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## FROM THE EXECUTIVE DIRECTOR

**Without a sense of caring, there can be no sense of community.**

It has been nearly a year since the COVID lockdowns began. One year. I'm not sure if time is flying by or standing still—probably a little bit of both. What's somewhat comforting is that the vaccine rollout continues to move forward with millions of people signing up. In Chattanooga, the rollout was disorganized, but more recently seems to have found some consistency. Appointments for vaccines are most simply made online, but we know that technology isn't everyone's strong suit.

Did you know the Federation's Social Services department can make your appointments for you? That's right! When appointments open up, we are notified immediately. If we know you are in need of the vaccine, we can make your appointment for you. Just let Christi Haustein, our Director of Social Services, know that you'd like to be on our list. And, if you need transportation to and from that appointment, we can do that for you as well! It's one of the many services we offer to our community. By the way – need to get to the polls to vote on March 2? We can give you a ride for that as well. We're here for you!

Thankfully, our social services team has all received their vaccine—Christi, our nurse Brenda and all of our drivers, along with Alice, who prepares our meals. Other staff are still waiting in line but are eager to sign up when it's our time—especially our Aleph Bet teachers!

Speaking of Aleph Bet, this year's spring fundraiser will be virtual, and we need everyone's participation to make it a success. First, sign up in advance for a special "Breakfast for Dinner" drive-through on Wednesday, March 10. Meals are \$14 each or 2 for \$25. Next, buy a \$25 raffle ticket (or two, or three) where all of the proceeds go to Aleph Bet. Our big raffle prize is a free weekend stay at a

cabin near Gatlinburg, TN (\$1,000 value). The cabin sleeps 12+ comfortably, so winners can bring their entire extended family! We would love to raise \$5,000 or more but can only do so with everyone's support. You can buy tickets online at [JewishChattanooga.com](http://JewishChattanooga.com), mail in a check, or give us a call.

Did you see the Federation is starting to offer handyperson help to community members? We're calling it Handy Helpers. We are still seeking additional volunteers (see page 5). If you have any DIY skills, please let us know. We hope to begin helping our community members very soon, especially as more and more people receive their vaccine.

**I'm not sure if time is flying by or standing still - probably a little bit of both.**

Finally, the Federation's Community Relations Committee is refocusing its efforts in working with our local African American community. January's film, *Shared Legacies*, along with our local discussion with Clark White, Bob Berz, and Herb Cohn, has sparked renewed interest and energy in reconnecting. Although we are hoping to create an in-person event later in 2021, we are working now to develop and create friendships. Our support of each other can and will be a powerful force to address both racism and antisemitism.

Looking forward to seeing all of you on Zoom very soon!

*Michael Dzik*

**Michael Dzik**

[Mdzik@JewishChattanooga.com](mailto:Mdzik@JewishChattanooga.com)  
893-5443



## FROM THE BOARD CHAIR

**Mike Spector** Mspector19@Gmail.com

### ***Don't Be Indifferent***

As an active member of the Jewish community, I have always been taught to stand up for others. It's not just a human value, it's also a Jewish value. Elie Weisel, Holocaust survivor, and Nobel Laureate once said "We must always take sides. Neutrality helps the oppressor, never the victim. Silence encourages the tormentor, never the tormented. Sometimes we must interfere...Wherever men or women are persecuted because of their race, religion, or political views, that place must—at that moment—become the center of the universe."

We are living in a quite polarized world today. Listening and conversation have turned to shouting and ignoring. We're becoming a society of "right and wrong" rather than a society of listening, understanding, and respect. As the title of Rabbi Brad Hirschfield's book states, "You don't have to be wrong for me to be right."

In January, the Federation produced two important programs to discuss racism and antisemitism. After showing the film "Shared Legacies," the Federation led a local conversation about the Civil Rights Movement in Chattanooga. We learned how many in the Jewish community stood up and helped the Black community. In other ways, the local Jewish community was more silent, or at least behind the scenes with their support. Rabbi Sandra Lawson, who is Black and Jewish, spoke at the Federation's annual meeting on ways racism and antisemitism have touched her life. These topics are at the forefront of our minds today.

Your Federation will be refocusing some of our energy on addressing racism and antisemitism through our Community Relations Committee (CRC). We're looking at ways to build trust and friendships with the Black community, including through dialog and social programming.

**Cont. Page 5**



## FROM THE PROGRAM DIRECTOR

**Ann Treadwell** Atreadwell@JewishChattanooga.com • 493-0270 ext 13

### ***Social Justice Goes Beyond Serving Just Those People We Know***

I was 6, maybe 7 years old when my mother introduced me to the importance of social justice in a hands-on manner. She would take me to Harlem where we would work in a food bank, to Spanish Harlem where we would help to hem dresses for quinceaneras for girls who had no maternal help, babysit in the Puerto Rican community for working mothers, or to bring homemade bread to people experiencing homelessness on Bowery Street. We would bring dinner to the jazz musicians at St. Peter's Lutheran Church when they jammed late on Sunday nights.

I don't remember if we were ever asked to help, or if we were thanked. I do remember we did it because my mother instinctively knew it was the right thing to do. One of the things I realized then was that it was my responsibility to help those who did not have sufficient help meeting their basic needs. This is a commitment I am proud to say the Federation shares through a program we quietly manage.

Our Jewish Federation facilitates a national program called the Emergency Food and Shelter Program (EFSP)

for Hamilton County. Established 38 years ago by FEMA, United Way of North America, Jewish Federations of North America, Catholic Charities USA, The Salvation Army, American Red Cross, and the National Council of the Churches of Christ USA, our Federation took over from our local United Way. The program ensures that the most vulnerable have access to local programs through federal dollars. A local board consists of representatives from each national organization and past local agency recipients and serves as the allocations committee.

