Cathcart, both resigned. They left large shoes to fill, but the Federation hired two outstanding individuals, Social Services Director Rebecca Peck (now Mills) and Aleph Bet Children's Center Director Meghan Graybeal. Because of them, the Federation has been able to continue providing its essential services to our community without interruption.

This past year, Austin Center agreed to chair our 2016 Annual Campaign, and did an outstanding job coordinating, sustaining, and growing it. As the Campaign draws to a close, we have raised \$1,077,450 to date. A sincere thank you to

all who helped in this important mission, and of course, to everyone who contributed.

Budget

We have completed another year of operations for the Federation, and I am happy to report that we did so within budget. I truly appreciate the efforts of Federation Executive Director Michael Dzik and his staff, who operated the Federation in the most cost-efficient manner. Last month the Board of Directors met and approved the operating budget for next year. You can view the approved budget for 2017 at the Federation's website (www.jewishchattanooga.com).

Long-Term Planning

One of my goals was for the Federation to complete the process of documenting the organization's long-term plan. While this is not an overly exciting endeavor, it is very valuable in ensuring the continuity of any organization, and helping that organization stay on mission. I hope to have a full draft of the plan available for Board review in early 2017.

Community Education Conversation

As I mentioned in previous *Shofar* columns, the congregations have asked the Federation to assist in coordinating a series of community-wide discussions regarding the future of the CJCRS, and, more broadly, the future of Jewish youth education in our community. The Federation has begun this process, with plans to conduct conversations and develop shared goals, plans and action steps as we continue to move forward. We will keep you apprised of our progress.

Finally, I want to thank you for allowing me the opportunity to serve in 2016 as Board Chair of your Federation. I look forward to another productive, challenging year, and to working with all of you toward our shared goals.

The Good, The Better, and the Special



Michael Dzik
Federation Executive Director
mdzik@jewishchattanooga.com

Seems like all of the Jewish "new" happenings fall around Rosh Hashanah each year. The Federation spices things up by presenting happenings each January as well.

One of the highlights of January is the Federation Annual Meeting, where we honor our community's Volunteers of the Year. This is always a fun time for me personally. There are so many good works happening around the Jewish community, thanks to our many volunteers. I always enjoy hearing the stories about those who are awarded Volunteer of the Year. Uniting the community in celebration of our wonderful volunteers is heartwarming.

Along the lines of celebrating our accomplishments, I'm proud to announce that the Federation, B'nai Zion and Mizpah have all achieved their first year goal of 18 Letters of Intent (LOI). Briefly, a LOI is a non-legal document that promises an individual's financial legacy commitment to a specific organization upon death. Stewardship ensures that the donor completes a legal means of setting up a legacy gift (such as a will, insurance policy, annuity, etc.).

As you may remember from earlier *Shofar* articles, the Federation wrote a grant to the Grinspoon Foundation (also home to PJ Library) for a Challenge Endowment Grant. After being accepted in January 2016, we hit the ground running. Andy Hodes put together a stellar team of volunteers, and we began meeting with individuals in our community. Andy also made presentations at board meetings. After 11 months, the Chattanooga Jewish community has achieved 70 LOI's, totaling over 3 million dollars of promised gifts. What a remarkable achievement! Our reward from the Grinspoon foundation is \$15,000 in 2017 - \$5000 for each organization, unrestricted. Today we celebrate; tomorrow we are back to meeting with community members in search of 18 more LOI's for each organization, and another \$15,000 for 2018!

I also want to welcome several new faces into leadership roles at the Federation. First, Cara Weiner will be taking over as Federation Personnel Chair at the Annual Meeting. Alan Richelson will be stepping down after many years in this role. Thank you Alan, for your guidance, support, and friendship, as well as giving me clear direction on so many issues.

Next, two very new board members are joining the Federation board - Dr. Ken Goldsmith and Edie Lipman Weiss. Edie is a recent graduate of Federation's Yesod Leadership class, which was taught by Ken Goldsmith. Welcome, and I look forward to being part of your Jewish journeys.

Finally, home grown Mike Spector will be moving up to the Executive

Committee as he will eventually move into the role of Campaign Chair and Board Chair, following Austin Center. I'm thrilled at the work of our entire leadership team in insuring leadership succession for the Federation.

All of our volunteers are important and bring so much value to the Federation and Jewish community. Sometimes it is important to highlight the achievements of one person, in this case, Andy Hodes.

Andy is rolling off the board in January (temporarily I hope!) after nearly 20 years of continuous service. He will continue his leadership roles with the Jew Crew, Endowment, and as a JFNA National Board Member. Andy is a past Campaign Chair and Board Chair. I've been fortunate to travel with him to Israel, Ethiopia, and throughout North America. We've had our moments of disagreement, but we've always found common ground in our shared goal of strengthening our Jewish Federation and the entire Jewish community. I can tell you from firsthand experience, he is a special person with a heart of gold.

