

the Shofar

April 2020

Cover art
by Shlomo
Katz

A publication of the Jewish Federation of Greater Chattanooga



Safety is our First Concern

Michael Dzik
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 893-5443

Your Jewish Federation takes the lead and central role when it comes to security within the Jewish community. We are part of the Security Community Network (SCN) to disseminate and share information with all of our local Jewish institutions. We have given guidance on all types of security and have been a resource where congregations have brought in

from the executive director

police and experts for various on-site trainings.

The Federation obviously takes security quite seriously. Something we don't always talk about, but is equally addressed by the Federation, is health safety concerns. We are all aware that the COVID 19 virus is spreading globally. Although it mimics flu-like symptoms, it is especially harmful to the most vulnerable populations: seniors, young children, and those with compromised immune systems. The Federation and Aleph Bet staff are on top of the situation and have already put new measures in place.

It is never easy to close down an operation such as the Federation. But these are unprecedented times. We are witnessing the spread of a virus and a pandemic of uncertainty that is leaving many of us feeling helpless. In order to do our part, as Judaism commands us, to treat others as we would want to be treated and respect that every life is important--we have canceled all of our social programming for the remainder of March. Our Tuesday Cafe in-person luncheons will be delivery only until further notice. This is a very fluid situation, and we will continue to evaluate it and keep you informed of any other changes.

It is important that each of us take the necessary step of "social distancing" which we hope will slow and eventually stop the spread of the virus. I appreciate and value your trust in the Federation. Know that we will always provide a safe and secure environment for the Jewish community.

Please check the Federation Facebook page, community emails, and with your congregation for the most up-to-date information on event cancellations and building closures.



Upside-Down World

Mike Spector
mspector@kleenamatic.com

We are in trying times. As I write this all the local schools are closed, the markets are at a historic low, and the grocery stores have a lot of empty shelves.

We want you to know the Federation is being extremely proactive in dealing with this viral threat. Aleph Bet preschool closed in March; social events were canceled for the remainder of the month, and since we've learned that social distancing is critical, we are canceling or postponing many April events as well. (You can keep up with what's happening on our Federation website and Facebook page and through the weekly email).

Please be advised that our social services team is ensuring that community members who are at greatest risk are being checked on regularly. To help with this, Social Services Director

from the board chair

Christi Haustein has formed a small army of volunteers who have been trained to make friendly check-in calls to our seniors. Thank you to Marilyn Goler, Warren Posternack and Richard Zachary. We hope to grow this volunteer group in the future.

We look forward to Kitchen Supervisor Alice Morgan's return to the Federation in a few months, but until then we have a full complement of excellent volunteer cooks (including my wife) who are continuing to meet your culinary needs and fulfill meal requirements for deliveries. Thank you to Sandra Hammond, who has kept the kitchen up and running, and to volunteer kitchen workers Linda Spector, Lynn Howard, Carla Nixon, Vivian Hershey and Carol Cohn.

Taking care of our community members is what we do, and the work of volunteers is largely how we accomplish this. As a volunteer myself now, I am just as busy and happy as when I was working for money. My wife and I are continuing my family's tradition of

involvement in Jewish life--of giving back--and loving it.

So in these difficult, uncertain, even frightening times, here is a suggestion: ask not what the community can do for you, but what you can do for the community. I promise you, it's a win-win.



Personal Ritual



Ann Treadwell
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493-0270 ext 13

I have been my family's elder for over 20 years. I have created ways for me to remember my parents, grandparents and close friends. Through all of it, I

have learned that celebrations of life need to be unique individual, symbolic, and able to be replicated annually. Let me share a few of my rituals.

My mother was a really bad cook and baker. But my grandmothers were awesome. They taught me everything and shared family stories and traditions while cooking and baking. In the winter I bake my Bohemian grandmother's favorite breads. In the summer I make my German grandmother's favorite recipes. In my pantry I keep four cookbooks, two each in their original languages as a way for me to also share who they were with my son.

These cookbooks have lots of family notes and short stories.

from the program director

My maternal grandfather was born on July 12, and on his

103rd birthday we buried my mother. Each year I try to skip the day all together, or pretend that it doesn't exist. It is a very conscious action on my part. I light a candle, hide from family and friends – no phone or e-mails, nothing. For me it symbolizes the loss.

My parents were both born in May, one week and five years apart. My father always brought my mother red roses for their anniversary, and they both loved where I live. For the past twenty years, on my mother's birthday, I buy a single red rose, walk down to our creek, make a wish she would approve of, and send that rose downstream.

My best friend and first love died of Hodgkin's lymphoma when we were barely twenty. I remember him the first week in November, the month of his death. Usually alone, I play a *Cream* album and listen to the drumming of Ginger Baker, his hero. David was also a drummer, whose band had just cut their first album when he was diagnosed.

We have had several beloved pets, cats and dogs. As they finished their lives, we buried them in the woods. When our cat Whisper died, we buried him and immediately went and bought daffodil bulbs to designate his site. As each fur friend passed away, more bulbs were planted. Now in the spring the woods is joyful, full of

yellow flowers.