EFSP funds are appropriated through an act of Congress as part of the budget process. Each phase represents a different congressional act. The county's award is based upon Hamilton County's total number of unemployed as compared to the total number of unemployed in all qualifying areas and is restricted by legislation. We have just completed Phase 37, or the 37th year of the program. In 2020, as a response to COVID-19, Hamilton County received an additional \$184,006 as part of the CARES Act. Funding by phase changes by budget year.

**Cont. Page 4**



## SOCIAL SERVICES DIRECTOR

**Christi Haustein** [Chaustein@JewishChattanooga.com](mailto:Chaustein@JewishChattanooga.com) • 893-9241

Coming up with fresh ideas for the Shofar can be challenging at times. We can only talk about COVID and vaccinations for so long, right? As I sit here at my desk, one thing that popped into my head is the Federation's work at the new food pantry in our area, the Brainerd Community Food Pantry. This is a relatively new pantry: the Brainerd Community Food Pantry only opened its doors in mid-October 2020. Michael Dzik, E.D. got me involved in August 2020, and since then, it's really taken off. The Federation delivers food every second and fourth Wednesday of the month to homebound members in our community. Currently, we have five pantry clients in the Brainerd area that receive these deliveries. We're hoping to grow this list even more as people hear more about this service. More recently, World Market will be donating non-perishable items for the Federation to pick up and deliver to Brainerd United Methodist Church, where the pantry is located. We are also the back-up pantry for Brainerd Mobile Pantry, so we're able to pick up leftover items and deliver them to the church as well. I've been so excited to get involved that I decided to volunteer at the Brainerd Community Food Pantry on distribution days. For me, volunteering has been life-changing. I pulled my husband in to help out too and he has really enjoyed it. 40 plus people come together twice a month to hand out food to those in need. It has been such an amazing cause to be involved in and it's made such a difference to be around others who are just as happy to give back to their community. According to [www.brainerdfoodpantry.com](http://www.brainerdfoodpantry.com), "Hunger is growing in the Chattanooga area, with 1 in 5 people—

including 1 in 4 children—expected to experience food insecurity in 2021 due to the economic impact of the COVID-19 pandemic, according to projections made by hunger-relief organization Feeding America."

In Hamilton County, Feeding America predicts an overall food insecurity rate of 17.3% in 2020, an increase of 43% over last year, and a rate of 23.2% for children, a 65% increase.

"Need is especially strong in Brainerd's 37411 zip code, which was identified as one of the highest-need areas served by the Chattanooga Area Food Bank based on an analysis of 2018 data," said Sophie Moore, the food bank's director of community outreach and health care partnerships.

That same year the neighborhood lost its sole grocery store, the Food City formerly located at Belvoir Avenue and Brainerd Road, making food even less accessible to area residents. Bess Steverson, then president of the MidTown Chamber Council, convened a group of community leaders to seek ways to improve food access in the neighborhood.

"The sole food pantry operating in Brainerd is focused on serving seniors, and the process of obtaining an emergency food box from the food bank can be prohibitively complex for younger people experiencing food insecurity," Moore said.

If you're interested in donating or volunteering, please visit [www.brainerdfoodpantry.com](http://www.brainerdfoodpantry.com)! We are 100% COVID compliant, which includes the pantry clients we serve. Everyone must wear a mask. Volunteers are held to the same standard. Feel free to reach out to me if you have any additional questions.

### Ann Treadwell

*Cont. from Page 3*

In recent years, Hamilton County received:

- [Phase 37] \$129,062
- [Phase 36] \$144,793
- [Phase 35] \$152,367

For the current phase, Hamilton County was awarded \$145,496. Funding is directed to eligible nonprofit organizations, who in turn provide services to individuals. Our local board prioritizes funds as follows:

- 1.) mortgage/rent
- 2.) mass shelter
- 3.) utility assistance
- 4.) food/food banks
- 5.) served meals

Our Federation receives a small amount of funds for served meals and 2% to offset administrative expenses. This year we had requests for funds more than double what was awarded to us. Chattanooga has great needs among its most vulnerable populations.

If you think social justice is important, please educate yourself about the needs within our Jewish community and throughout Greater Chattanooga. Not only will it help you understand people unlike yourself, but the characteristics of that knowledge, and its hands-on assistance, may also rub off on others. Together, we can effectively and efficiently make a difference in the lives of so many people.



**Brenda McColpin, RN, LMSW** Nurse@JewishChattanooga.com

Hours: Monday/Tues/Thursday • (423) 322-8641

## Love, Oxytocin, and Well-Being

Oxytocin is a hormone that is released by the posterior pituitary gland in our brain. Simply put, the release of this hormone makes us feel good. According to the National Institute of Health, we can notice this feeling when we are near family, those we love, or our pets. This happens through what is known in science as the “dopamine reward system.” Dopamine is a chemical found in the brain that is vital in helping us perceive pleasure.

According to studies Sheila Chhutani, M.D., M.B.A., and OB/GYN—part of the medical staff of Texas Health and Presbyterian Hospital in Dallas—Oxytocin is often referred to as the “love hormone.” This love hormone works by helping to reduce fear and anxiety, there are theories that support this hormone also acts to decrease depression by reducing cortisol (the stress hormone) and is responsible for bonding that happens within relationships. In addition, research supports oxytocin can be helpful with things like strokes, high blood pressure, heart disease, and much more.