With all of these "thank you's," Andy, I'm most appreciative that I can call you my friend. Thank you for all you've done, all you do today, and what I know you'll do in the future. You are a true champion of the Chattanooga Jewish community.



Thank you for making our 2017 Annual Campaign a huge success!

FEDERATION NEWS

2017 Annual Campaign Honor Roll

Maccabi \$25,000 - \$49,999

Jeffrey and Sarah Lorberbaum

Kadima \$10,000 - \$17,999

Chazen Family Foundation

Lion/Herzl \$5,000 - \$9,999

Ira Kraus

Pomegranate \$1,800 - \$2,999

Monica and Jeffrey Gefter

Rebecca and Jordan Parker

Lance Silverman

Ben Gurion \$1,000 - \$1,799

Jennifer and Martin Redish

Rachel and Henry Schulson

Carol and Larry Young

Mensch \$500 - \$999

Beth Backer

Amy and Gene Boulware

Rita and Robert Brook

Dot Kaset

Vicki and Art Lewis

Aliyah \$250 - \$499

Merav and Tom Balazs

Issi Goldberg

Marjorie Goldberg

Thank you!

Aliyah \$250 - \$499

Sherin and David Gottlieb

Robin and Bret Moldenhauer

Jo-Ann Morris

Kelley Nave-Tucker and Alex Tucker

Charlene and Sid Wugalter

Jo-Ann Morris

Melinda and Charles Rosenthal

Chavarim \$1 - \$249

Trent and Channing Center

Rick Jacobs

Sonia Young

Madelaine Israel

Charlotte Jacobson

Teddi Mendel

Harriett and Alan Ruderman

Zachary Tucker

2016 Volunteers of the Year

Aleph Bet: Tal Cohen

B'nai Zion: Howard Schwartz and Bea Lurie

Chabad: Tania Castagnaro

CJCRS: Donna White Dropkin

Federation: Bob and Rita Brook

Hadassah: Cathryn Cohen

Mizpah: Karen Diamond, Bob Bernhardt and Herb Cohn

Congratulations to this year's Volunteers of the Year! We will honor them at the Annual Meeting January 8, at 7 p.m., at the JCC. See front page for details.



Jew Crew

Lots of Latkes

In December, we had 22 teens celebrating the season and the end of the year at the annual Jew Crew Chanukah Party. Chef Andy Hodes was on hand to make his legendary latkes, which were a huge hit as everyone was eating them as quickly as the chef could fry them. The teens also engaged in a competitive but fun-spirited gift exchange, after which everyone left with a cool prize. Well, at least everyone left with *something*.

The Crew is excited to start the New Year off with more awesome monthly programs, including a paint party in January at the Artsy U Paint Party Studio, and the annual Jew Crew Retreat at Camp Ramah Darom the last weekend in February (make sure you've turned in your forms and fees).

We come together just once a month, but we are building friendships that will last a lifetime. We look forward to seeing everyone soon!

Andy Hodes, Alison Lebovitz, and Shiran Amir



Federation News

Federation Receives Matching Endowment Funds from Grinspoon Foundation

In December of 2015, your Chattanooga Jewish Federation applied for, and was accepted into, the Harold Grinspoon Life and Legacy Program. You might recognize the Grinspoon name as they are also the organization that runs the PJ Library Jewish books program.

The Grinspoon Life and Legacy Program offered a match to the Jewish Federation, Mizpah Congregation and B'nai Zion congregation in an effort to encourage endowment conversations. The Federation has taken the lead to create an Endowment committee and handle all of the administration for this process. Throughout 2016, each of the three organizations were charged to fulfill 18 Letters of Intent. A letter of intent is just that: a signed letter indicating that you intend to leave a bequest or legacy gift to an organization. It is not a legal document, nor does the signer have to have already made provisions at the time of signing; they need only let the organization know their time frame for completing the legal documents. Each organization is then charged with stewarding each LOI signer, making sure that their intent is carried out.

I'm thrilled to report that ALL three organizations achieved and exceeded the 18 LOIs required for 2016 (Federation: 31, Mizpah: 19, and B'nai Zion: 19).

What does this mean? It means that each organization will receive an unrestricted gift of \$5000 from the Grinspoon Foundation. Fortunately, this is a two-year grant process, so each organization has the opportunity of receiving an additional \$5,000 in 2018 with the completion of another 18 LOI's. Best of all, we are working together as a community to ensure not only the success of this program for two years, but the success of this community for generations.

We appreciate every one of our Legacy Society members – those who committed before this challenge grant, and those who signed a LOI during 2016. If you've already made provisions in your estate plans, please let me know – we'll get you a LOI to sign.

Or, are you ready to have an initial conversation? Let me know and



we will set up a face to face time to talk. Everyone can be part of this very simple, but extremely important, process.