I believe that each of us commemorates the life and loss of the people we knew and loved. I also believe that when there is a great community loss it is our responsibility to ourselves and to the next generation to commemorate that as a community. Monday, April 20th, on Yom HaShoah, we plan to commemorate those lost during the Holocaust. The last week in April, on Yom Hazikaron, we will commemorate those lost to war and terrorism in Israel. It is our responsibility to do this as a community. Join us virtually to light candles and share in the ritual. See following page for details.

Community Voices: Personal Rituals

by Elaine Winer



The tug of sweet memories of the past and the innovative memories in the making are what keep our celebrations and holidays so important in our lives. Pesach or Passover brings so many opportunities for this unique blending of the old and the new.

The Seders of my childhood were usually small and my focus was on the Afikomen present. My husband Sanford remembers much livelier Seders with his Winer grandparents, aunts, uncles, and cousins. The story most often told is that of a cousin who laughed so hard at a joke that she bit into her wine glass, shattering it. My sister-in-law says she is still waiting for the bracelet promised to her by the rabbi at a congregational Seder after she found the Afikomen. Other stories from friends recall the traditional end of family Seders with the singing of "Oh Susanna"! I love the story of a friend whose child dressed as Elijah and snuck out and rang the doorbell at the appropriate time.

Seders in our home started with family and happily grew over the years. The year we had 40 people was the most exciting and happened to coincide with Art and Mallory's engagement. Two simchas. We have watched babies who accompanied Had Gadya with raspberry sounds and creative Seders where we sang "Blowin' in the Wind". We have acknowledged and grieved the loss of friends and family whose presence is sadly missed. For the most part we join the Jewish world in remembrance and hope for freedom, peace and a better world for all.

The objects we use for the Seder are beautiful for the memories. My mother, Ruth, embroidered a magnificent tablecloth and napkins with the symbols of Pesach and the family names in Hebrew. We use it every year. When she died shortly before Pesach, our daughter Barbara invited us to her home for the Seder and asked that we bring the tablecloth, which she used. Our beautiful amethyst colored glasses belonged to Grandma Winer. *Personal Rituals, con't. on page 8*



Sonja DuBois: A Virtual Yom Hashoah, April 20

Sonja DuBois was born Clara Van Thijn in Rotterdam The Netherlands. When the Nazi troops invaded the country in May 1940, her parents and extended family were deported to Auschwitz, where they were murdered, leaving her an orphan at age two. She also lost her Jewish identity. Sonja's life long struggle to discover her heritage was realized when she published her memoir, *Finding Schifrah*.

At press time the Federation is looking into streaming a virtual candlelighting service to commemorate the lives and heroism of the six million Jews who died in the Holocaust between 1933 and 1945, followed by DuBois's discussion of her experiences. Watch for details in the community email and on our Facebook page and website.



April Kitchen Schedule

April 8-16 closed
for Passover

Meal Delivery Schedule:

April 8th- April 16th
No meals delivered

Tuesday Cafe meals:

April 7, 14, 21st Delivery only

Questions? Contact Christi Haustein
chaustein@jewishchattanooga.com
(423) 893-9241

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Hevruta (Partner) Program Logistics

- ◆ The online program begins (for new participants) in Spring 2020 and will run for 5 months
- ◆ Open to ages 20s to 40s
- ◆ No cost to participate in the online program

What We Do

- ◆ Connect with other young Jewish people from the US and Israel
- ◆ Explore your Jewish identity
- ◆ Develop skills to become a Jewish leader in your community

How We Do It

- ◆ Get matched with an Israeli partner
- ◆ Every three weeks, receive a new online module to work through with your partner
- ◆ Three webinars during the course with both New and Alumni participants
- ◆ Conversations can take place using FaceTime, What's App, etc.

Retreat Details

- No fee to attend...just your travel expenses
- Retreat accommodations included
- Meals, sites and excursions included
- Three webinars to meet new and returning participants prior to the retreat

November 5, 2020 - November 8, 2020

Contact Ann Treadwell for more information:
Atreadwell@
jewishchattanooga.com
493-0270

"The main advantages of this program are the deep discussions we have had over current Jewish topics and leadership. Understanding that while we are similar in one way (Jewish) but may have different opinions leads to great discussions in an open forum and settings while traveling in our communities."

Tal Cohen



13th ANNUAL CHATTANOOGA JEWISH FILM SERIES

By Sanford Winer

Because of the coronavirus, the Chattanooga Jewish Film Series opening will be delayed until it is deemed safe for large audiences to assemble. Check next month's *Shofar* and the Federation weekly

emails for updates. Meanwhile, here is what you have to look forward to:

International intrigue, murder, politics, social values, family values, family lessons, comedy, love, sex, history, sociology, music, melting pot, brain washing... these are just a few of the themes running through this year's Chattanooga Jewish Film Series. Whether or not you have attended the Series in the past, do yourself a favor and go this year. The selected films are thought-provoking, entertaining and educational.

The Jewish Film Series began in 2007 with multiple goals: to bring the Jewish and non-Jewish communities to the Jewish Cultural Center; to meet the cultural and social needs of our Federation members; and to fill a void in the city by showing international, award winning films with Jewish themes. We are meeting those goals.