Research from the University of Montreal revealed that by putting stem cells and oxytocin together

**Mike Spector**

*Cont. from Page 3*

Let us all take Elie Weisel’s words to heart: “The opposite of love is not hate, it’s indifference. The opposite of art is not ugliness, it’s indifference. The opposite of faith is not heresy, it’s indifference. And the opposite of life is not death, it’s indifference.” The Jewish community is built on taking action. Together, we will not be indifferent.

in a petri dish, they began to connect with one another. They would then develop into muscle cells like those within the heart. The cells began to beat. Thus, oxytocin is shown to have the potential to heal the heart.

Webster has multiple definitions of love, including preeminent kindness or being devoted to affection, tenderness, and a strong attachment brought about by what delights or commands admiration.

Songs have been written about love being “all you need,” and indicating that love “lifts us up where we belong.” It certainly seems like having an extra dose of love (oxytocin) in our lives right now could be beneficial. Love may not be “all we need.” However, love might improve our health and well-being, and when shared; help those around us.

### References:

<https://areyouawellbeing.texashealth.org/power-love-healing/>

<http://www.webster-dictionary.net/definition/Love>

## FEDERATION SEEKING VOLUNTEER HANDYPERSONS

### The Jewish Federation is putting together a handyperson corps!

Seeking volunteers who can do odd jobs  
and light repairs around the home.  
Could include changing light bulbs, air filters,  
small repairs and more.

Contact Christi Haustein  
Chaustein@JewishChattanooga.com or 423-493-0270 x16



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151 River Street  
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Check our website for our daily menu

## Tuesday Cafe via ZOOM

March 2, 9, 16, 23, 30

Fix your lunch, sit down in front of your computer, laptop, or phone, and let's chat!

Meeting number: 747 223 9161

Password: 940790



**Purchase matzo ball soup or chili for just \$5 for a one-bowl container.**

***Call ahead to reserve – we do run out.***

Contact Jake Balsler at 493-0270, or Federation@JewishChattanooga.com

## ***NEED A RIDE?***

The Federation will continue to provide rides to doctor appointments and the grocery store, though we encourage you to utilize grocery store and pharmacy delivery services. Some offer these for free but we can cover the cost of delivery if you need help.

***Our van drivers practice strict cleaning procedures before and after each client.***

**Contact them directly for rides.**

Monday-Thursday: Joel

Tuesday & Thursday: Jason

Tuesday & Wednesday: Billy Joe

Joel Scribner (423) 321-4236  
Jason Shuman (423) 320-1480



**Welcome New Driver:  
Billy Joe Ragland (423) 298-7169**

**Your campaign gift helps support Mitzvah Meals and Social Services, which makes meal delivery and transportation available to our community.**

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## **Mitzvah Meals** ***Delivered or picked-up***

Suggested Donations

**\$8 per meal**

- \$90 per month based on 3 meals/week
- \$125 per month based on 4 meals/week
- 160 per month based on 5 meals/week
- 190 per month based on 6 meals/week

**We are delivering meals on Thursdays.**

All Mitzvah Meal recipients must be pre-approved by Christi Haustein, Director of Social Services.

Menus are set by the Kitchen Supervisor and Director of Social Services.

**Contact:**

**Christi Haustein**

Chaustein@JewishChattanooga.com  
(423) 893-9241



## Foreign Policy Supper Club Dates and Topics 2021

Foreign Policy Supper Club takes place once a month, on Mondays at 6:00pm virtually. Until further notice the meetings will be virtual. To receive the link to each session video and receive the corresponding article please email [RSVP@JewishChattanooga.com](mailto:RSVP@JewishChattanooga.com) - There is no cost to attend virtual sessions.

**Zoom Login ID: 747 223 9161 • Password: 940790**

### **March 15 - The Future of Persian Gulf Security**

The Persian Gulf remains tense as the rivalry between the regional powers of Saudi Arabia and Iran continues. Tensions escalated in early 2020 as the United States began to intervene in the Gulf, launching an airstrike that killed two Iranian military commanders. What are the historical influences that have led to these tensions? What role, if any, should the United States play? Is using military force a viable foreign policy option for 2021 and beyond?

### **April 19 - Brexit: Taking Stock and Looking Ahead**

### **May 17 - The Coldest War: Toward a Return to Great Power Competition in the Arctic?**

### **June 21 - China and Africa**

### **July 19 - The Two Koreas**

### **August 16 - The World Health Organization's Response to Covid-19**

### **October 18 - The End Of Globalization?**



## Need Kosher Meat?



**Your Federation makes occasional trips to Atlanta for Kosher meat.**  
We are happy to add your order in with ours.

### **Next order is due Monday, March 12**

Pickup at the JCC is  
Tuesday, March 23 (afternoon)  
There is NO COST for this service.  
You only pay for the items you order.  
To order, email

**Federation@JewishChattanooga.com**

Please be specific on the items, quantities and how you want your items packaged.

**NOTE: If you want to be added to our email list of when the Federation orders Kosher meat regularly, please let us know.**

## Need Kosher for Passover Food?

**Your Jewish Federation is making a trip to Atlanta to pickup any of your dry goods and cold food needs.**



Send an email with your order to **Federation@JewishChattanooga.com** with all of your specific items.

### **Orders must be received by March 12**

Federation will do all your shopping and you can pick-up at the JCC on March 17 – OR, we can deliver to your home.

There is NO COST for this service.  
You only pay for the items you order.