Join the Legacy Society

Allen, Amelia	Dzik, Paula	Pregulman, Helen
*Alper, Maxine	Fairchild, David	Richelson, Alan
Balsler, Jeff	Hochman, Colman	Rosenfeld, Jackie
Berz, Bob	Hochman, Lynn	Rosenfeld, Roy
Binder, Claire	Hodes, Alvin	Siskin, Pris
Bogo, Jerry	Hodes, Andy	*Spector, Mark
Bogo, Rosalee	Hodes, Melody	Spector, Michael
Brooks, Ellyn	Howard, Lynn	Susman, Gail
Brooks, John	Israel, David	Susman, Joel
Brouner, Betsy	Jaffe, Dot	Weiner, Cara
Brouner, Lee	*Jaffe, Sam	White Dropkin, Donna
Center, Austin	Lebovitz, Alan	Winer, David
Center, Marilyn	Lebovitz, Alison	Winer, Elaine
Chambers, Sandy	Lebovitz, Charles	Winer, Finette
Cohen, Tal	Lebovitz, Lauren	Winer, Sanford
Cohn, Herb	Lebovitz, Michael	Zachary, Richard
*Cohn, Sue	*Levine, Lawrence	
Diamond, Karen	*Malsh, Rebecca	
DiStefano, David	*Nash, Ike	
DiStefano, Susan	Oxenhandler, Barbara	
Dropkin, Warren	Parker, Jordan	
Dzik, Michael	Parker, Rebecca	

*Deceased

The Legacy Society is made up of individuals who, in the tradition of our Jewish faith, wish to share their blessings with others by providing for the future needs of the Jewish community. There are a number of ways to contribute to the Jewish Federation's Endowment through estate planning: a bequest in a will, contribution of the remainder of an IRA or other retirement plan, a life insurance policy, charitable remainder trust, donor advised fund, charitable gift annuity, piece of real estate, securities or other property, or the donation of other assets. However they choose to contribute, Legacy Society members can be sure that their planned gift will turn their dreams for a strong future Jewish community into a reality.

See how easy it is to join. Call Michael Dzik at 493-0270 ext. 15

Make Your Travel Plans Now



Heart to Heart Women's Mission to Israel 2017
Feb 5, 2017 to Feb 9, 2017
hearttoheartmission@jewishfederations.org

TRAVEL WITH US TO THE HEART OF ISRAEL

Join smart, motivated, like-minded women on Heart to Heart Mission, a journey that will fill your soul, open your mind and renew your spirit. Find meaning in your Jewish community through an incredible experience that will change your life.

Spend two nights in Tel Aviv and two nights in Jerusalem. Experience the unbelievable sights, projects, and developments taking place in modern Israel. Meet Israeli women who work at the highest levels of business, government, technology, science, military, arts, and fashion. Participate in a hands-on service project with children in Tel Aviv, become a master chef in a cooking competition, rule the roads in a jeep adventure in Israel's south, and enjoy home hospitality with Israeli women who are just like you!

Return home invigorated and empowered, ready to bring your knowledge and experience to your community.

Mission Costs: Per person costs are \$2,999 for double occupancy and \$3,569 for single occupancy. Flights are not included in the mission price and can be arranged upon request.

@JEWISH CULTURAL CENTER



Oh, the Tremendous Wares We Weave

Ann Treadwell, Program Director
atreadwell@jewishchattanooga.com

My maternal grandmother Elizabeth Boegel, was an amazing person. She had diphtheria eight times, plus scarlet fever, and still, through the belief my great-grandfather had in the fact that women should be educated, managed to become one of the first female college science professors in Ohio. Sadly for potential students, but not for our family, she was forced to resign in her 30s, when she married my grandfather.

Her second career, which helped support the family during the Depression and World War II, was as a seamstress and tailor. She was very proud of the fact that she was not financially dependent on my grandfather's income. Businessmen would come from Cleveland to have her make their suits and overcoats. Women would come to her for gowns and party dresses. I never wore store-bought clothes or coats until I was about eight.

At her insistence, and being the oldest grandchild, I spent many hours learning to sew, with all the details a well-crafted garment needs including zippers, pockets, trim, and, of course, buttons. My grandmother kept every unusual button she could find, and used them to accent women's garments. To me a great piece of fabric is adorned, and reflects the vision of the craftsperson who created it.

But regardless of whether a piece of fabric has been turned into a functional entity, it can carry a sense of identity, history, memory, and even love. And it is for this reason I decided to mount a storytelling exhibit that is a vehicle for us to share our individual sense of identity. Join us January 19 at 5:30 p.m. for the Fabric of Our Lives exhibit reception, and hear and read the stories of the various pieces.