The Series has grown exponentially. In 2008, our first year, we showed just four films. So far in 2020, we have shown four documentary films, will show six feature films in May and June, and are in our second year of sponsoring Holocaust Memorial Day films for local high school students. We also sponsored a film for Young Jewish Leadership, and are scheduling a family friendly film for Yom Hashoah. Attendance at each feature film has almost tripled since the first year. As hoped, the Series reaches an audience of all religions, ethnicities and backgrounds.

The Sponsor Event (date TBD) will feature *Golda's Balcony, the Film*, winner of 21 Audience Favorite Awards at all 21 competitive festivals to date. The film will be followed with a live Skype Q & A session with Dave Fishelson, producer of the film.



Thank you to our Corporate Film Series Sponsors!

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**And Chattanooga Symphony and
Orchestra**

Sponsor the Film Series!

It's easy (and rewarding) to sponsor the Chattanooga Jewish Film Series! Your support facilitates the presentation of an extraordinary and thought-provoking collection of films. Levels of sponsorship are below. Please see above for a list of corporate sponsors to date.

Producer's Circle

\$118 includes two tickets to the screening of *Golda's Balcony, the Film* and the Sponsor Reception with cocktails and dinner-style appetizers (date TBD) at the Jewish Cultural Center, plus ten single admission tickets to other screenings.

Director's Circle

\$90 includes two tickets to the screening of *Golda's Balcony, the Film* and the Sponsor Reception with cocktails and dinner-style appetizers (date TBD) at the Jewish Cultural Center, plus five single admission tickets to other screenings.

Sponsor Event (date TBD)

Due to the current COVID-19 threat and the CDC's recommendation against gatherings, we are delaying the start of the Film Series. Sponsorships are welcome at anytime, and rest assured-- the show WILL go on!



Show your support and keep up with Alice Goss-Morgan. Sign in to her Caring Bridge site.

caringbridge.org/visit/alicegossmorgan



Mitzvah Meals Suggested Donations

- \$8 per meal
- \$90 per month based on 3 meals/week
- \$125 per month based on 4 meals/week
- 160 per month based on 5 meals/week
- 190 per month based on 6 meals/week

Meals are delivery only until further notice.

To-go orders from any/all community programs will be charged the program fee (\$10-\$12) as opposed to the Mitzvah Meal fee. All Mitzvah Meal recipients must be preapproved by Christi Haustein, Director of Social Services. Menus are set by the Kitchen Supervisor and Director of Social Services.

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Stay in touch through the website, community email, and our Facebook page. See inside back page of this *Shofar* for handy list of email addresses.

Join the Jewish Federation Legacy Society

The Legacy Society is made up of individuals who, in the tradition of our Jewish faith, wish to share their blessings with others by providing for the future needs of the Jewish community. There are a number of ways to contribute to the Jewish Federation's Endowment through estate planning: a bequest in a will, contribution of the remainder of an IRA or other retirement plan, a life insurance policy, charitable remainder trust, donor advised fund, charitable gift annuity, piece of real estate, securities or other property, or the donation of other assets. However they choose to contribute, Legacy Society members can be sure that their planned gift will turn their dreams for a strong future Jewish community into a reality. Join today.

Anonymous (2)	Brouner, Lee	Hanan, Michael	Lebovitz, Charles	Sivils, Janet
*Allen, Amelia	Center, Austin	Hanan, Rachel	Lebovitz, Lauren	Spector, Linda
Allen, Owen	Center, Marilyn	Hanan, Victor	Lebovitz, Michael	*Spector, Mark
*Alper, Maxine	Cohen, Tal	Hill, J.R.	*Levine, Lawrence	Spector, Mike
Balser, Jeff	Cohn, Herb	*Hochman, Colman	Lowe, Beth	Susman, Gail
Balser, Robin	*Cohn, Sue	Hochman, Lynn	Lowe, Rob	Susman, Joel
Barukh, Rebecca	Cowan, Rob	Hodes, Alvin	*Malsh, Rebecca	Weiner, Cara
Berz, Bob	Diamond, Karen	Hodes, Andy	*Nash, Ike	White Dropkin, Donna
Binder, Claire	DiStefano, David	Hodes, Melody	Oxenhandler, Barbara	Winer, David
Black, Bonnie	DiStefano, Susan	Howard, Lynn	Parker, Jordan	Winer, Elaine
Black, Stephen	Dittus, Sandy	Israel, David	Pregulman, Helen	Winer, Finette
Bogo, Jerry	Dropkin, Warren	Israel, Scott	Richelson, Alan	Winer, Sanford
Bogo, Rosalee	Dzik, Michael	Jaffe, Dot	Rose, Cassie	Zachary, Richard
*Bohn, Jerry	Dzik, Paula	*Jaffe, Sam	Rose, Kevin	
Brooks, Ellyn	Fairchild, David	Lebovitz, Alison	Rosenfeld, Jackie	* Deceased
Brooks, John	*Frank, Estelle	Lebovitz, Alan	Rosenfeld, Roy	
Brouner, Betsy	Hanan, Jan	Lebovitz, Betty	Siskin, Pris	

See how easy it is to join the Legacy Society!

Call Michael Dzik at 493-0270 ext 15.

We Are Virtually Working for You

We are in challenging times. Enforced isolation for an indeterminate amount of time is difficult, as we are all discovering. Because of this, the Federation has begun putting in place a number of ways to keep us all connected.