# ALEPH BET CHIDRENS CENTER

**Meghan Graybeal** AlephBet@JewishChattanooga.com • 893-5486



Aleph Bet provides an educational, interactive and developmentally appropriate preschool program enriched by Jewish traditions and values.

At Aleph Bet, we are lucky beyond measure to have a community of support behind our program. We benefit from parents who recommend us to their friends long after their own children have graduated, deliveries of supplies, toys, and books during your at-home purges, and of course the songs and stories of our special visitors who we've missed so dearly this year.

One of the most helpful ways our community shows their love to Aleph Bet is through financial support.

Each year, we reach out and ask you to participate in fundraising efforts and donation drives, and you never disappoint! We know that our most current campaign, Breakfast for Dinner, will be an easy decision for all of you. Who wouldn't want to enjoy a delicious meal from Alice and a chance to win a weekend away? Thank you so much for your generosity, and don't forget to RSVP for Breakfast for Dinner!



Don't forget to **RSVP!**

*Breakfast for Dinner*

a drive-thru meal, pajama party, and raffle to benefit Aleph Bet

wednesday, march 10

**NOW ENROLLING**

**CAMP aleph bet**

June 3– July 30

Eight thematic weeks, filled with art, experiments, exploration, special visitors, and water play fun!

**2021-2022 School Year**  
From August through May, our teachers create immersive lesson plans and learning opportunities every day as part of our 3-Star, elementary prep program.

Aleph Bet serves children ages 2–preK. Schedule your tour today to join in our fun and learning!





**Inbal Lev** *Federation Shlich*

Israel@JewishChattanooga.com • (423) 385-0098

### **Election in Israel**

#### **This Month: Israel's Fourth Election in Two Years**

When I arrived in Chattanooga this past September, everyone was talking about the upcoming elections in the United States. Every time someone talked about this around me, they would mention that it is such a crazy time to come here and that usually, people don't talk much about politics. That this country is more divided than in past years. In Israel, politics is always messy.

I am not good with politics. I admit that I was never invested. I hear that things in Israel are very confusing this time—mainly because there are a lot of different parties. Everyone has a personal sense of which party they belong to, and support, and how they will vote. Hopefully this time the election results will allow the formation of a stable government.

I wanted this article to be all about the upcoming Israeli elections and tell you about the new parties but, considering it again, I asked a friend who is knowledgeable about the subject if they could tell you what you really need to know about Israel's four elections in two years. Here is a great article, written by Carine Levi – UJIA Community Shlich

#### **Israel Heads Toward its Fourth Election in Two Years / Carine Levi**

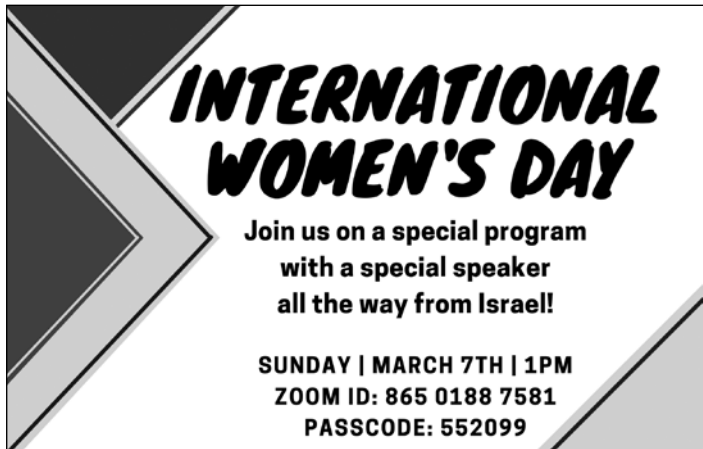
On March 23, 2021, the state of Israel will go to the polls for the fourth general election in less than two years. In this period, Israel is the democracy with the highest frequency of elections, reflecting alarming levels of instability and governance. How did Israel get here?

Following the elections in April 2019 and September 2019, the Knesset failed to form a government. The elections to the 23rd Knesset, in March 2020, like the two previous ones, were held in the shadow of the corruption cases surrounding Prime Minister Benjamin Netanyahu. Although the Likud won 36 seats, the bloc of parties that opposed sitting in the government headed by Netanyahu had a majority of more than 62 seats. President Reuven Rivlin tasked Benny Gantz, the Leader of the Blue & White party, with forming a coalition. However, Gantz did not succeed, because of the imposition of a veto by some of his partners on relying on the Arab parties to form

the government. In the end, and in order to avoid a fourth election in the midst of the COVID-19 crisis, the two candidates for Prime Minister—Netanyahu and Gantz—reached a compromise.

As part of this compromise, a coalition agreement was signed that led to an amendment of Israel's Basic Law, effectively creating a new institutional regime: "an exchange government." At the heart of the coalition agreement was cooperation between the Likud and Blue and White (which split following the move). It was agreed that the government and the 23rd Knesset would serve for three years and that at the halfway point, Gantz would replace Netanyahu as prime minister. It was further agreed that the government will pass a biennial budget for the years 2020-21.

The 35th government has from the very beginning been characterized by high levels of mutual mistrust between the Blue and White bloc and the Likud bloc. It soon became clear that Netanyahu did not intend to implement the agreement and sought to avoid passing the budget law in order to run for re-election when the timing was convenient for him. The Knesset faced dissolution at the end of August 2020, but a last-minute compromise stated that if the 2020 budget is not approved by December 23, the Knesset will be automatically dissolved. Attempts were made towards approaching this date to extend the budget further, but the lack of trust between the parties, combined with opposition positions of MKs from both the Likud and Blue and White blocked the move and led to the automatic dispersal of the Knesset due to non-transfer of budget.