Norton Wheeler will be starting a six week series on the Israel Palestinian conflict called *Israel in Conflict: Origins to BDS*. This tapestry of history weaves together diverse people, unravels from time to time, is rewoven in different patterns as the environment and politics change, but always involves relationships between people and is one of the virtual fabrics that has created a sense of identity among people for generations. The series will begin on Wednesday, January 25. See the front page for more information.

On January 26 you have the opportunity to help support the Aleph Bet Children's Center by coming to a fashion show. Come view a new spring collection, purchase a few pieces of your own and support the pre-school, or simply come and enjoy the fellowship created around fabric. These are the threads that bind us as a community.

Tapestry Purse, Submitted by Deborah Levine to *Fabric of our Lives* Exhibit



This tapestry handbag was made in England circa 1950, exported to the British Bermuda, and bought by my grandmother, Ida Swig Malloy, Born in the 1890s, Ida had a high school degree before it was common for women. She supported her husband, Meyer Malloy, and their two children, as an office worker during the Depression.

When the Malloys moved to Bermuda in the 1930s, they anchored its Jewish community. To go downtown, Ida would walk a mile briskly, in the sun, to the ferry station with this purse on her arm, even in her eighties. This purse reminds me that she was indomitable, determined, and properly dressed - no matter what.



Tuesday Cafe

Tuesdays, January 3, 10, 17, 24, 31. Always at noon.
Rsvp@jewishchattanooga.com or 493-0270 ext. 10. Cost: \$10.

Annual Meeting

Sunday Jan. 8 @ 7p.m., JCC.

Michelle Hirsch to keynote. Dessert reception to follow. See front page for details. No cost, but please rsvp@jewishchattanooga.com or 493-0270 ext. 10.

AB Blue Room Intergenerational Lunch

Wednesday, Jan. 11, noon, JCC.

Alphabet@jewishchattanooga.com or 893-5486 for more information.

The Stories Behind the Sound: Israel Through Israeli Music

Thursday, January 12 @ 7 p.m. and Thursday, Feb. 2

See page 8 for more information.

Motown Night

Saturday, January 14 @ 7 p.m.

\$18, must be over 21. See front page for details. You MUST rsvp@jewishchattanooga.com or 493-0270 ext. 10.

Fabric of our Lives Exhibit Reception

Thursday, January 19 @ 5:30 pm.

See this page for details. No cost, no rsvp. Exhibit on view through March 10.

Israel in Conflict: Origins to BDS

Wednesday, January 25 @ 6p.m.

Taught by Dr. Norton Wheeler. See front page for details. Rsvp@jewishchattanooga.com or 493-0270 ext. 10 to register.

AB Cocktails on the Catwalk

Thursday, January 26 @ 6p.m.

See page 7 for details. Rsvp to alephbet@jewishchattanooga.com or Meghan Graybeal at 893-5486.

Foreign Policy Supper Club Returns



After a brief hiatus, the Foreign Policy Supper Club will return to the JCC February 13. The first discussion will be the future of Europe. The Supper Club meets once a month on Monday nights at 6p.m. \$12 includes a meal and all materials. For a complete schedule of 2017 topics, see page 9.



About PJ Library:

PJ LIBRARY IS A JEWISH FAMILY ENGAGEMENT program implemented on a local level throughout North America. Participants receive high-quality Jewish children's literature on a monthly basis. Families raising Jewish children from age six months of age eight years (depending on the community) are encouraged to enroll at www.pjlibrary.org. PJ Library in Chattanooga is sponsored through the generosity of the Harold Grinspoon Foundation, the Jewish Federation of Greater Chattanooga, Aleph Bet Children's Center, and Diagnostic Pathology Services, P.C.

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SOCIAL SERVICES



Surviving the Winter Wonderland

Rebecca Mills, MSW
Social Services Director
rpeck@jewishchattanooga.com
893-9241.

Nothing is quite as beautiful as a snow-covered landscape...that you get to look at through a window sitting on your couch with nowhere to go and everything you need inside, right?

Winter can be a beautiful, but deadly, time of year. Falls, car accidents, carbon monoxide poisoning, and hypothermia are all some of the risks at this time of year. And this is for people of all ages, not just the elderly or frail populations. According to the National Weather Service, winter weather-related car accidents in the United States kill over 6,000 people yearly and injure over 480,000 more. Taking a little more time to prepare and plan ahead can save you a lot of trouble, and even save your life. Below are some tips to consider for winter safety to consider.

