



Michael Dzik mdzik@jewishchattanooga.com 893-5443

This time of year is always a time of reflection. Rosh HaShana and Yom Kippur have come and gone. I take stock of the past year, celebrate the successes, and evaluate where I could have done better – professionally and

personally. The past six months feels more like six years! In general, I'm a "glass is half full" as opposed

from the executive director

to "half empty" kind of person. Even with all the struggles--COVID, the spring tornadoes, and, most recently, the

anti-Semitic incidents in Chattanooga--we still have so much to be thankful for and to look forward to. Our drive-thru events and virtual online programs have kept the community engaged and connected. Although we're not getting out quite as much, we've seen new and more people participate in all types of activities. Lots of silver linings in the storm clouds!

It was wonderful to welcome back one of the Federation flagship programs this month. Our newest shlicha, Inbal Lev, arrived in Chattanooga just before Rosh HaShana and hit the ground (and Zoom) running. Many of you have invited her for picnics in the park and brunches on your front porch. A couple of families invited her for dinner at the lake. There have been quite a number of Zoom introductions as well. In these unique times, everyone must find their own personal comfort zone regarding how best to interact and engage with Inbal. Thank you in advance for making the effort. You can reach out to Inbal personally at israel@jewishchattanooga.com and at (423) 385-0098. Stay tuned for the many creative programs she's got planned for us.

The Federation recently kicked off its 2021 annual campaign, and I am overwhelmed by the community's support and investment. Hundreds of you have turned in your pledge cards. Your support is valued, appreciated and so very needed. Many of you are increasing your gifts, thereby opening up national (JFNA) matching funds for our Social Services department. All NEW gifts, and first time gifts, will also be matched by this \$18 million fund. You are supporting not only our diverse programming but also giving hope and comfort to our most vulnerable community members.

If there was ever a year to make a first-time gift to the Federation, this is the year. We often hear the phrase "We are stronger together." Our community-wide fundraising campaign bears this out. Thank you for making your Jewish community and your Jewish Federation a priority.



Mike Spector mspector@kleenamatic.com

Anti-Semitism at Home

Even Chattanooga, the small tourist destination on the Tennessee River, is not immune to hate--or hate crimes. The latest incident involves swastikas painted on the Walnut Street Bridge

by a group of kids.

Rest assured, your leadership is paying attention.

from the

Federation Executive Director Michael Dzik called me as soon as the news broke. He immediately contacted our CRC (Community Relations

Committee), the rabbis, the police, Mayor Berke, the ADL, and the Secure Community Network. He also sent out a press release and a community email detailing the incident and what actions were being taken.

I did some research into the history of hate crimes in Chattanooga. Probably the most notorious was the bombing of Beth Shalom Synagogue in 1977. If it had been just a little earlier in the evening, there would have been loss of human life. As it was, there were only eight

men attending minyan that Friday evening, two men short of the number needed, and so they left early. How fortunate.

Sanford Winer tells about another 1970s-era incident. He was scheduled to attend a young leadership event where Stuart Lowengrub, the southeastern regional director of the ADL, was due to speak. The FBI called to say they had discovered Stuart's name and the location of the event at a white supremacist's home in Rossville, Georgia. The event was canceled. Sanford was deeply affected, and as a result served on the ADL board for a number of years.

I have seen our community come together in hard times before. After the Pittsburgh synagogue shooting in October, 2018, Jewish and non-Jewish leaders and clergy held a vigil at the Jewish Cultural Center. Over fifty clergy were in attendance as well as over 800 Jewish and non-Jewish community members. The multi-purpose room was full, the lobby was standing room only, and we put speakers up outside the building for those who could not get inside. This is what leadership, and community, looks like when we are threatened from outside.

It is my hope that the kids who painted the swastikas on the bridge realize the error of their ways. It is my hope that they renounce hate and prejudice, and that they grow up to be productive, and loving, members of our community. It isn't too late.



Ann Treadwell atreadwell@ jewishchattanooga.com 493-0270 ext 13

When Worlds Collide

Thanks to more than thirty years working in the non-profit sector, I learned (after many, many mishaps) that keeping my "work me" and my "home

me" separate kept me sane. There have been some notable exceptions. A board member from my Executive Director days in Pontiac, Michigan became my husband's best friend and my son's honorary uncle. Two of my closest friends were work colleagues from that time. Similarly, one of my board members from my time as the Executive Director of the Creative Arts Guild in Dalton became my son's long time mentor.

But for the most part I kept work and home separate because my personal life was complicated. For years I had very ill divorced parents living in two states, who then died two years apart. I had a 100+ year-old grandfather in a third state. I moved to escape the crack and poverty epidemic in Michigan. I had an estranged

from the

sister, a very sick--and then hyperactive--son, a husband regularly away on business, and then I became the

family matriarch. All of this time I held the belief that the stability of my family was one of the only defining characteristics of my life.

The politics in my work life were also complicated. In Michigan, the organization I ran was in a minority majority (Black and Puerto Rican) community. When I started the job, the Board of Directors was a majority wealthy white person on a collision course with the community.

In Dalton, I came to the job as the founders of the carpet industry were selling their family-owned businesses to large corporations and moving away, and there was a huge influx of Latinos coming to town and into the workforce. When I worked as Deputy and Interim Director of the Georgia Council for the Arts, then in the Governors office, I lived through the bloodletting removal of Democrats in all leadership positions and the installment of the Republican-led government.

Separate lives. Not always equal, to be sure, but manageable--mostly. And then in my second job in Chattanooga (Federation) many of you began to creep into my personal life. Business calls turned into friendly lunches and more personal conversations. There were tears shed when the Golden Agers and Chai Steppers

passed away. There were chats about politics...maybe even a little gossip. Whether a work commitment involved a drink, a birthday celebration, a housewarming, or just a simple act of kindness, there it was again: my personal and my work lives co-mingling.

And then came the pandemic (or as I like to call it, the pan-dam-it). My work life and personal life have now officially collided. Working at home, I manage family matters while integrating work – not unlike what many of you are doing. At work I manage program challenges while worrying about the welfare of all of you.

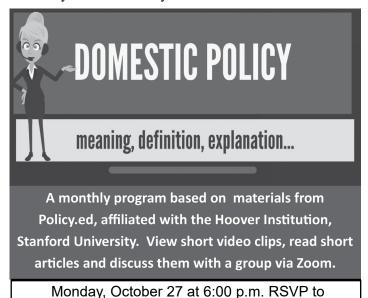
So how does this have anything to do with Federation programming? Simple, really. We have tried over the last ten years to become relationship-based in what we do. Our Zoom programs, including the Chattanooga Jewish Film Series, invites us into your home...and you into ours. And because we are relationship-based, it means we have the opportunity to communicate a bit more than as client and service provider.