You will begin to see, in the weekly email, on our website, and on our Facebook page, links to various programs that are available from our local, national and Israeli partners. Perhaps you love music, or cooking. Maybe your children would enjoy an art class, or having a story read to them. If you are interested in providing an on-line activity or service, or know of a resource we might want to include on our website, community e-mail or Facebook page, please send me an e-mail (atreadwell@jewishchattanooga.com) with the information.

As you know, Amit Matityau recently hung his exhibit, *The Last Decade in Israel*. There will be five or more online streaming sessions in which he will talk about recent Israeli history. But where *is* Amit? By the time you read this, he will be back in Israel with his family. We felt that this was the safest option for him at this point. We hope to continue to hear more about Israel through his eyes in the near future.

We have been in touch with each of our past shlichim in Israel. Raoul and Einav are expectant parents. Shiran is doing well, Hadas is working from home, and Chen is studying at home. Noa is in an RV, traveling to rural places in Israel while keeping a safe distance from others. Many of them have agreed to provide us with some long distance programming.

Although we can't see each other in person, and handshakes and hugs will need to wait until another time, there is no reason to be isolated. We, your Federation family, are right here.



Our March 23rd staff meeting, via Zoom.

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Foreign Policy Supper Club Red Sea Security POSTPONED



With major nations like China, France, Italy, and the U.S. building large ports and bases in the region, what does the future of the region look like?

The Red Sea has remained vital for global trade since the time of ancient Egypt. Once home to the spice trade, the Red Sea now sees millions of barrels of oil a day transported across its waters. With major nations like China, France, Italy, and the U.S. building large ports and bases in the region, what does the future of the region look like? How important is Red Sea security for global security? Can the region be a place of global cooperation?

RSVP@jewishchattanooga.com, 493-0270, or on the website at Jewishchattanooga.com.

Say WHAT?

We are seeking community voices on monthly themes (like the article above). Articles should not exceed 500 words and will be edited for clarity and space. There is no guarantee that every article sent in will be published; inclusion in *The Shofar* is contingent on space and editor's discretion. We look forward to hearing your voices!

Raise your voice!



TOPICS

May: Israel

DUE APRIL 6th

June: Reflections

DUE MAY 8th

J*CREW

This year's annual Jew Crew Retreat was one for the history books. Although it started off with I-75 being shut down (adding a two-hour delay to our trip), memories were made as soon as we arrived at Camp Ramah Darom.

One of the many highlights was the amazing scavenger hunt that our *shaliach* Amit put together. Many of the Jew Crewers and all of the seniors agreed this was by far the best program led by our *shlichim*. We divided up into three teams, made our way through a virtual Israel, and experienced many different regional cultures. The senior team claimed a hard-fought victory in the end.

The Jew Crew also discovered many hidden talents over the weekend, with the most notable being Josh Hillner's amazing singing abilities. Other - although less hidden - talents were Rachel Lowe's incredible voice accompanied by Levi Lebovitz's magical guitar playing.

This retreat saw the formation of many friendships and deep bonds. The highlight for most of us was the ability to hang out with friends we don't often spend time with or see. Meanwhile, the five freshmen who attended were immediately welcomed and quickly became part

Jew Crew
The
appreciates
Greater
Chattanooga
for making
our retreat
possible. For
the seniors,
this last

retreat was bittersweet and it was sad to see it end, but we know the wonderful memories and friendships we made will last a lifetime.



Personal Ritual, continued from page 3

The silver wine cup Sanford uses belonged to his father Myer. The lovely cobalt blue glass used for Miriam's cup was a birthday gift from my dearest friends. The wonderful porcelain pieces for charoseth, salt water and bitter herbs were gifts from cousin Janet Stock and family.

The wine stained Maxwell House Hagaddahs have given way to matching ones - still wine stained. The lemon cake roll still appears after way too much food. The songs sometimes have different tunes, but the joyous celebration of L'dor v'dor prevails and we join together hoping for a better world.

A Weekend Worth the Wait

by Micah Hodes, Jew Crew Senior

social services



Christi Haustein, LMSW
Social Services Director
chaustein@jewishchattanooga.com
893-9241

Six Stress-Reducing Rituals

Take a deep breath. Nothing is worth weakening your health. Nothing is worth poisoning yourself into stress, anxiety and despair. Here's help:

1. Monitor and suppress negative self-talk.

The more you ruminate on negative thoughts, the more power they have over you. Most of our negative thoughts are just that – thoughts, not facts. Ask yourself: “Are these negative thoughts facts?” Once you’ve taken a few moments to slow down the momentum of your negative thinking, you will be more rational and clear-headed in evaluating the reality of the situation.

2. Focus on the positive.

Any positive thought will do to refocus your attention. When times are tough, this can be a challenge. Think about your day and identify one positive thing that happened, no matter how small. If you can't think of something from today, reflect on the previous day or even another recent time.

3. Avoid “should have” and “what if” statements.

These statements just fuel the fire of needless stress and worry. In life, things can go in a billion different directions, and the more time you spend worrying about the missed opportunities (should haves) and negative possibilities (what ifs), the less time you'll spend moving forward.