**INTERNATIONAL  
WOMEN'S DAY**

Join us on a special program  
with a special speaker  
all the way from Israel!

SUNDAY | MARCH 7TH | 1PM  
ZOOM ID: 865 0188 7581  
PASSCODE: 552099

# INTERNATIONAL WOMEN'S DAY

## Oshra Friedman

Deputy Director  
General of the  
Authority for the  
Advancement of  
the Status of  
Women



**SUNDAY | MARCH 7 | 1PM**

**ZOOM ID: 865 0188 7581 | PASSCODE: 552099**

## Israel – American Relations

*A Partnership2Gether program (P2G)*



A live interview  
with Chattanooga  
Tal Cohen



**Wednesday, March 10 at 11AM EST**

Tal will discuss his upbringing in Hadera, Israel, moving to the United States, his basketball career, being Israeli in America, raising children and more.



### Two Words of Advice for the Concerned Buyer or Seller:

When you buy or sell real estate, and you want assurance that your investment is protected, heed these two words of advice:

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## LETTER TO EDITOR:

Each year on International Holocaust Remembrance Day in January, the Federation shows a film related to the Holocaust. It is our goal to share not only with our community, but with as many local middle and high school students as well. Below is a note we received from an area teacher.

"Everything worked perfectly on our end! Because the pandemic has taken away our field trips and we have to socially distance our kids out, this was great to be able to do! It helped it feel a little more 'normal' around here while also educating our students on something outside of the curriculum."

"As for the film itself, I feel this was very powerful for my kids. Just the first-hand accounts and primary sources were impressive to show kids a piece of living history. Not to mention the fact that we are losing this generation, and what they experienced needs to be filmed. This community understands the importance of films like this. Our only problem was that some struggled with reading the Italian parts (that's pretty normal for 8th graders), but the message was still understood."

"I think that films as a regular part of International Holocaust Remembrance Day is a great idea. It provides an opportunity for communities to educate while also remembering those lives lost. It also provides a time where the older generation can sit and speak with the younger generation through some very intense and emotional feelings. Wonderful opportunity with lots of learning possibilities."

—Mrs. Taylor Kilgore  
Whitwell Middle School

*Screened to all eighth grade students*

*The film was sponsored by the  
Chattanooga Jewish Film Series*

# Breakfast for Dinner

a drive-thru meal, pajama party, and raffle to benefit Aleph Bet

wednesday,  
march 10

raffle winner announced LIVE  
on Facebook at 11:30, meal  
pick-up from 2:30-5:00

## DRIVE-THRU MENU

French toast casserole, breakfast  
potatoes, seasonal berries, and OJ

Children 7 & under: Free  
7-12 years: \$7  
\$14 per person OR \$25 for 2

Visit [aleph-bet.com](http://aleph-bet.com) OR [jewishchattanooga.com](http://jewishchattanooga.com)  
to place your order and purchase a raffle ticket

RESERVATION AND  
PRE-PAYMENT REQUIRED BY MARCH 3 *Sorry, no last minute orders*

## RAFFLE

Need a getaway? Enter to win a two night stay in a gorgeous, Smoky Mountain cabin! Stunning views, privacy, and plenty of space make it a perfect trip for 2, or the whole family. Valued at \$1000, this prize could be yours for the price of a \$25 raffle ticket.



Visit [dogwoodcabins.com](http://dogwoodcabins.com), and view cabin named "Sanctuary" for complete property description and additional photos.

*All proceeds benefit Aleph Bet Children's Center*



## Tributes 2020

From Minna Ree and Edmond Miranne, Jr.  
*In Memory of Helen Center*  
*In Memory of Nicki Greenberg Lasky*

From Alan and Missy Shoenig  
*In Memory of Alvin and Clara Shoenig*

From Jeanna Richelson  
*In Memory of Robert Richelson*

From Claire Binder  
*In Memory of Dot Dubrow*

## Condolences

*We are sad to announce the passing of*

**Dorothy "Dot" Dubrow** - She is survived by her husband, Dr. Reuben Dubrow; sister, Beatrice Gavant; children, David Dubrow, Freda (Bob) Meyer, Mickey Dubrow (Jessica Handler) and Herb Dubrow (Lisa); grandchildren, Daniel Meyer (Jenifer Barriere), Emily Klein (Corey), Sarah Dubrow and Isabella Dubrow; great-grandchildren, Josephine and Mae Meyer and Charlotte Klein.

**Stephen Herzfeld** - He was preceded in death by his son, Clayton Standridge, and grandson, Christopher Woods. He is survived by his wife, Shirley Herzfeld; sister, Lila Rosen; children, Jennifer (Josh) Parsons, Kelly Weaver, Kenneth Standridge; grandchildren, Quinton, Oliver, and Charles Parsons, Justin (Amber) Weaver, Austin, Alex and Brianne Standridge.

## Remembering Joy Adams



Mizpah Congregation and the Jewish Community recently lost Joy Effron Abelson Adams, a lifelong Chattanooga. Joy was a brilliant teacher and historian. She was also the irreplaceable recorder and preserver of our past. For many years, Joy saved newspaper articles, obituaries, and every bit of memorabilia from and about Jews in Chattanooga, keeping it in organized folders and notebooks.

Had she not done this, we would have few records of the families and events of our Jewish community. "The Joy Adams Jewish Archives of Chattanooga" was named in her honor in 2018. For those who do not know about Joy's invaluable contributions, I would ask you to read on. I have revised and updated a section I wrote about her for Mizpah's 150th Anniversary Book published in 2016.