It means that yes, I care if you are wearing a mask and staying safe. It also means that I invite you to spend time with a new member of our community, Inbal Lev, our new shlicha. She would like to meet each of you. But unlike in the past, because of the pandemic, you will need to meet her out-

side, in small groups. It will give all of us the opportunity to be creative, in-person and on Zoom. It looks like when worlds collide (and integrate)



we have great opportunities to experience many new things. Join us at the Federation – in person or virtually. We are the community that is here for you.



atreadwell@jewishchattanooga.com to get

the monthly materials.

vocial vervices



Christi Haustein Social Services Director chaustein@jewishchattanooga.com 893-9241

Looking on the Bright Side of Things

This month I thought I'd tackle the topic of optimism. While I did not write this article, I found it interesting and thought you would too. It has been edited for space and clarity.

"Research suggests that optimism is important in coping with difficult life events. Optimism has been linked to better responses to various difficulties, from the more mundane (e.g., transition to college) to the more extreme (e.g., coping with missile attacks). Optimism appears to play a protective role, assisting people in coping with extraordinarily trying incidents. Furthermore, optimism has been found to correlate positively with life satisfaction and self-esteem. Also, optimists are generally happier with their lives than pessimists.

"Optimists are also able to recover from disappointments more quickly. They are more likely to engage in problem solving when faced with difficulties, which is itself associated with increased psychological well-being. Optimists also tend to accept the reality of difficult situations while also framing them in the best possible light. While pessimists tend to cope through denial and



Brenda McColpin, RN, MSW

(423) 322-8641

Hours: Monday/Tues/Thursday

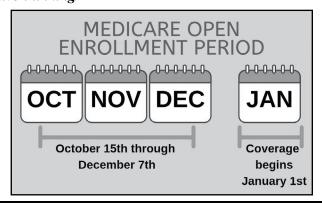
Staying positive during a pandemic may seem extremely hard to do. If you are feeling isolated, it's time to find ways to avoid feeling alone

and rejected. Pursue people with whom you share things in common. If you enjoy reading, consider reading a book together and discussing it over the phone or via Zoom. In a virtual setting, do a craft together, share poetry readings, or host a story-telling session. Most of us can find new ways to connect if we take the time to think about it. If you're at a loss for ideas, brainstorm with friends and family.

If you have the luxury of being able to get out, do not stay inside all the time. Take your pet for a walk, or read a book or eat lunch in a park. Walk around or just sit on a bench and enjoy being outside, engaged in your

abandoning impeded goals, optimists rely on acceptance and the use of humor. Optimism may even play a role in the well-being of caregivers for people with chronic illnesses. Caring for a loved one with a severe, terminal illness can have serious negative effects on psychological well-being. However, optimism appears to protect against the worst of these effects, as optimism has been associated with less depression and greater well-being in studies of people caring for others with cancer.

"Can a pessimist become an optimist? Martin Seligman, father of positive psychology, began his career studying depression, stress, and anxiety. It appears that optimism can be trained or learned. Thus, there is an argument to be made that anyone can learn to derive the numerous benefits of optimism. Source: https://www.pursuit-of-happiness.org/science-of-happiness/positive-thinking/



If you need to cancel/reschedule your appointment, please let us know in advance.

surroundings. As the temperatures start to cool, getting out in the fresh air can bring renewal. Remember, when it comes to transmission of the virus, being outdoors is considered safer than being indoors. Invite a friend to join you but practice social distancing and wear your masks.

We all need things to inspire us, to rejuvenate us, to invigorate us. It may feel hard to initiate, but it is vital to our well-being to take a step toward finding things that bring an added sense of pleasure, and a feeling of being connected. We can't always control our circumstances, but we can control our approach and our attitude. Staying connected seems harder right now, but it is not impossible. At least some of the choice is ours.

Take the first step today toward finding a new way to have a more positive tomorrow. As always, we are here to offer support.

Stay in touch through the website, community email, and our Facebook page. See inside back page of this *Shofar* for a handy list of contacts.

Join us for Tuesday Cafe via ZOOM

October 6, 13, and 20

Fix your lunch, sit down in front of your computer, laptop, or phone, and let's chat!

Meeting number: 747 223 9161

Password: 940790

Want to come in person?
We are hosting very small, in-person
Tuesday Cafe get-togethers, but you must
make a reservation in order to attend.
Contact Ann Treadwell for more information, at
atreadwell@jewishchattanooga.com
or 493-0270.



Meal Delivery

Need a meal delivered?
We are delivering meals on Thursdays.

Cost: \$8
Contact:

federation@jewishchattanooga.com or Christi Haustein

chaustein@jewishchattanooga.com (423) 893-9241



Mitzvah Meals Suggested Donations

- --\$8 per meal
- --\$90 per month based on 3 meals/week
- --\$125 per month based on 4 meals/week
- --160 per month based on 5 meals/week
- --190 per month based on 6 meals/week

Meals are delivery only until further notice.

All Mitzvah Meal recipients must be preapproved by Christi Haustein, Director of Social Services. Menus are set by the Kitchen Supervisor and Director of Social Services.

Kindertransport Chapel Seeks Artifact Loans and Donations



Pavel Lustig's violin

Thanks to a generous donation from Mike and Alex Birghenthal, Mizpah is renovating an

upstairs chapel in the Religious

Activities building that will be dedicated to the kindertransports. Prior to the outbreak of World War ll, kindertransports were an organized effort to rescue children and send them to the United Kingdom. Thanks to these tranports, more than 10,000 children were saved. Many of them were the only members of their families to survive the Holocaust. Mike Birghenthal's grandmother, Margot Kempner, was one of these children.

Mizpah is seeking Judaica artifacts from the World War II era to display in the chapel. If you are willing to donate or loan your artifacts, please contact Marilyn Center at msscenter@epbfi.com. All artifacts must be approved by the committee.

Mizpah sees this chapel as a resource for the entire community, and is eager to share it with all.

Mazel Tov

--to Alex and Mike Birghenthal on the birth of daughter Tillie Gayle Birghenthal August 24th. --to former Federation shlicha Einav Cahaner and her husband Asaph on the birth of their son, Nuri Amichai, on September 1.