4. Reach out to your supporters.

It's tempting, yet ineffective, to do everything yourself. To reduce stress and increase productivity, you need to recognize your weaknesses and ask for help, advice, or just a listening ear. Something as simple as talking about your worries will help. Most of the time, others can see a solution you can't because they're not as emotionally invested in your unique situation.

5. Practice mindful relaxation techniques.

There are many ways to do this, but the foundation of all of them is focused breathing (a form of meditation). When you're feeling stressed, take a ten-minute break to sit quietly and focus on your breathing. Close the door, put away all other distractions, sit in a chair with eyes closed, and breathe.

6. Appreciate what you have.

Taking time every day to think about what you're thankful for isn't merely the “right” thing to do, it also helps you feel more relaxed and content, because it reduces the stress hormone cortisol by over 20%.

Reprinted from Angel Chernoff, <https://www.marcandangel.com/2016/02/24/6-stress-reducing-rituals-successful-people-live-by/>.



Let's Discuss Coronavirus

Brenda McColpin, RN, MSW,

(423) 322-8641

Hours: Monday/Tues/Thursday

On CBS's “Face the Nation,” Dr. Scott Gottlieb, commissioner of the FDA during the first two years of President Trump's administration, warned, “We're past the point of containment... We'll get through this, but it's going to be a hard period.” He indicated that there would likely be two months of difficulty, meaning upset routines, cancellations, and inconveniences.

What does that mean for us here at the Jewish Cultural Center? If you have been here recently, you probably noticed signs and bottles of hand sanitizer located in strategic places. Additional precautions are being taken in carefully wiping down doorknobs, desks, phones, and computers.

You may have also noted we are delivering the Tuesday Café meals to you rather than having you come to the center. We are abiding by the recommendation for social distancing whenever possible.

If you use our transportation services, you'll notice our van drivers are equipped with gloves, Lysol products, and hand sanitizer. Don't be surprised if they wipe down the area upon your entrance to and exit from the van. Please use hand sanitizer if they request you to use it. This is a precautionary measure. We are being prudent and careful in how we proceed to protect one another. Also, for now, we are only transporting to essential appointments, including doctor and pharmacy visits and grocery shopping, when delivery is not available.

During this time the most effective protective measure is to consistently and frequently wash your hands. This cannot be stressed enough! We are doing everything within our power to be proactive and aware of any additional necessary precautions. Please let's all work together to stay safe and healthy!

Lastly, Executive Director Michael Dzik has instructed staff to stay home if we aren't feeling well. Likewise, if you have an appointment with us at the Federation, or the drivers are scheduled to provide you a ride and you're feeling ill, PLEASE STAY HOME. This will protect you as well as others. Thank you for your willingness to work with us.

Coronavirus disease is characterized by a runny nose, sore throat, cough, and fever. Illness can be more severe for some people and can lead to pneumonia or breathing difficulties. WASH HANDS OFTEN.



Two Words of Advice for the Concerned Buyer or Seller:

When you buy or sell real estate, and you want assurance that your investment is protected, heed these two words of advice: **Andy Hodes**

With his in-depth knowledge of the local market, Andy is more than a real estate agent. He is a real estate **counselor**, a caring **professional** who helps you make the **right** decisions.

Call Andy today for a free, no-obligation consultation!



D: 423-664-1818
O: 423-664-1600
Andy@AndyHodes.com
www.AndyHodes.com



The Crossing
Date TBD

The Crossing tells the story of 10-year-old Gerda and her brother Otto whose parents are arrested right before Christmas in 1942. Left alone, Gerda and Otto discover that two Jewish children are hidden in a secret cupboard in their basement. They decide to help them flee the Nazis and cross the border to reunite them with their parents in neutral Sweden. This family-friendly, PG film (middle school and above) is brought to the Jewish Cultural Center by the Chattanooga Jewish Film Series. There is no cost to attend but reservations are suggested: www.jewishchattanooga.com or 423-493-0270.

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Due to current safety concerns, the Federation has chosen to delay the start date of this year's Jewish Film Series. We will commence as soon as the CDC feels public gatherings are no longer a threat.

2020 Sponsor Event - *Golda's Balcony, The Film*

Winner of 21 Audience Favorite Awards at all 21 of its competitive festivals to date, including the Jewish Film Festivals of Boston, L.A., Philadelphia, Tel Aviv, Pittsburgh, Dallas, Hong Kong and others

Actress Tovah Feldshuh recreates 100 years of Jewish history playing 45 different characters including Ben-Gurion, Moshe Dayan, Holocaust survivors, Israeli soldiers and Golda Meir in a film of the longest running one-woman play in Broadway history. English, 86 minutes



Chattanooga Jewish Film Series



Tel Aviv on Fire

Salam, an inexperienced young Palestinian man, becomes a writer on a popular soap opera after a chance meeting with an Israeli soldier. Hebrew, Arabic, subtitles, 100 minutes

An Irrepressible Woman

Janot

Reichenbach fell in love with Blum when she was only sixteen. Years later, when they could finally be together, the Nazis arrived in France and Janot gave up her comfortable life to link her destiny to the former French Prime Minister. French, subtitles, 105 minutes



Crescendo

When world-famous conductor Eduard Sporck accepts the job to create an Israeli-Palestinian youth orchestra, he is quickly drawn into a tempest of sheer unsolvable problems. German, subtitles 102 minutes

An Evening of Shorts

A selection of 5 shorts including *Gefilte*, *Cuba's Forgotten Jewels*, *L'dor V'dor*, *Fiestaramos* and *A Cantor on Trial*. Various languages, subtitles, a total of 120 minutes,



Incitement

This psychological thriller follows the year leading up to the assassination of Israel's Prime Minister Yitzhak Rabin, as he sought peace with the Palestinians. Hebrew, subtitles, 123 minutes

Longest running international film series in Chattanooga!