For many years, Mizpah member Joy Effron Abelson Adams made it her mission to collect and preserve all the information she could put into boxes, scrapbooks, and notebooks about Chattanooga's entire Jewish community. She successfully petitioned the Mizpah board to establish the Archives in 1996. In 1999, she published *The Jewish Community of Chattanooga*. Accompanying this book was an exhibit, "Chattanooga Jewish Reflections," which she organized and curated at the Chattanooga Regional History Museum. The exhibit then toured Tennessee and found a final home at the Federation. With the assistance of her son Richard Abelson and her friend Barnetta Allen, Joy installed her collection of historical material from Mizpah and the greater Chattanooga Jewish community in a room located behind the Bima area in the Mizpah Sanctuary. In 2008, Mizpah Congregation honored Joy for her incredible

achievement. In her late 80s, Joy became concerned about the continuation of her archives. She welcomed the assistance of Dr. Max Brener, who now chairs the Mizpah Archives Committee. In 2015, after much discussion, Joy's collection became the Jewish Archives of Chattanooga, an affiliate of the Jewish Federation of Greater Chattanooga, and was named in her honor. It is managed and funded by the Federation. Joy encouraged the Federation to begin filming oral histories in 2013. The subjects, many of them elderly and now deceased, were interviewed by other members and friends; and the completed DVDs are stored digitally and in the Archives.

Joy's archival material—combined with the memorabilia, photos, and past issues of *Shofars* then stored at the Federation—was a treasure trove of historical information. However, the space to consolidate, store and organize it became a problem. Three years ago, everything was transferred to an available room in the Mizpah Religious School building where Dr. Brener has continued to organize and digitize the material. Joy hoped that one day in the future, there would be adequate space for real Archives at the Federation where material could be displayed and used for research and study. No matter where it is located, Joy Adams' Jewish Archives of Chattanooga will be a resource for future generations, and we will cherish her memory.

*Karen Diamond*

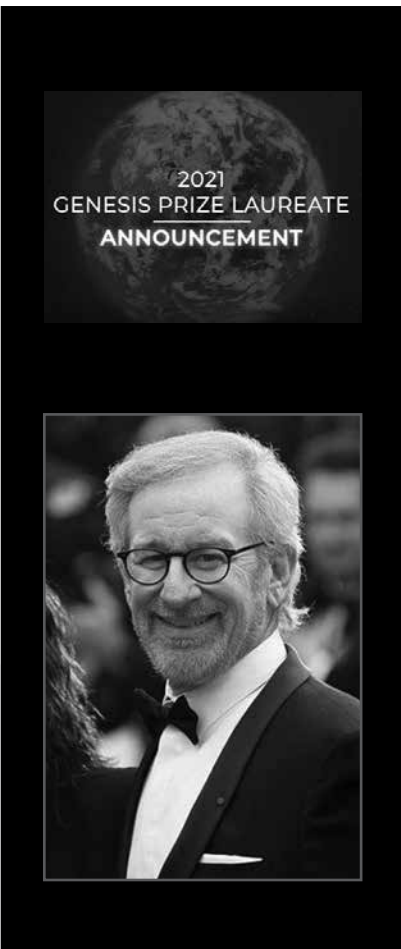
# the JEW CREW

In January, the Jew Crew engaged in a virtual program that felt very, very real. Or at least very, very Israel. Our community shlichah, Inbal Lev, led an incredible virtual program that not only shared some fun and unusual facts about Israel but also inspired the group to think about the ways we each identify as being Jewish. We started with a friendly but heated

competition of Israeli-themed Kahoot (where Rachel Lowe dominated) and then watched an episode of Odd Man Out—a YouTube-based game show where seven people have to figure out who the mole is among them. In the episode that Inbal shared, six of the people were Jewish and one was a secret non-Jewish person. It was a great opportunity to contemplate and

discuss the ways our own teenagers might feel like the “odd person out” and a wonderful reminder that in Jew Crew, everyone has a place and space to be embraced, accepted, and loved for who they are.

Jew Crew Advisors: Alison Lebovitz and Andy Hodes



## Director, Producer and Philanthropist Steven Spielberg Announced as the 2021 Genesis Prize Laureate

The “Jewish Nobel” recognizes the preeminent filmmaker’s commitment to Jewish values, extraordinary contribution to cinema and philanthropy, dedication to preserving the memory of the Holocaust and preventing future genocides.

The Genesis Prize is a global award that celebrates Jewish achievement and contribution to humanity. Launched in 2013, the Prize is financed through a permanent endowment of \$100 million established by The Genesis Prize Foundation.

The award recognizes Spielberg’s outstanding achievement as one the most influential filmmakers in the history of cinema; his social activism and prolific philanthropy; and his principled stance against anti-Semitism and all forms of intolerance. The Prize also recognizes his extraordinary work to preserve the memory of the Holocaust and prevent future genocides through film, public advocacy and philanthropy.

Steven Spielberg becomes the ninth Genesis Prize honoree. All previous Laureates chose to direct the one-million-dollar prize to philanthropic causes about which they were passionate. Natan Sharansky, who preceded Spielberg as the Genesis Prize Laureate, directed his award earnings to support individuals and organizations working to alleviate the Covid-19 health crisis and prevent future pandemics.

Machanooga is a joint program between Mizpah and B'nai Zion that serves children from pre-K to 8th grade.