Condolences

We are sad to announce the passing of --Neva Maynard, mother of Edie Maynard Redish, on September 19th.

The Federation will continue to provide rides to doctor appointments and the grocery store though we encourage you to utilize grocery store and pharmacy delivery services. Some offer these for free but we can cover the cost of delivery if you need help.

We are starting to phase back in normal transportation service and will continue to practice cleaning and social distancing procedures. Contact the drivers directly for rides. See schedule at https://www.jewishchattanooga.com/van-drivers/

Shlichim Program

We are delighted to welcome our newest Federation shlicha, Inbal Lev, to Chattanooga. We asked her a few questions to help us get to know her better. Please email her at Israel@jewishchattanooga.com or call her at (423) 385-0098 and welcome her to the community.

Where are you from in Israel?

I was born and raised in a small settlement called Alon HaGalil, which is in the northern part of Israel, not far from Haifa. Alon HaGalil was established in 1980 as part of Ariel Sharon's program to bring Jews to the Galilee area. It is a beautiful place, less than 300 families, and is a great, strong community.

Tell us about your family. I am the third of four kids: Maya, 28, is a social worker at Tel Aviv Municipality and recently got married. Shira, 25, is a criminology and education student at Hebrew University in Jerusalem. Ori is almost 17 and has just started his senior year in high school. My father, Alon, is an engineer who recently retired from "Mekorot," Israel's national water company. My mother, Limor, is a social worker who runs an association called "Northen Goals," which provides services for people living in Israel's northern periphery.

What is your educational background? In high school I studied biology and communications. My favorite subject was communications because they taught us to be critical thinkers. We learned to make documentary short films and I was part of a group that won a prize in a famous film festival in Israel.

What kinds of work have you been doing?

After high school, I volunteered at Beit Apple, a boarding school for children and youth at risk, in Gan Yavne. After that I served in the IDF for two years as an instructor for combats in training, in a special unit of the intelligence force. I finished right when COVID hit Israel. During COVID, I babysat in my hometown.

What made you want to be in the shlichim program?

I was fortunate to go to a Jewish summer camp in Michigan when I was 13, and took part in a P2G youth group between Israel and metropolitan Detroit. As I got older, I sought to maintain that connection, as I learned about its importance to both Israel and the US, as well as to the Jewish people. In addition, I have a desire to represent Israel from my point of view, the way I experience and know it. I also had a desire to see the world, to experience life far from home, and to create content and meaning in my community and my life.

What are your favorite things to eat? I enjoy all kinds of food. My favorite meal is Shabbat breakfast in my home. It's usually a late breakfast on Saturday, and we have challah,

Your campaign pledge helps support the shlichim program



L-r: Ori, Maya, Maya's husband Dan, Shira, Limor (mom), Alon (dad), and Inbal.

eggs, Israeli salad, tahini and all kinds of Israeli cheese. **What do you do for fun?** I enjoy Pilates and yoga, editing short films, reading and traveling.

What do you hope to bring to the Chattanooga community? I hope that I'll make meaningful connections with people of all ages and interests in the community, that will help close the gap between Israel and the diaspora.

What do you hope to learn or gain by being here?

This is my first time living all by myself. Until now, no matter how far from my parents I was, they were always within driving distance, I knew they were there for every little thing I needed. I want to learn to balance managing my own household with everything that will be going on in my life.

How would you describe yourself?

I'm friendly, creative, smiling, very good at making connections, and I have diverse interests.

What are your greatest strengths? What would you like to be better at? My greatest strength is I am very optimistic. As far as what to be better at, I would like to investigate my identity. Living in Israel has made me

Jewish, Israeli and part of a community. I did not have to have any thoughts about what my identity was or where I belonged – it was all clear to me: I was just



Inbal and parents

the same as the people around me. Living in Chattanooga, that is not the case. I hope that I will find answers to most of my questions about Jewish identity, and the community's.

Winners of Prize Drawing for Pledges Announced

As part of the Jewish Federation's annual campaign kickoff in August, we announced that all community members making a pledge to the campaign by September 15th would be entered into a drawing for several prizes. We are proud to announce that 221 pledges came in by the 15th! We held a drawing on September 17th with the names of all 221 community members. Congratulations to our winners and thank you to all who pledged!

Barry Gold: Israeli Wine Package **Bonnie Stoloff:** Flavors of Israel Package **Susan Wolf-Schwartz and Stephen Schwartz:** Dinner for 2, October 30th Shabbat Drive-thru

Please consider making your Federation pledge today. Now more than ever, this community-wide fundraising effort is so important. Thank you in advance for your support.

Fern Shire and Rob Lowe 2021 Campaign Co-Chairs

Campaign as of 9/21/2020: \$713,921

Thank you to all who have made a 2021 Campaign pledge! If you have not yet pledged, it's easy to do so! Simply contact Jewish Federation Executive Director Michael Dzik at (423) 493-0270 or email him at mdzik@jewishchattanooga.com to make your pledge.

William M. Hillner, Ph.D. Clinical Psychologist

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JFNA To Match Funds for Social Services Departments

Jewish Federations of North America (JFNA), our parent organization, has announced an \$18 million matching fund for social service needs. This special fund is to help with the increase and ongoing community needs due to COVID-19. Chattanooga is eligible for up to a \$25,000 that would go directly to our social services department. The match is 1:2 – so every \$2 in new money will be matched with an additional \$1 from the matching fund. Payment does not need to happen now – just new and increased pledges. Here's how we can tap into these funds:

- --Any new and first time campaign pledges received September 1st through December 31st will be fully matched 1:2
- --For any increased pledges received September 1st through December 31st, the increase amount will be matched 1:2

Have you already made your 2021 campaign pledge? Please consider a modest increase now to help us unlock these matching dollars. Reach out to Michael Dzik to let him know: mdzik@jewishchattanooga.com.

Over the past six months the Federation has ramped up numerous social services including transportation, grocery shopping, check-ins, medication deliveries, and meals. Your extra dollars will help us continue these increased services during these challenging times. One hundred percent of these funds will go to our local social service needs!



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Check our website for our daily menu

Chattanooga Jewish Film Series

This page and bottom of next, film series committee members share their take on the films. For film summaries and trailers for all films, go to jewishchattanooga.com and click on Film Series. See next page for viewing and sponsorship options.