Wednesday screenings take place at 7:00 p.m. at the Jewish Cultural Center, 5461 North Terrace Road.

Tickets are \$10 per person, \$5 for students with ID and includes popcorn and a drink.

Tickets are available at the door or visit www.jewishchattanooga.com.



Meghan Greybeal
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(423) 893-5486



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(423)385-0098



Shlichim on the Road

The second year in a row! Can we call it a tradition now?

On the morning of February 24th, I met my friend Noam Harari, the shlicha from Nashville.

Noam is a 25-years-old dancing teacher from the city Modi'in, in Israel, and it's her first year of shlichut. We hit the road together, driving from Chattanooga to Jacksonville, Florida to meet their shaliach, Rotem Gabay. Rotem is a 25-year-old former combat officer in the IDF, in which he served for five years, and he's in his second year of shlichut. Together, we went on a week's journey through Jewish communities in the Southeast region.

Our first program was with Holocaust survivors in Jacksonville, Florida, teaching them how to make shakshuka and doing an art project with them inspired by Hanoch Piven, the world-known Israeli artist. From there we visited Jacksonville, Charleston, Nashville and then returned to Chattanooga. We moved from different Jewish centers, schools, libraries, and restaurants. We worked with different age groups on a variety of programs. We also met with our friend Naama Fux, the shlicha of Charleston, where we spent an amazing 24 hours. We enjoyed our time exploring, discovering, and learning about each place we visited. In total, we drove 1,800 miles, visited sixteen different places, and led nine different programs!

In Chattanooga alone, we went to see the view from Snoopers Rock, went out for drinks with our YJL group at State of Confusion, and ate lunch at River Street Deli. We also gave a lecture at the JCC about Trump's new peace plan for the Israeli-Palestinian conflict, which became a very open, engaging, honest discussion about politics. We shared our different perspectives about the conflict from an Israeli point of view and answered questions from the audience. We said goodbye and summarized our tour over a good burger at the Terminal Brewhouse.

All in all, I learned a lot about the differences in Jewish communities on that road tour. I visited places I had never been before, and met people I never would have met if not for this program and partnership.

It was an amazing journey with two great people. Noam and I deepened our friendship and are already planning our next trip! In Rotem, who I did not know before, I discovered an intelligent and funny companion who quickly became my friend. I enjoyed our time working together and the hours on the road. To them, I say thanks you, because it's not easy to find the right people for a journey like this, and I'm thankful for the partners I had and the experiences we made and shared.



Shlichim on the Road 2020

Noam | Amit | Rotem



My exhibit is up on the JCC walls and y'all are welcome to stop by and share your thoughts about it with me. As a history lover and a big Zionist, I combined both into an exhibit that reflects the Israeli agenda over the past ten years. I also combined my love of sports and added a section honoring the Israeli athletes of the past decade. I believe the exhibit tells the Israeli story with all its different colors. I hope y'all enjoy seeing it as much as I enjoyed putting it together.



EXHIBIT DATES MARCH 9-May 1
For a virtual tour, see the Federation website and Facebook page.

מחנוגה
machanooga
 A bridge to Jewish learning

923 McCallie Avenue
 youth@mizpahcongregation.org
 traci.sloan@gmail.com.



Lily Dropkin



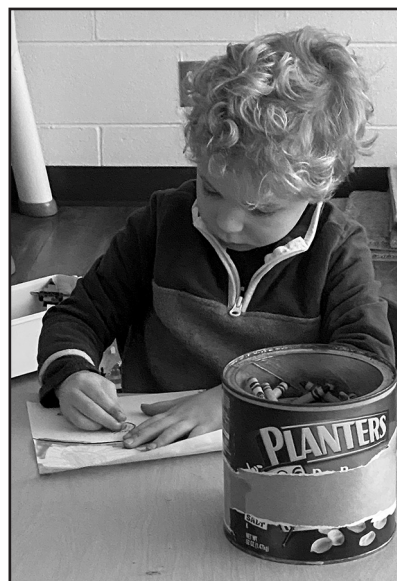
Traci Sloan

Spring Semester

April 5 - NO SCHOOL - Spring Break
 April 12- NO SCHOOL - Passover
 April 19 (TBD)
 April 26 (TBD)
 May 3- Last Day of Spring Semester

Scenes from the Inside

Machanooga has been the setting of great fun and great learning over the past month! In addition to learning about and celebrating Purim, we were personally entertained by Jewish Americana singer Joe Buchanan! Thank you to the Jewish Federation for helping to sponsor this concert.