- 1. Car safety:** SLOW DOWN! When driving in winter weather, even if you think the road is just wet, drive as if there may be ice on the road--because there may be. Also, be prepared and have blankets, water, a car charger for your phone, and an extra coat in your trunk. You'll be glad you packed them if your car breaks down and you have to wait for help in the cold. Also, make sure your car is properly serviced and the gas tank is full. During inclement weather, stay off the roads completely.
- 2. Personal home safety:** Make sure you have supplies on hand in case you were to get snowed in. Food (that doesn't need electricity to prepare) and water are especially important, as well as are plenty of blankets and flashlights with batteries. In times of inclement weather, make sure to keep cell phones charged in case of a power outage. Service your chimneys, heating system, and fire and carbon monoxide detectors. Another very important thing to make sure of is that you have enough of all your medications on hand and any medications that you may need in an emergency.
- 3. Outdoor safety:** If there is slick ground due to ice or snow, try to stay indoors if at all possible. If you must go outside, notify someone that you are going outside, just in case you fall. Every year there are tragic stories of people who went outside, fell, and froze to death because no one knew to check on them. Also be especially careful when shoveling snow or removing ice.
- 4. Preventing hypothermia:** According to the Mayo Clinic, the top four ways to prevent hypothermia follow a simple acronym COLD: **C**over (your hands, face and head), **O**verexertion (avoid activities that make you sweat), **L**ayer (wear loose fitting layers that dry easily), and **D**ry (stay as dry as possible and get out of wet clothing as quickly as possible).

This is of course not an exhaustive list for winter safety. Below are some links to resources that may be of interest. Stay warm and safe!
<http://www.nsc.org/learn/Pages/safety-events-winter-safety.aspx>
<http://www.redcross.org/news/article/Red-Cross-Winter-Weather-Safety-Tips>
https://www.weather.gov/wrn/winter_safety
<http://www.mayoclinic.org/diseases-conditions/hypothermia/basics/prevention/con-20020453>



Did you know? Your campaign dollars help fund Social Services!

BY THE NUMBERS

of clients seen at JCC during Medicare Open Enrollment

114

of dollars saved by switching them to health plans

\$79,376

Ride with Pride--On Us

Contact Rebecca Peck, Director of Social Services, for approval to receive transportation services. Once you have been approved, you may call the appropriate driver for the day you need transportation. See below for drivers' days/contact information.



Jason Shuman: 423-320-1480
Rick Jacobs: 423-432-2222
Eddie Reel 423-298-7169

Mondays- Rick
Tuesdays- Jason
Wednesdays- Rick
Thursdays- Eddie

PLEASE NOTE:
Community Nurse Edie Redish's number has changed.
Her new number is 423-682-1401



Want the Fun Without the Food?



Want to come to a meal-time program but don't wish to eat? Now you can, at half the cost. (If lunch program is \$10, you'll pay \$5.) Why is there still a cost? Fees pay not just for the meal but for labor, marketing, and other associated expenses. **Regardless of whether or not you eat, you will still need to RSVP in order to reserve a seat.**

Note: Please do not bring outside food or beverages into the Federation. If you would like to suggest a beverage or food to be served at an event, please contact Ann Treadwell. She and Alice Goss-Morgan, Kitchen Supervisor, will consider your suggestion.

Food allergies or restrictions? Please contact Ann Treadwell at atreadwell@jewishchattanooga.com or 493-0270 ext. 13. We will do our best to accommodate you.

Take Home Chef Alice Goss-Morgan's "Bowls of Love"

Purchase matzo ball soup or chili for just \$4 for a one-bowl container or \$8 for a two-bowl size. **Call ahead to reserve; we do run out.** Contact Ann Treadwell (do not call the kitchen) at 493-0270, ext. 13; or atreadwell@jewishchattanooga.com to get your order packaged and ready to go!



ALEPH BET CHILDREN'S CENTER



Shop for a Good Cause

Meghan Graybeal
Aleph Bet Children's Center Director
alephbet@jewishchattanooga.com
 893-5486

Please join Aleph Bet Thursday evening, January 26th, for a fantastic opportunity to socialize and shop for a good cause! Cocktails on the Catwalk will bring you some of this coming spring's most fabulous styles, modeled by some of our nearest and dearest. After the show, you will have the opportunity to try on clothes and shop with the assistance of personal stylist, Whitney Blankenbaker.

Enjoy cocktails, a winter salad buffet, and a light dessert. You'll be automatically entered to win a variety of door prizes. RSVP to Meghan SOON at 893-5486 and secure your seat for the hottest show of the season! Cost: \$15.



YOU ARE INVITED TO
Cocktails on the Catwalk

FOOD, FUN, AND FASHION TO BENEFIT
 Aleph Bet Children's Center

January 26, 2017
 JEWISH FEDERATION AT 6PM

MINGLE while taking in the latest trends at the
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alephbet@jewishchattanooga.com



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Your child may be eligible to receive a gift voucher up to **\$2,400** to attend Aleph Bet Children's Center this school-year!*

Apply at www.aleph-bet.com or call 893-5486 for more information.

Jewish Early Childhood Initiative—Chattanooga funding generously provided by the Lebovitz Family Charitable Trust and private donors. The Jewish Right Start Program matching funding provided by the National Jewish Right Start program, an initiative of the Jewish Federation of Metropolitan Chicago, made possible through the generosity of local donors.