OCTOBER FILMS



CRESCENDO (October 13, for sponsors only) is a wonderful film about what is possible regarding peace between Palestinians and Israelis. Layla and Omar, Palestinian musicians, join a fledgling orchestra comprised of Jewish and Palestinian musicians under the tutelage of a German conductor, recruited to merge the talents of each group and teach them to get along for the good of society, their own people, and their careers. The backstory--his family's Nazi past and his ability to deal with it and merge it into his teaching--is equally important. There is conflict in the film: between Layla and her family, the Israeli military and the Palestinians, and the two groups of musicians. The ending demonstrates how, despite tragic events, disparate groups can work together, and suggests what might be possible for the future of Palestinians and Israelis. Stephen Black, committee member

GOLDA'S BALCONY (October 20) is a film about a solo theatrical performance by Tovah Feldshuh, who moves effortlessly between her depictions of Golda Meir and another character. The film's multiple cameras allow for an up close and personal experience, as if the audience were there speaking with Golda herself. Her anguish is palpable in the difficult decisions she was forced to make, as is her strength and determination. The quality of performance in this film left me breathless. Do not miss this one. Frank Miller, committee member



THE CROSSING (October 27) tells the story of ten year-old Gerda, a brave heroine who dreams of a being a Musketeer. Along the way, it illuminates her intelligence and determination as well as her ingenuity and empathy. As

a symbol of female empowerment and strength, this self-appointed captain ushers her followers on an improbable quest for safety. A touching but serious story about trust, friendship, and the power of kinship that also shows how prejudice can be overcome through personal experiences. **Sheila St. Aubin, committee member**

Thank you Individual Sponsors (as of 9/20)

*Owen Allen *Robin Balser *Jeffrey Balser *Dana Banks *Claire Binder *Gerald & Susan Brocker *A Friend *Mary Chastain *Gary & Sally Chazen *Ruzha & Clif Cleaveland *Herb Cohn *Mike & Tracy Czarnecki *Harris Daniel *Karen Diamond & Clark White *Dr. David & Eve Drucker *Ted & Cora Feintuch *Ward Fleissner *Irwin Ginsburg *Ival and Doris Goldstein *Marilyn Goler & Warren Posternack *Ellen Hays *Hixson Eye Care *Lynn Hochman *Clive & Martha Kileff *Gary & Millie Lander *Betty & Charles Lebovitz *MJ & Howard Levine *Art & Vicki Lewis *Jen & Aaron Lincove *The Israel Tour Company *Tresa & Franklin McCallie *Gene & Nora McNeill *Will & Glyn Melnyk *Frank & Pam Miller *Carla Nixon *Helen Pregulman *Irvin & Judi Pressman *Barry & Sande Schulman *Michael B. Seiden *Pris & Robert Siskin *Janet Sivils *Stanley & Helen Smith *Fuz Spector *Trudy & Tom Trivers *Alan & Susan Waxenberg *Dana & Richard Waxler *Elaine & Sanford Winer *Arthur Winer & Mallory McCreary *Richard and Ruth Longway Zachary



We Appreciate You!

Chattanooga Jewish Film Series

The Thirteenth Annual Chattanooga Jewish Film Series begins October 13th with a screening of *Crescendo* (this film available to Family/Individual Sponsors at the \$75 level only) and continues weekly. A full listing of all movies, plus links to trailers, is at jewishchattanooga.com. Please see below for sponsorship details and what is included in each package.

There will be two viewing options:

- 1) In-home viewing: We will send you a viewing code to plug in. Films will be available from noon on Tuesday to noon Thursday. For some films, guest speakers will be [virtually] available to discuss the film at 7pm on Thursdays.
- 2) Watch at the JCC: A limited number of people will be able to watch films in the big room safely spaced apart. To claim this option, RSVP to 493-0270 to the first day of the film's screening. Masks will be mandatory and chairs will be set up to comply with social distancing. No walk-ins or payments taken at the door.

Online pre-payment for all sponsorships, and subscriptions, and single film viewings will be required. This will allow us to capture your email address in order to send you the viewing codes. Following each film, we will send you an evaluation and the chance to win a prize.

SUPPORT THE CHATTANOOGA JEWISH FILM SERIES

1) Family/Individual Sponsor* - \$75 per household

This entitles your household to view all five films in the Series, plus one extra (Crescendo).

Crescendo is the story of world-famous conductor Eduard Sporch's experience as he creates an Israeli-Palestinian youth orchestra, and is quickly drawn into a tempest of sheer unsolvable problems. This German film is subtitled and lasts 102 minutes.

--As a special "thank you" to sponsors, we will provide a drive-thru cocktail party. Come to the Jewish Cultural Center Tuesday, October 13 between 4-6 PM and receive a box of amazing Kosher appetizers and a bottle of wine to take home. All sponsors MUST RSVP in advance for this opportunity to ensure enough boxes are available.

--Your name will appear in *The Shofar* along with our corporate sponsors (see box opposite page).

2) Family/Individual Subscriber - \$50 per household

As a subscriber, you will be able to view each of the five films beginning October 20th. (Subscribers are not eligible for the sponsor film or the sponsor virtual cocktail party box.)

3) One Film at a Time

View the film or films of your choice without committing up front to all of them. This option is \$12. Does not include the sponsor film, and must be pre-paid on the website.

To support the Film Series, go to jewishchattanooga.com.

NOVEMBER FILMS

One of the most memorable sites I visited my first time in Israel was the Yitzhak Rabin Center. I knew Rabin had been involved with the Palmach, the IDF, an Ambassador to the U.S., twice Israel's Prime Minister, and won a Noble Peace Prize for the Oslo Accords. The Center displayed all his achievements and the warmth of his life. What I didn't know about until I saw *INCITEMENT* (Nov. 3) was the quiet depth of hatred surrounding him, or how that hatred simmered, resulting in his murder on November 4th, 1995. *INCITEMENT* is a thriller of epic proportions *Ann Treadwell*, *staff*

Watching AN IRREPRESSIBLE WOMAN (Nov. 10) is like reading a historical novel or memoir that you cannot put down. Aptly named, "AN IRREPRESSIBLE WOMAN" is about love, sacrifice, courage, patriotism, perseverance and loyalty. The film is a fascinating history lesson, bringing to life the intense relationship between sixteen year-old Jeanne Reichenbach and Léon Blum, the three time socialist, Jewish Prime Minister of France during WWII. Helpful Hint: It will add to your enjoyment and understanding of this film to read about Leon Blum in Wikipedia or a similar source prior to viewing the film. Sanford Winer, committee chair

In *THE KEEPER (Nov. 17)* Bert Trautmann is a German soldier in 1944. After the war, his life becomes "one for the ages." Imprisoned in England, his life turns on his singular skill: as a goalkeeper in football (soccer). He carries the burden of memory of actions taken (and not taken) during the war. This movie – a true story – deals with love and loss, guilt, forgiveness, and ultimately acceptance, on a personal and political scale. Bert's life is inescapably linked to his past, but it is his past that ultimately saves him. *Richard Zachary. committee ember*





Meghan Graybeal alephbet@jewishchattanooga.com (423) 893-5486

Last month, the children of Aleph Bet were so thrilled to celebrate Rosh Hashanah with a special visit from Rabbi Lewis. It was a gorgeous afternoon spent outside with honey cake, apples, pomegranates, and a wonderful sounding of the shofar! We were also lucky enough to host Inbal, and we can't wait for all the time we will spend together in the coming months.