923 McCallie Avenue Chatt.
TN 37403 423-267-9771

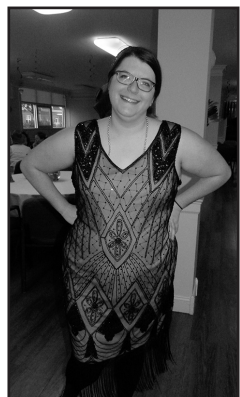
Office@mizpahcongregation.org
www.mizpahcongregation.org

Purim Carnival, March 10

Huge thanks to Lily Dropkin, Youth and Family Director, for organizing and facilitating the entire Carnival.



Ruth Longway (with photo bomber David Solovey); Lily Dropkin.



From Megillah readings on March 9th; Rabbi Lewis and Dave Suhrbier: Pumpkin Man coaches Captain America in the Megillah reading.



Due to the ongoing coronavirus situation, all IN-HOUSE, IN-PERSON Mizpah activities are suspended for now. Individual activities WILL be held by video, including:

--Mizpah Livestreaming for Friday evening services, including Shirei Shalom on April 18th and Shabbat morning services

-- ZOOM video conference for Torah study and morning Mussar.

--Online programming is being developed by Rabbi Lewis and Lily Dropkin for Havdalah programs, Mizpah Munch Club as well as ongoing adult programming like Lunch and Learn and Introduction to Judaism.

See weekly email for instructions, or call the office.

PASSOVER SEDER 2020



Join Rabbi Lewis and his family for First Night Seder on Wednesday, April 8th. Rabbi Lewis will broadcast live from his home to your home via ZOOM video conference. A 'family-friendly' hagaddah will be emailed to all congregants, so you can follow along as you celebrate your own family Seder. Complete details and instructions available from the Office, AND watch for

full instructions via email.

"Rocket Man" Comes to Shushan: Esther and Mordecai Meet Elton John; lyrics by Rabbi Craig Lewis (sorry Bernie Taupin), music by Elton John





We are pleased to announce a fresh, new, up-to-date website, which is a work in progress but certainly a huge advance! Check it out at www.bnaizioncongregation.com and like us on Facebook!

PLEASE NOTE: ALL EVENTS SUBJECT TO CHANGE

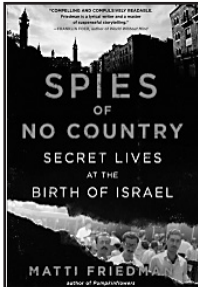
Purim 2020



Yizkor/Matzah Brei Brunch on Thursday, April 16th. We will journey to B'nai Zion for a final trip as we commemorate Yizkor under the overhang of the McBrien entrance. You may view the yahrzeit boards aglow. Afterward, around noon, enjoy a Matzah Brei Brunch outside under cover.



Men's Club Shabbat, Saturday, April 18th at 9:30 am at the JCC Celebrate Shabbat as they lead us, teach us, and pray with us as we highlight the participation of Men's Club in the religious life of BZ. All followed by a delicious deli kiddush luncheon in memory of Dr. Alan Jacobson, z'l and Howard Gropper, z'l.



BZ Book Club, Tuesday, April 28th at 2:30 pm at the Barnes & Noble Café - *Spies of No Country* by journalist and award-winning author Matti Friedman - This tale of Israel's first spies reads like an espionage novel—but it's all true.



Our newest blessings. We look forward to welcoming these two new babies into our congregation soon. Mazel tov to Rachel and Julian Joerges and Holly and Nick Mahan.





Rabbi Shaul Perlstein

Purim in the Wild West!

We all enjoyed a whoppin' hoppin' dancin' party at the Purim Saloon. Bruce Weiss's chili, cornbread, whiskey punch and jerky were enjoyed by all, while ridin' the mechanical bull, taking most-wanted photo, and line dancin'.



Summer 2020
THE FUN BEGINS JULY 13-24TH

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WWW.JEWISHCHATT.COM/CAMP

SEDER TO GO!

This year Chabad will be bringing the Passover Seder to your home! Reserve a Seder-To-Go box that will have everything you need for your Seder. Join us online for a live, one hour pre-Seder talk April 8th, 7:00pm - 8:00 pm. To get your Seder-To-Go box, visit www.JewishChatt.com/Seder.

What's in the box?

- Seder Plate
- Haggadah
- Step-by-step instructions
- Bottle of wine or Grape Juice
- Wine cup and plate
- Hand Baked Shmurah Matzah
- Everything needed for the Seder Plate
- Additional Shmurah Matzah bags for number of people at Seder



New course from JLI!
6 Tuesdays starting May 5 - June 9 7:00 - 8:30 pm

There's no denying—
biblical stories are strange.

ICONIC STORIES, MYSTICAL MEANINGS,
AND THEIR LESSONS FOR LIFE

Some dismiss them as legends; others look deeper
to discover their profound wisdom for life.

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Hadassah Happenings

by Judith Sachsman

Rosie Perlstein hosted a charming “Torah and Tea” Program for Hadassah and Chabad

attendees in celebration of Purim. Purim honors Queen Esther, who was also known as Hadassah. Participants enjoyed rolling out their hamantaschen and then feasting on tea and sweets while discussing the holiday.