* see application for specific eligibility requirements



Aleph Bet Children's Center, a program of the Jewish Federation of Greater Chattanooga, aims to provide an educational, interactive and developmentally appropriate preschool program that is enriched by Jewish traditions and values and implemented by a trained, dedicated, and nurturing staff.

Aleph Bet is recognized by the State of Tenn. for its commitment to good health

At the Jewish Cultural Center / 5461 North Terrace Road
 37411

(423) 893-5486 / Director: (423) 493-0270, ext. 18
alephbet@jewishchattanooga.com / www.aleph-bet.com

PJ Library is sponsored by your Federation, and provides one Jewish book a month to children and families free of charge.

COMMUNITY NEWS & EVENTS



A MATTER OF BALANCE

MANAGING CONCERNS ABOUT FALLS

The Federation is happy to announce that we will once again be hosting this award winning fall prevention program. Our own Rebecca Mills and Edie Reddish are certified MOB Coaches.

The program will be held every Tuesday from 10AM-12 noon beginning January 24th.

The program is limited to 12 participants so please RSVP if interested. This program emphasizes practical strategies to manage falls.

YOU WILL LEARN TO:

- view falls as controllable
- set goals for increasing activity
- make changes to reduce fall risks at home
- exercise to increase strength and balance

WHO SHOULD ATTEND?

- anyone concerned about falls
- anyone interested in improving balance, flexibility and strength
- anyone who has fallen in the past
- anyone who has restricted activities because of falling concerns

For more information please call 423-893-9241
or email rmills@jewishchattanooga.com

Federation Shlichah Shiran Amir to Host Two-Part Israeli Music Program



Sometimes music is just music, but sometimes it is more than that. How does the music that was created in Israel in recent years tell the story of the culture and the state of Israel herself?

On Thursday, January 12 at 7 p.m., Federation shlichah Shiran Amir will host the first of two programs focusing on the music of Israel. *The Stories Behind the Sound: Israel Through Israeli Music* will introduce attendees to popular Israeli music, which is itself a window into Israeli society.

For more information, contact Shiran directly at Israel@jewishchattanooga.com or 493-0270 ext. 31. To register, rsvp@jewishchattanooga.com or 493-0270 ext. 10.

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Rachel Dzik to Graduate in Spring



Congratulations to Rachel Dzik, who will graduate from East Hamilton High School in the spring. Rachel is the daughter/step-daughter of Michael and Paula Dzik. She is the granddaughter of Joe and Fran Dzik and Gail and Joel Susman, of Chattanooga, and Susan McDaniel of San Angelo, TX and the late Michael Ulin, formerly of Chattanooga. She has a younger sister, Rebecca, 14.

At school, Rachel is involved in theater and recently performed in the play "12 Angry Jurors." She was named to the National Honor Society, and she was the Junior Achievement spokesperson for Hamilton County in 2015.

Outside of school, Rachel has worked at Moe's, and now works at the Hallmark Store. She has volunteered with the Humane Educational Society, and recently started a card and bookmark business. Socially, she enjoys hanging out with friends, and she is an active participant in Jew Crew.

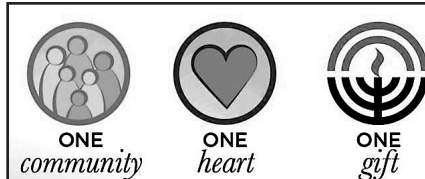
Rachel will attend Elon University in North Carolina, and plans to study either Jewish education or psychology.

Do You Have Something to Tell Us?



Is your high school senior graduating next year? *The Shofar* wants to know! Please email dshavin@jewishchattanooga.com to find out how to have your child spotlighted in an upcoming issue of *The Shofar*.

New Social Group Forms for Those 40-60 Years Old



Hey, 40-60 year-olds, feeling overlooked? Well, kvetch no more! In November, an organizational meeting established a new social group just for you!

The "New Age Jews" (working title only) already has a Facebook page ready for you to join (The New Age Jews, at <https://www.facebook.com/groups/557303631134096/>) where you can keep up with events and activities, all of which will be geared toward building social relationships among people who may have a great deal in common with one other, but until now, not be aware of it.

All prospective members are invited to the first social event, a cocktail party, on February 25. We will discuss a formal name for the group at that time. Friend us!

Support your local advertisers, as they help support you!

Mazel Tov

--to Social Services Director Rebecca Peck on her marriage to Brian Mills, on November 25.

Condolences

We mourn the passing of the following beloved friends and family:

--Seymour (Sy) Rosen, husband of Muriel Rosen, father/father-in-law to Jeffery and Ruth Rosen and Karen (Rosen) and Brent Adams. Grandfather to Zachary and Tricia Adams, Dr. Merritt Adams and David Messerly, and Kyle Adams; great-grandfather to Anne Frances Messerly, Emelia Louise Messerly and Smith Adams, on December 6.