Curious kids enjoy an early fall day outside.

Shofar-blowing by Rabbi Lewis at Aleph Bet



Upside-down painting is a real thing





Train your cell phone camera on the QR code to go to aleph-bet.com to learn more about AB.

Shabbat Drive Thru Dinner Pick-Up!

Jewish Cultural Center

Friday, October 30 2pm – 4:30pm Reservations and pre-payment required by October 21

www.jewishchattanooga.com or call 423-493-0270

Children under 7 free; 7-12 years \$7.00 \$14 per person; \$25 for two adults Menu and details on back



Included in Shabbat dinner:

*Challah, candles, grape juice
*A choice of oven fried chicken
or vegetarian option must be
made at the time of order

* Oven roasted fall vegetables *Red skin oven roasted potatoes *Chef's choice cake

Delivery option available by request when reserving

Reservations and pre-payment must be made no later than Friday, October 21

Sorry no last minute orders.



Mollie Gabelman Bat Mitzvah, October 24th at Mizpah

Mollie is a self proclaimed friend to all and if you have ever met her in person you know this to be true. She is the first to volunteer for anything especially when it involves cooking or baking, or helping Miss Lily. Her personal commitment to her Hebrew studies during quarantine has been an inspiration to the whole family. She is an avid reader, talented artist and is especially good at math. Mollie is currently in 7th grade at Ivy Academy. Her grandparents are David and Nancy Gabelman and David and Nancy Jaeger.

No Place for Hate Initiative



No Place for Hate® is an initiative of the Anti-Defamation League offered free to schools. With public displays of hate on the rise, it is more important than ever for

schools to commit to programs that clearly define expectations in behavior for all members of the community. Whether you are a student, educator, or family member, you have a role to play in combating bias and bullying as a means to stop the escalation of hate.

How to become a No Place For Hate® School

After you register, there are five steps to earn your certification. ADL is available to help you in whatever ways you need, but it's in your hands to make it happen.

Deadline to Register for *No Place for Hate* for the 2020-2021 school year is October 28th.

For more information and to register for the program visit: http://elearning.saviane.com/courses/ADL/NPFH/story.html.



Two Words of Advice for the Concerned Buyer or Seller:

When you buy or sell real estate, and you want assurance that your investment is protected, heed these two words of advice:

Andy Hodes

With his in-depth knowledge of the local market, Andy is more than a real estate agent. He is a real estate **counselor**, a caring **professional** who helps you make the **right** decisions.

Call Andy today for a free, no-obligation consultation!



D: 423-664-1818 O: 423-664-1600 Andy@AndyHodes.com www.AndyHodes.com

GREATER CHATTANOOGA



The **ZOOM** Crew

During these unusual (and highly unpredictable) times, we want our Jewish teens to know they can count on at least one thing to be consistent: The Jew Crew! Even in isolation, we will find ways to bring this group of amazing teens together.

Our first program of the year was - yes, you guessed it - a ZOOM event at the end of August, where we welcomed back our veteran members



and ushered our new 9th graders into to a brand new year. We were also thrilled to have a special surprise guest join us. After playing a fun game of 20 Questions, the teens quickly guessed it was our new shlicha, Inbal Lev, joining us from Israel!

As a reminder, The Jew Crew is a program of the Jewish Federation of Greater Chattanooga whose purpose is to bring together our community's Jewish 9th through 12th graders. We meet once a month for social activities and social action projects. We make the world a better place and we have a great time doing it. In light of COVID-19 and the continued social distancing restrictions, The Jew Crew will rely on virtual programming for now. But as soon as it is safe for us to all be together in person, we will make that happen. If you know a Jewish high school student who hasn't joined The Crew yet, it's never too late!

Alison Lebovitz and Andy Hodes Jew Crew Co-Advisors

young jewish leadership

NEW! Joint Leadership Study Program (ages 22-40ish)



"The task of the leader is to get his people from where they are to where they have not been," as Henry Kissinger said. However, for those of us emerging into the adult environment so strongly referred to as "the real world," some of us are a little apprehensive about what that means. "Where they have not been" could describe many locations, many milestones, and many experiences that we ourselves have yet to experience. In this age of readily available information, it is still easy to feel a little lost and small in a world that is much bigger than ourselves.

Emma Pulley, Jacksonville FL, L2G Alumni 2017

This study program brings together groups of Young Professional Adults in each community and across communities. The program takes advantage of current communication technology to engage Israelis & Americans, who will be paired together for *havruta* (one-on-one learning sessions). The program encourages people to connect across geographical, cultural and religious denominational boundaries. It seeks to foster strong friendships while developing leadership skills. Through selected texts, the counterparts learn about their Jewish heritage and identity, and gain greater understanding of their responsibilities, as Jews, to their own community and to the worldwide Jewish community.

The program spans five months of study sessions for a total of ten sessions. Five sessions will be one-to-one with your matched partner and five sessions will be full group sessions with all American and Israeli participants.

The course will begin in November. Register by Sunday, October 4. https://forms.gle/11RV8SkJPFAB7Ciz5 Questions? email atreadwell@jewishchattanooga.com

Responding to Acts of Hate



Alison Lebovitz

The following article and interview with Alison Lebovitz appeared September 18th in the Hamilton County Herald. It has been edited for sapce and to include comments made by CRC Chair Austin Center.