Hadassah has postponed the May 3 dinner until late August or early September, when the speakers will describe their Grateful Patient Experience at Hadassah Hospital, and Dana and Richard Waxler will be honored with the Myrtle Wreath Award for service to the community. Spring 2020 will be an opportunity for a “No-Show Donor” in support of the 360 Degrees of Healing Campaign, expanding medical services in the Round Building of Hadassah Hospital. On an immediate basis, all Hadassah members can be proud of Hadassah Ein Kerem, which has been designated by the Ministry of Health as one of seven hospitals in Israel to take coronavirus patients. At an immense financial cost to the hospital and to avoid any potential risk to other patients and health professionals, a secure, secluded and equipped environment on the fifth floor of the iconic Round Building has been created and is being administered by infectious disease experts. Hadassah members should be very proud of the way Hadassah has stepped up to offer what no other hospital can: a separate building to house patients suffering from COVID-19.

The Super South Tri-Region Hadassah Conference planned for Atlanta May 15-17 has just been postponed until April 2021, after Passover. New National Hadassah President Rhoda Smolow writes that “Hadassah is deeply committed to the health and wellness of our community” and Incoming Region President Susan Smolinsky has decided that postponing the conference is the safest decision at this time.

Annual Giving starts at Chai Society of \$180 a year. Keepers of the Gate starts at \$1,000 a year. New members of Chai Society will be the first to receive a specially designed new pin. Annual giving enables Hadassah National to plan the charitable support of Hadassah Hospital in Israel as well as countless other projects. Celebrate each lifecycle event with membership in Hadassah. Contact Judy Sachsman about annual and life membership. (jmsachsman@gmail.com) and Dana Waxler (dwaxler@comcast.net) about Annual Giving. In the time of a Global Pandemic, we are Hadassah. Be proud.



Project Hamantaschen



Hadassah enhances the health and lives of people in Israel, the United States, and worldwide. By connecting and empowering Jewish women to effect change, we are the women who do.

Your annual gift can transform a life.

It has the power to mend a broken body, advance medical research, provide a future for at-risk children, or advocate for women and Israel in the US.

Chai Society gifts from \$15/month.
Keepers of the Gate gifts from \$83/month.

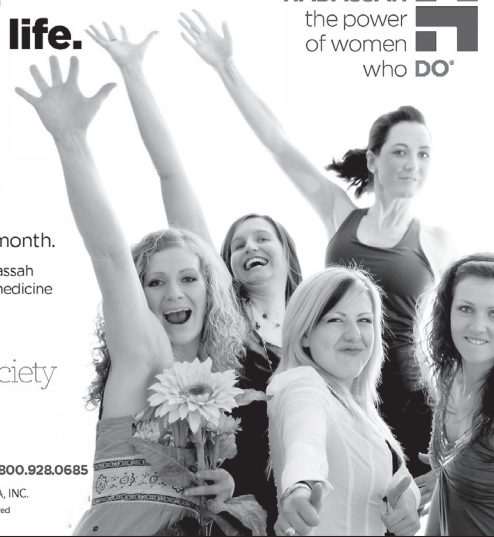
We welcome all members, Associates and Hadassah supporters to invest in the future of Israel and medicine by joining Hadassah's Annual Giving Societies.

Keepers of the Gate **Chai**society

hadassah.org/keepers hadassah.org/chaisociety 800.928.0685

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HADASSAH
the power
of women
who DO





What's Going on at the JCC

*A full listing of monthly programs is also on our website,
jewishchattanooga.com, where you can RSVP.*

Stay Informed!

Up-to-date information about online programs, cancellations and changes can be found here:

--weekly community email

--Federation Facebook Page

(Jewish Federation of Greater Chattanooga)

--Federation website

(Jewishchattanooga.com)

QUESTIONS? Call us! Our lines are forwarded to our cell phones when the JCC is closed.

TRIBUTES

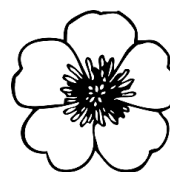
In Memory of

Dr. Elliot Gerald Rose

Mark Degler

Sylvia Saloshin

Andy and Lorri Danzig



Tuesday Cafe will be delivery only



Until at least April 21 we will be delivering Tuesday Cafe meals--no in-person luncheons. Menus in weekly email. Please call or email the Federation if you would

like to have meals delivered. Vegetarian options available with advance notice.

\$10. Rsvp@jewishchattanooga.com or 493-0270.

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The Federation will continue to provide rides to doctor appointments and the grocery store though we encourage you to utilize grocery store and pharmacy delivery services. Some are now offering these for free but we can cover the cost of delivery.

For the time being we will be cutting back on transportation to non-essential appointments. Stay well and practice social distancing--for yourself and others!

Mazel Tov

--to Rita and Bob Brook on the birth of their grandson, Zachary Ross Brook, March 11th. Parents are Erik and Jen Brook.

Condolences

We are sad to announce the passing of

Bobby Ables, father of Christie (George) Fine, Grandfather of Jessie Fine (Robbie) Burnstein.

Linda Fine, mother of George (Christie) Fine, Grandmother of Jessie Fine (Robbie) Burnstein.

Sylvia Saloshin, z'l mother of Jeffrey Isaac Saloshin, z'l, sweetheart and friend of Gene Kleiman.

Contact Shofar editor Dana Shavin at dshavin@jewishchattanooga.com to place a mazel tov or condolence.



Jewish Federation OF GREATER CHATTANOOGA

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