Lily Dropkin



Traci Sloan

We have a limited number of Machanooga face masks for sale! These masks are two layers of soft cotton and come in red, orange, and teal. We are selling them for \$7 each as part of a fundraiser. Please email Lily at [youth@mizpahcongregation.org](mailto:youth@mizpahcongregation.org) if you would like to support us and buy them! We will arrange delivery with you on a case-by-case basis.



It has been so nice seeing everybody on Zoom! We continue to be so impressed with our students, parents, and support network. We realize that it isn't easy to change gears on a Sunday morning in all of your homes and get your children ready for Jewish learning, but you all make it look effortless!


Our curriculum this year is based on Jewish values. The particular values that are chosen are meant to enhance your Jewish lives. This month, most of our students are learning about Achrayut, or responsibility. There are so many lenses through which to look at this with you all. It takes Achrayut for you, the parents, to prioritize learning with us, to model what a Jewish household looks like, and to model the lifelong learning that we hope that your children will continue.

We have a teacher that studies Achrayut and teaches this value through the protection of our environment. Her students learn that as Jews, we have a responsibility not just to ourselves, but to the world around us, to repair it with Tikkun Olam, and keep it safe. These students make plans for protecting our world, for things that they can do at home to have a positive impact, even if it is just making sure to use a porcelain cup rather than a paper or plastic one!

Our teens just spent the last month learning about Jews' role in the Civil Rights Movement and how they can take the same passion of previous generations and use it to create meaningful discourse around social justice in their homes and in their schools. They're learning Achrayut, or responsibility, through the lens of what we owe to each other and to our country's responsibility to help make our society equitable for all.

In the coming months, we hope that our entire community will think about what they can do with our Jewish value, Achrayut. This could be as simple as taking responsibility for helping steer our Sunday program. You could join a visioning committee through the Federation or one of the congregations. You could even support our community through Family Promise or the community kitchen.

Our Jewish values should not stop when we graduate from Machanooga. We hope that the lessons, the compassion, and the love of learning will last a lifetime.

 <b>Modified Spring Calendar 2021</b> <i>All school days are subject to change.</i>	
<b>January 24 - First Day of School</b>	
January 31	
February 7	
<b>February 14 - President's Day - NO SCHOOL</b>	
February 21	
February 28	
March 7	
March 14	
March 21	
<b>March 28 - Pesach - NO SCHOOL</b>	
<b>April 4 - Spring Break - NO SCHOOL</b>	
April 11	
April 18	
April 25	
<b>May 2 - Last Day of School</b>	

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[Office@MizpahCongregation.org](mailto:Office@MizpahCongregation.org)  
 Page Editor: Richard Zachary



We are a welcoming and inclusive congregation, offering worship, learning, social action, and social programming that enhances the lives of our members, helping us as we make choices of our lives that we might better ourselves and our world by our actions.

### COVID-19 Update

Many of us are anxious to get back inside our building. We also know that some of us have received the vaccine, though many have not. When the Board and leadership of Mizpah and B'nai Zion deem it safe, rest assured we will welcome everyone back. Your safety is our ultimate responsibility. In the meantime, please enjoy all our online offerings, reach out to others, stay connected, and be well.

## TORAH STUDY

### Shabbat morning Torah Study | 9:00 am

Join Rabbi Lewis and fifteen or more for Torah study. We read portions of the parsha and discuss extra-biblical commentary. LINK is included in our bi-weekly announcements email. The highlight of the session is our breakout rooms with small discussion groups. Parshaot for March:

**March 6th**-Ki Tisa | **March 13th**-Vayakhel-Pekudei  
**March 20th**-Vayikra | **March 27th**-Tzav

## MIZPAH Ongoing and Special Activities

Please attend your favorite Mizpah activity.  
 We offer virtually everything you are used to:

<b>Sundays:</b>	Introduction to Hebrew	4:30 pm
	Machanooga	10:00 am
<b>Tuesdays:</b>	Introduction to Judaism	6:30 pm
<b>Wednesdays:</b>	Mussar- Must sign up	7:30 am
	Hebrew School	4:30 pm
<b>Thursdays:</b>	Lunch 'n Learn	12:15
<b>Fridays:</b>	Kabbalat Shabbat Services	6:00 pm
<b>Saturdays:</b>	Torah Study	9:00 am
	Shabbat worship:	11:00 am

**March 14:** Black – Jewish Online Dialogue 4:00 pm

For Details: [www.MizpahCongregation.org](http://www.MizpahCongregation.org)

## Seder-2-Go



Friday, March 26, 2021

2:00—5:00 pm

Mizpah parking lot

Drive - thru—Pick up

Reservation made when payment is received  
 Food Choices can be emailed or regular mail

Payment can be mailed, paid on our  
 website or call the office

No on-site orders or changes

## MIZPAH ACCEPTS BIRGHENTHAL ARK

Pictured here is the newly created Torah Ark crafted by **Michael Birghenthal**.

**Rabbi Lewis** stands in front of the ark broadcasting on Sunday, February 14th a Facebook Live event. The ark rests in the Mizpah Kindertransport Chapel, dedicated in honor of Michael's grandmother, **Margot Kempner Birghenthal**, herself a Kindertransport refugee. The Birghenthal family are the primary donors to the Chapel.



## All MIZPAH Worship and Study Programs are Online.

Refer to your Monday and Friday email announcements and reminders. We continue to evaluate and judge when it is safe to reenter the building. Thank you for your patience. Please stay connected!

## Celebrate and Enrich Jewish Life

B'nai Zion's vision is to inspire a vibrant, uplifting, and inclusive community connected to the dynamic traditions of Conservative Judaism.