'A List' host Lebovitz talks about fallout of swastikas on Walnut Street Bridge

By David Laprad

Alison Lebovitz is the host of "The A List" and a leader in the

local Jewish community. She says constructing and ascending a ladder of hate is easy, and urges the people of Chattanooga to build "bigger and taller ladders of kindness, acceptance, respect something. And do something. and love." The Jewish community spoke out when the Rock on the University of Tennessee at Knoxville's campus was painted first, we have to recognize it when we see it or with antisemitic remarks. It then spoke out when Nashville's Holocaust Memorial was desecrated.

And it responded quickly after Nazi swastikas appeared our stance. on Walnut Street Bridge and in the Bluff View Arts District Sunday morning.

"As a faith community, as good citizens and as Americans, we condemn this act of antisemitism in the strongest of terms. Hate against one is hate against all," the Community Relations Committee of the Jewish Federation of Greater Chattanooga declared in a news release.

CRC Chair Austin Center said, "Having lived in Chattanooga my whole life, and hearing the news today that someone painted swastikas on the Walnut Street Bridge and in the Arts District made me sick to my stomach. Today, in my hometown, we speak out. Our history is built on overcoming the odds and working to better our community. As we condemn these acts of hate, let us each strive to teach others acts of kindness and respect."

Michael Dzik, executive director of the Jewish Federation, said seeing acts of antisemitism in his hometown was surreal.

"I take any act of antisemitism and all forms of hate seriously. Although unsettling and disturbing, this only gives the Jewish community more resolve to continue fighting against hate. Additionally, we will continue building bridges of friendship with all peoples and communities."

Now Alison Lebovitz, another leader in the local Jewish community, contributes her thoughts.

As the host of "The A List," a weekly interview series for WTCI, Lebovitz is never at a loss for words. Here, she answers questions about what she thought when she learned about the incident and how she hopes the Jewish community and the broader Chattanooga community responds.

What were your thoughts when you learned swastikas had been painted on Walnut Street and in Bluff View Arts District?

"I was shocked, angry, heartbroken and deeply saddened to learn this devastating news. For this to happen at any time and place is horrific and inexcusable. When it happens today, in 2020, and in your own backyard, it's even more terrifying.

"The timing of this was especially disturbing as it came just days after our country united in solidarity to honor the victims of the horrific events on 9/11 and just days before Jewish people across the world will celebrate Rosh Hashanah, one of the most sacred holidays in the Jewish calendar."

How can people who are against hate in all forms respond?

"Eli Wiesel once said, "The opposite of love is not hate, it's indifference." If you see something, say

"We must call out hate in all of its forms, but experience it and name it when it rears its ugly head. We cannot stand by silently, and we cannot be neutral in

"We must have conversations with our children, spouses, partners, parents, neighbors, family and friends about this incident and others when they occur to make sure none of us ever stand idly by while someone else is bullied, marginalized, persecuted, picked on or meant to feel like an "other."

"Antisemitism is neither a new threat nor a dwindling one. Our history has prepared us for moments like this. Our faith gets us through it and reminds us that adversity only makes us stronger."



Selma to Montgomery, Alabama March 21, 1965. March leaders (wearing leis) from left to right: John Lewis, a nun, Ralph Abernathy, Martin Luther King, Ralph Bunche, Rabbi Abraham Joshua Heschel and the Reverend Fred Shuttlesworth.

מחנוגה **machanooga** A bridge to Jewish learning

923 McCallie Avenue youth@mizpahcongregation.org traci.sloan@gmail.com.



Machanooga is a joint program between Mizpah and B'nai Zion that serves children from pre-K to 8th grade

Thanks for an amazing start to this new year of Machanooga! It was so lovely seeing you all on September 13th, and meeting new friends. If you weren't able to make it, we look forward to seeing you on our first day of school, October 18th at 10AM.

We are beginning a very special project this week to keep us connected. We will be circulating a canvas for your family to make their mark on. In the square labeled for your family, we want you to illustrate how the High Holy Days are being celebrated in your home this year. You can use any materials you like, whether it be markers, paint, feathers, or even wax.

Each family will have three days to create their illustrations from the time that they receive the canvas. After those three days, we will arrange a time to pick it up from your family and give it to the next on the schedule. When you pass the canvas, you should also pass a card or note to be given from your family to the next. If you are unable to complete your illustration within the three days, please let us know ASAP. You will be assigned new days to have the canvas. A schedule has gone out to all families, so check out when you will be receiving it!

All pickup should be arranged with Lily, either through email or phone. Lily can be reached at youth@mizpahcongregation.org or (423) 290 5264. All social distancing and handwashing guidelines would be followed while passing the canvas.

Modified Fall Semester Dates 2020 - 2021

October 4 - Sukkot - NO SCHOOL

October 11 - Fall Break - NO SCHOOL

October 18 - Start Date for all Virtual Learning

October 25

November 1

November 8

November 15

November 22

November 29 - Thanksgiving - NO SCHOOL

December 6

December 13 - Virtual Chanukah Party - Last

Day of Fall Semester



Did you know? Machanooga has its own cheer! Learn it here!



Kol ha'olam kulo
Gesher tzar me'od
Re - mi - fa - so - la - ti - do
Machanooga... LET'S GO!!!
The main thing is have no fear
The future is drawing near
HaShem hu adir
Let the world hear
Machanooga, Machanooga,
Machanooga...
CHOO CHOO!



All Mizpah worship and study programs are online.

Refer to your Monday and Friday email announcements and reminders.

We continue to evaluate and judge when it is safe to reenter the building.

Thank you for your patience. Please stay connected!

Richard Zachary

923 McCallie Avenue Chatt. TN 37403 423-267-9771

Office@mizpahcongregation.org www. mizpahcongregation.org

Mizpah Ongoing and Special Activities

Please attend your favorite Mizpah activity. We offer virtually everything you are used to:

Lunch 'n Learn: Thursday at 12:15

Kabbalat Shabbat services: Friday at 6:00 pm

Torah Study: Saturday at 9:00 am **Shabbat worship**: 11:00 am

Special Events:

October 3rd: Havdalah in the Sukkah: 7:00 pm October 24th: Bat Mitzvah of Mollie Gabelman

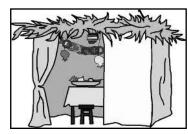
For Details: www.MizpahCongregation.org

B'nai Zion and Mizpah Building Share

An agreement exists to guide the sharing of space at Mizpah. Ample room is being made available to accommodate a rabbi, support staff and other lay leaders. Angela Rickert, Mizpah Temple Administrator, will supervise the building and guide the process. Mizpah President Frank Miller and B'nai Zion President Scott Israel are in close contact to ensure an effective transition. Use of the building inside will begin when it is mutually agreed that the building is safe to reenter. The agreement will continue until one or both parties wishes to terminate. We are excited for the possibilities and opportunities for joint programming.