--Diane P. Shulman, sister/sister in-law of Irvin and Judith Pressman, Elaine Siegel, and Carol P. Lipman, mother of Andy Shulman and Stacey Shulman.

--Goldie Zinaman

Although the *Shofar* deadline is the 8th of the month, mazel tovs and condolences are accepted at any time. Please contact Dana Shavin at 493-0270, ext. 12 or dshavin@jewishchattanooga.com

FEDERATION NEWS

2017 Foreign Policy Supper Club Topics

Foreign Policy Supper Club starts up again Monday, February 13 at the JCC. See below for a complete list of topics. Dinner and discussion begins at 6:30 p.m. Cost: \$12 includes materials.

Feb. 13 The Future of Europe

The outcome of the United Kingdom referendum on EU membership sent shockwaves across the globe. It even caught British voters by surprise. The European Union has helped secure peace in Europe for the past 70 years. Now it faces an uncertain future. Amid a refugee crisis, lingering financial recession and the constant specter of terrorism, unity seems more imperative than ever. But the Brexit vote underscores the complexities of integrating an extremely diverse continent. What will post-Brexit Europe look like, and how can U.S. foreign policy adapt?

March 13 Trade and Politics

The U.S. political mood toward trade has gone sour. One need look no further than the 2016 presidential contest for the popular narrative: trade means that China wins, at America's expense. But do the numbers support that conclusion? The metrics used to gauge economic strength—Gross Domestic Product and balance of trade—have not kept up with the realities of modern manufacturing. Obtaining an accurate picture of U.S. economic stature requires a critique of those numbers. Only then can the U.S. develop appropriate policy solutions for the challenges at hand.

May 15 Conflict in the South China Sea

The South China Sea is a locus of competing territorial claims, and China its most vocal claimant. Beijing's interest has intensified disputes with other countries in the region in recent years, especially since China has increased its naval presence. Despite rising international pressure, including an unfavorable ruling by the International Tribunal for the Law of the Sea, China staunchly defends its policies in the region. Preventing tensions from boiling over is a matter of careful diplomacy.

June 12 Saudi Arabia in Transition

As Saudi Arabia struggles to adjust to the drastic decline in oil revenue, Deputy Crown Prince Mohammad bin Salman attempts to boldly transform the country and shift more power to the younger generation. At the same time, many countries such as the U.S. point out the lack of democracy, women's rights and human rights in Saudi Arabia, and blame its promotion of Wahhabism, an extremely

conservative version of Islam, for creating jihadists. Bipartisan criticism of Saudi Arabia is rising in Congress. Both countries need each other, but they are at a crossroads in bilateral relations.

July 17 U.S. Foreign Policy and Petroleum

What is the effect of U.S. petroleum security on foreign policy? For 45 years, the country has alternated between periods of energy security and insecurity, sometimes able to wield petroleum as a useful instrument of foreign policy, sometimes not. Despite the so-called "energy revolution," the U.S. today is by no means disentangled from foreign dependence and global trends. In order to be successful, policymakers must recognize both petroleum security circumstances and patterns in the relationship between petroleum and foreign policy.

August 14 Latin America's Political Pendulum

The pendulum of Latin American politics is swinging rightward once again. Yet as the "pink tide" recedes, the forces of change have more to do with socioeconomics than ideology. Dramatic economic and political crises have coincided in countries like Brazil and Venezuela. Still, the final result for Latin America may be the emergence of centrist, pragmatic modes of governance, and with them, opportunities for the U.S. to improve relations. The new administration must look beyond the neoliberal model of the 1990s, and develop an approach to relations fit for the 21st century.

September 11 Prospects for Afghanistan and Pakistan

Major internal conflict has plagued Afghanistan for four decades. The U.S., for its part, has conducted military operations in the country nearly continuously since 9/11. Today, war with the Taliban persists, and tensions between the U.S. and Pakistan have gradually deteriorated. As his time in office drew to a close, President Obama limited further withdrawal of U.S. troops from Afghanistan. The incoming administration has a choice: will it maintain the status quo, completely reverse the Obama administration drawdown or withdraw completely? Does the U.S. face a no win situation in Afghanistan and Pakistan?

October 16 Nuclear Security

Nuclear nonproliferation was a top priority for the Obama administration. While the Iran Deal was a diplomatic victory toward this end, major threats persist from both state and non-state actors. Countries like North Korea, Russia, and India and Pakistan continue to challenge nonproliferation efforts. The possibility that terrorists will carry out an attack using a "dirty bomb," made from captured nuclear materials, looks increasingly real. In a fractious world, which way forward for U.S. nuclear security policy?