Havdalah in the Sukkot



Join Mizpah for Havdalah in the Sukkah on October 3rd at 7:00 pm! We'll be physically together, with the opportunity to shake the lulav and etrog (with gloves and hand sanitizer!) and celebrate the mitzvah of

congregating in the sukkah. Guests must observe all social distancing guidelines, and masks are always required. No food or drink will be allowed at this event (see next paragraph) To attend, you must RSVP through the Temple office. Space is limited, so RSVP early!

If you are not able to attend this event, not to worry! You can still celebrate in our sukkah with your family. During the week of Sukkot, October 2nd to October 9th, Mizpah and B'nai Zion members are invited to schedule a time with the Mizpah office (267-9771) to come into our garden, eat a meal (that you bring) in the sukkah, and shake the lulav and etrog. All social distancing guidelines still apply, and masks are required unless actively eating.



Rabbi Lewis and the Religious Activities Committee wish to thank all the High Holy Day participants, organizers and planners: Lily Dropkin; Richard Zachary; James Brown; Angela Rickert; Steve Smith; Sukkah Build Team 2020; shofar blowers Bruce Shaw, Shelton Goldblatt, and Marissa Street; liturgy readers; Torah and Haftarah portion readers/chanters and Torah/ Haftarah Blessers; and Rabbi Lewis.

We send a special toda raba out to our "international contingent" of guests: Nicole Taege from Israel and Deb Tepper from Toronto. Another out of town participant was Maral Rahmani. And a big thank you goes to Dana Banks, Amy Cohen and Susan Wolf-Schwartz, who planned, organized, and carried out our Drive-By Yom Kippur Goodie Box.





Check out our website at www.bnaizioncongregation.com and like us on Facebook!

Sukkot

SUKKOT BEGINS FRIDAY, OCTOBER 2 ZOOM SERVICE TIMES ARE AS FOLLOWS:

FIRST WEEKEND

Friday, Oct. 2 - Kabbalat Shabbat at 6:00 pm Saturday, Oct. 3 - Shabbat Services at 10:00 am Sunday, Oct. 4 - Lulav Waving at 10:30 am



SECOND WEEKEND

Friday, Oct. 9 – Kabbalat Shabbat at 6:00 pm

Saturday, Oct. 10 – Shemini Atzeret combined with Simchat Torah at 10:00 am

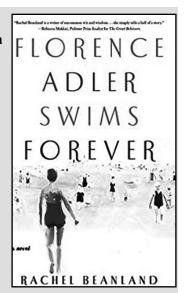
Rabbi Norry's Class Schedule

Weekly Wednesday classes with Rabbi Norry will begin October 14th immediately following Wednesday minyan using the same Zoom link & meeting ID. Check our weekly emails for specific information on the upcoming week's class.

Meeting ID: 845 0521 2418

Book Club

Tuesday, October 27@10:00 am Meeting ID: 841 9782 7577 BZ is getting the book club up and running on Zoom starting this month. We will delve into Florence Adler Swims Forever by Rachel Beanland in October. A story of family secrets, loss, romance and more, this novel is sure to enthrall.



A Meal in Mizpah's Sukkah for BZ Congregants



If you wish to enjoy a meal in Mizpah's sukkah during the intermediate days of Sukkot, contact Angela at Mizpah at 423-267-9771.

Idea Schmooze and Havdalah

Saturday, October 24th at 7:30 pm via Zoom. Come together for a virtual social gathering of singing, schmoozing and havdalah with BZ congregants and Rabbi Norry. Let Rabbi Norry know your ideas for BZ: what you love about it, and questions you might have. Bring your own candles, fragrant spices, and wine or juice as we make havdalah together.

Meeting ID: 830 3221 4726



Rabbi Norry is here for you! Reach him Tuesdays and Thursdays, 9am-noon at 423-894-8900, ext. 702.

Rabbi Shaul Perlstein



"Bringing It Home" Begins

Chabad is proud to introduce our NEW "Bringing it Home" curriculum to our 2020-21 Hebrew School. With our children spending more time at home during the school year than ever before, this curriculum is especially designed to make Judaism, mitzvahs, Jewish identity, and values come alive.

Our curriculum will be taught through drama, construction, STEM, games and stop-motion animation. In addition we will continue with Aleph Champ: a karate inspired Hebrew reading program.

What do karate and Hebrew reading have in common, you ask? Karate is a traditional art that is divided into ten colored levels. Moving up a level is proof of hard work and determination and is therefore a source of pride.

Aleph Champ takes inspiration from karate and divides Hebrew reading skills into 10 colored levels. There are fun games and activities to help the students meet their goals. Moving up a level in Aleph Champ is a source of pride for students and this makes them motivated to continue to strive and succeed. The development of self motivation is unique to the Aleph Champ Hebrew reading program.



The Sukkah Mobile



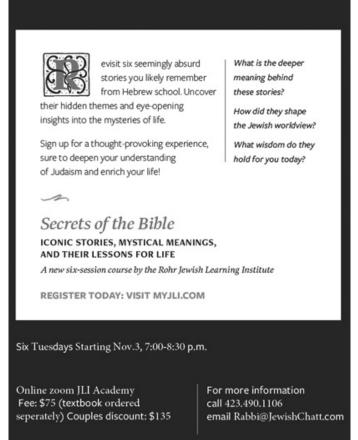
The sukkah is a temporary hut for outdoor dwelling, consisting of three or four walls constructed for use under the stars. Its roof is topped with natural tree branches and vegetation, known as *sechach*. The Sukkah Mobile is all that, on the move.

A sukkah does not need to be stationed on the ground. As long as the sukkah is a strong struc-

ture, covered with vegetation and beneath the open skies, the sukkah is generally kosher. (There are a number of guidelines and requirements that must be followed in its construction, and regarding the location where it is erected, in order for a sukkah to be deemed "kosher"—fit for use)

Adventurous sukkah inventors have come up with many different innovative sukkah creations, like ones fitted for camels and elephants, portable pop up sukkah's, pedi-sukkahs and an 18-wheeler sukkah mobile.

Chabad's Sukkah Mobile will be driving all around town. Hop on board, say a blessing, do the lulav shake and have an awesome sukkot! Follow us on social media or text 423-490-1106 for a live location or to request a stop off.