How to Help in Syria: A Letter from JFNA President and CEO Jerry Silverman



Dear Friends,

Now entering its sixth year, the conflict in Syria continues to take a drastic toll on the lives of the Syrian people. With more than 11 million innocent civilians forced to flee, the humanitarian crisis has reached grave proportions. The situation in the besieged city of Aleppo is particularly dire, as reports of crimes against humanity have taken the suffering to a new level.

Our people have a long history of humanitarian activity aiding both Jews and non-Jews during times of crisis, and we know many of you are looking for a way to help. Jewish Federations are fortunate to partner with JDC and the Jewish Coalition for Disaster Relief (JCDR), which has been delivering humanitarian assistance to Syrian refugees and displaced people since 2013. As people in Aleppo are being evacuated, the JCDR is working to ensure that essential items like food, medicine and clean water are delivered in as quick and efficient a manner as possible. You can help support their efforts by donating. Contact your local Jewish Federation.

Thank you,

Jerry Silverman
President & CEO
The Jewish Federations of North America

P2G Tikkun Olam Teen Exchange Program (age 14-16 years old)

US teens going to Israel:
June 27 – July 12

Israeli teens coming to the US:
July 20 - August 6 (not confirmed)

For more information and deadline for registration contact Shiran Amir
israel@jewishchattanooga.com



SHLICHIM PROGRAM



Reflecting on the Holocaust Museum, Washington, DC

Shiran Amir
 Israel Emissary
 Israel@jewishchattanooga.com
 493-0270 ext. 31

Last November I went to Washington, DC. For two days I participated in the GA (General Assembly) for the Jewish Federations of North America. I spent three more days at the Annual Shlichim Seminar of the Jewish Agency for Israel with my North American shlichim counterparts. Both conferences were educational, experiential, and informative.

After the conferences, I explored the city with my shlichim friends. One of the most memorable places I visited was the United States Holocaust Memorial Museum. I was interested to see how the Holocaust was presented in America, compared to how it is presented at Yad Va'Shem, the Holocaust Museum in Jerusalem. I had many thoughts and feelings upon seeing the museum in Washington.

Without introduction, an elevator took us to the first floor of the Holocaust display. The transition from light to darkness was surprising and unexpected. The first images I saw were extremely graphic, seeking to, and succeeding in, shocking me. Step by step, the museum walls tell the years-long story about how Hitler sought to annihilate my ancestors. Torah scrolls that were saved from fire lay in a glass coffin. Wooden beds made me shudder, as I thought about the Jewish souls who ascended from them to heaven, dead from cold, disease, hunger and despair.

On the second floor of the museum I faced a dilemma. A train car stood open in front of me, that I had to pass through in order to continue the tour. I glanced inside, trying to imagine how many people were pushed and forced into it on their way to the place with no return. I thought about the cultural meaning of a train car. I knew I must pass through it, but I couldn't, not immediately. I wondered whether those around me understood the significance of the rectangular wooden box, that will forever live in the collective memory of my nation?

I heard a mixture of languages in the museum and wondered if anyone was *not* shaken by what they saw. One couple stood and laughed near the image of naked, emaciated, bald prisoners. Why were they laughing?

Floor after floor, more images, different feelings. It was not what I was familiar with from Yad Va'Shem or from Yom Ha'Shoah, in Israel. Here was a different country, a foreign language, another cultural point of view. I was startled, and wondered: in 2017, are we--me, my family, my people still in mortal danger? Is my tiny beloved community in Chattanooga in danger as well? Are there still those who seek to destroy us? And if so, why?

After four months in a small Jewish community in the United States, and after a huge Jewish conference as the GA, that emphasizes maintaining our national identity, I suddenly understood why it is so important to preserve our identity. The museum felt different not because it is a different country, but because of the experience I had there, the insights I gained, the diversity I was exposed to, and the new perspective it gave me on my people. In the darkness of the museum, shaking in the flickering light of the graphic images I was looking at, I understood firsthand how each and every one of us matters and is important to the continuity of our people. How tiny but mighty is our nation. How history will not change the reality in which we live, but we will.

January 27th is International Holocaust Memorial Day. On that day 72 years ago, the Auschwitz death camp was liberated. The world will recognize the terrible consequences of World War II, that claimed the lives of 6 million Jews and millions of non-Jews, murdered just because of their ethnicity.

Today more than ever we must unite to sanctify tolerance, diversity and multiculturalism, and to maintain our identity and uniqueness and keep doing the good we are doing in the world. Because even today, seventy years later, the world still needs healing. We must do good for our environment and the community, for the Jewish and non-Jewish alike. We must love our neighbors as we love ourselves, keep our Judaism alive, and never forget where we came from and where we are going, so that never again can the Holocaust happen.

We are here for a reason. Each and every one of us matters. To each other, to our Chattanooga family, and to our Jewish nation.

**The Shlichim Program is made possible
 by your campaign dollars.**

Community Shlichim Seminar, Washington, DC



Holocaust Museum, Washington, DC