Hadassah Happenings

by Judith Sachsman

A special thank you to Kathy Kessler, Millie Lander and Helen Smith for this year's beautiful High Holiday card. To all members who have contributed to this annual card, your donations are going to support modernizing and expanding the Round Building of Hadassah Hospital. Hadassah has interrupted the renovation of the historic Round Building at Ein Kerem to dedicate entire floors to Covid-19 treatment. In addition, HMO researchers are working on innovative versions of treating the corona virus, as well working on their own version of avaccine. It has never been so important to support Hadassah and Hadassah Hospital as it is now in this fight against COVID-19.

On Wednesday, October 7th, the SuperSouth Tri-Region of Hadassah will be hosting an event for Annual Givers. All current Chai Society members (\$180/year), Silver Chai members (\$360/year), Traditional Keepers (\$1000/year), Chai Keepers (\$1800/year), New Silver Keepers (\$2500/year) and Golden Keepers (\$5000/year) will receive a special invitation by email.

The program will follow a Sukkot theme for members to join in their Sukkot, virtual Sukkot, or creative Sukkot environment. Participating in this event will be Rabbi Rebecca Sirbu, Janice Weinman (CEO of Hadassah), and the wonderful Jewish singer and entertainer from Memphis, Elenor Tallie Steinberg. (Elenor, who is the granddaughter of Marcia and the late Jay Menuskin, was originally scheduled to perform at the Jewish Cultural Center this past March, but that event had to be canceled.) There is no charge to attend this event and anyone who is interested in becoming an Annual Giver and would like to receive an invitation

Elenor Tallie Steinberg

should contact Dana Waxler at dwaxler@hadassah.org, who is also the National Hadassah Co-Chair of Annual Giving.

Inbal Lev, the Jewish Federation's newest shlicha, will join Hadassah members (virtually) Sunday, October 18th at 2 p.m for coffee and conversation. While members enjoy their own coffee and treats, Inbal will be answering questions about herself and

Israel in this informal setting. Hadassah is happy to welcome her to our community and to all our programs. For this event, members will receive a Chattanooga Hadassah email invitation with a link to click on to connect via computer or smart phone. There is no charge for this program, although members can always make donations to Hadassah Medical Organization which supports medical research and Hadassah Hospital.

Join Hadassah@Home for interesting recipes, videos concerts and interviews. See how Hadassah is fighting the war against Covid-19.

Let Hadassah take you places!

Hadassah enhances the health and lives of people in Israel, the United States and worldwide. By connecting and empowering Jewish women to effect change, we are the women who do. In the time of a Global Pandemic, we are Hadassah. Be proud of who you are, Hadassah women.



October

Stay Informed

A full listing of monthly programs is on our website, jewishchattanooga.com, where you can RSVP.

Up-to-date information about online programs, cancellations and changes can be found here:
--weekly community email
--Federation Facebook Page
(Jewish Federation of Greater Chattanooga
--Federation website
(Jewishchattanooga.com)

QUESTIONS? Call us! Our lines are forwarded to our cell phones during regular business hours.

Please let the Federation know how we can help you during these challenging times.

CONTACT LIST

all addresses are @jewishchattanooga.com

Michael Dzik mdzik Annette McJunkin amcjunkin atreadwell Ann Treadwell Inbal Lev israel chaustein Christi Haustein Brenda McColpin nurse Meghan Greybeal alephbet Jake Balser federation Dana Shavin dshavin

Federation offices slowly re-opening. See you soon! Stay safe and stay masked.

Join the Jewish Federation Legacy Society

The Legacy Society is made up of individuals who, in the tradition of our Jewish faith, wish to share their blessings with others by providing for the future needs of the Jewish community. There are a number of ways to contribute to the Jewish Federation's Endowment through estate planning: a bequest in a will, contribution of the remainder of an IRA or other retirement plan, a life insurance policy, charitable remainder trust, donor advised fund, charitable gift annuity, piece of real estate, securities or other property, or the donation of other assets. However they choose to contribute, Legacy Society members can be sure that their planned gift will turn their dreams for a strong future Jewish community into a reality. Join today.

Anonymous (2)	Brouner, Lee	Hanan, Michael	Lebovitz, Betty	Rosenfeld, Roy
*Allen, Amelia	Center, Austin	Hanan, Rachel	Lebovitz, Charles	Siskin, Pris
Allen, Owen	Center, Marilyn	Hanan, Victor	Lebovitz, Lauren	Sivils, Janet
*Alper, Maxine	Cohen, Tal	Hill, J.R.	Lebovitz, Michael	Spector, Linda
Balser, Jeff	Cohn, Herb	*Hochman, Colman	*Levine, Lawrence	*Spector, Mark
Balser, Robin	*Cohn, Sue	Hochman, Lynn	Lowe, Beth	Spector, Mike
Barukh, Rebecca	Cowan, Rob	Hodes, Alvin	Lowe, Rob	Susman, Gail
Berz, Bob	Diamond, Karen	Hodes, Andy	*Malsh, Rebecca	Susman, Joel
Binder, Claire	DiStefano, David	Hodes, Melody	*Nash, Ike	Weiner, Cara
Black, Bonnie	DiStefano, Susan	Howard, Lynn	Oxenhandler, Barbara	White Dropkin, Donna
Black, Stephen	Dittus, Sandy	Israel, David	Parker, Jordan	Winer, David
Bogo, Jerry	Dropkin, Warren	Israel, Scott	Pregulman, Helen	Winer, Elaine
Bogo, Rosalee	Dzik, Michael	*Jaffe, Dot	Richelson, Alan	Winer, Finette
*Bohn, Jerry	Dzik, Paula	*Jaffe, Sam	*Richelson, Miriam	Winer, Sanford
Brooks, Ellyn	Fairchild, David	*Lakow, Harry	Rose, Cassie	Zachary, Richard
Brooks, John	*Frank, Estelle	Lebovitz, Alison	Rose, Kevin	•
Brouner, Betsy	Hanan, Jan	Lebovitz, Alan	Rosenfeld, Jackie	* Deceased

See how easy it is to join the Legacy Society!

Call Michael Dzik at 493-0270 ext 15.



P.O.Box 8947 Chattanooga, TN 37414

Jewish Cultural Center: 5461 North Terrace Road Chattanooga, TN 37411 (423) 493-0270

The Shofar

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Find us online at Jewishchattanooga.com





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