P.O. Box 3293  
Cleveland TN 37320  
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www.BnaiZionCongregation.com  
Shul@BZCongregation.com

### WEDNESDAY CLASSES WITH RABBI NORRY

AN EIGHT-WEEK JOURNEY  
STUDYING MISHNAH  
THROUGH ALEPH-BET

WEDNESDAYS AT 6:30 PM  
BEGINS FEBRUARY 3 AND  
EXTENDS THROUGH MARCH 24

MEETING ID: 845 0521 2418  
passcode:service

אֶלֶף-בֵּית

Rabbi Hillel Norry's classes continue on Wednesday evenings. Follow the Aleph-Bet on a journey through the structure, logic, and personalities of the first major work of rabbinic literature as we learn Mishnah. Learn about this fundamental Rabbinic source text and a wide range of topics. Don't know Hebrew? Don't worry. All the texts are available in English. Come to one, or join us for them all!

#### Havdalah and Idea Schmooze

Saturday, March 13 at 6:30 pm  
Meeting ID: 815 9500 0196  
Passcode: service

As you clean your kitchen, prepare your soul for Passover! Led by Rabbi Norry, this havdalah will be a fun opportunity to enjoy each other's company in song and chit chat as we prepare spiritually for Passover. Bring your own festive spices and wine or grape juice as we light candles together for another fun night of community.

#### Passover Services

**Alternate Style Shabbat Service: Saturday, March 27 at 10:00 am**

Meeting ID: 849 2084 4539 / passcode: service

**Passover Holiday Service: Sunday, March 28 from 10:00 am to 12:00 pm**

Meeting ID: 854 4385 0770 / passcode: service

**Second Night Seder via Zoom**

**Sunday, March 28 at 6:00 pm**

Meeting ID: 850 4379 6035 / passcode: service

Join us as we honor the tradition of Second Night Seder via Zoom this Passover. Rabbi Norry will lead the seder rituals up to dinner, and we will wish each other chag sameach as we break to eat. Prepare your own seder plate at home while gathering virtually with fellow congregants and Rabbi Norry. Bring questions and your passover traditions. If you have questions about setting up or preparing your seder, contact Rabbi Norry.

#### B'nai Zion Bookclub

Tuesday, March 30 at 10:00 am  
Zoom Meeting ID: 881 7003 6650  
passcode: book (2665)

This month we will read *Becoming Eve* by Abby Stein. A story of Stein's personal exodus from ultra-Orthodox manhood to mainstream femininity – a radical choice that forced her to leave her home, her family, and her way of life. Born the first son in a dynastic rabbinical family, poised to become a leader of the next generation of Hasidic Jews, Stein felt from a young age that she was meant to be a girl. Her book encapsulates that journey and will lend to an incredible discussion for our book club.



CONGRATULATIONS  
TO OUR  
SUPER BOWL 2021  
SQUARE WINNERS





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www.JewishChatt.com  
Rabbi@JewishChatt.com



**Chabad is a philosophy, a movement,  
and an organization.**

Chabad is an educational organization dedicated to helping every Jew, regardless of background, affiliation, or personal level of observance, to increase their level of Jewish knowledge, enthusiasm, and commitment.

### Online Classes:

- March 7 - Talmud Pesachim Daf 106
- March 9 - JLI Journey of The Soul
- March 9 - "What are Jewish Values" program
- March 14 - Talmud Pesachim Daf 113
- March 16 - JLI Journey of The Soul
- March 21 - Talmud Daf 120  
Concluding Tractate Pesachim!
- March 23 - JLI Journey of The Soul
- March 28 - Talmud Shekalim Daf 7

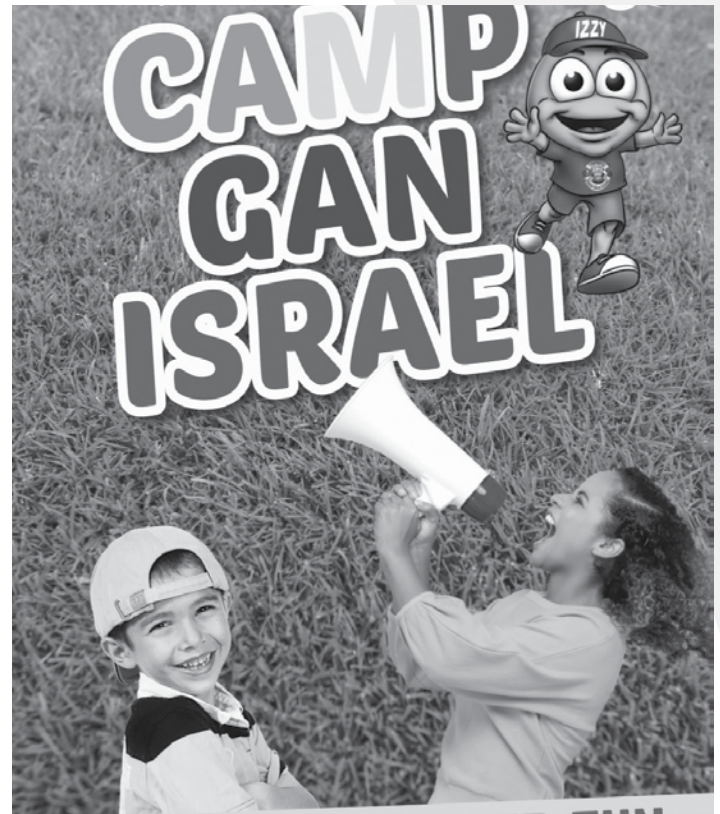
### **SEDER TO GO!**

This year Chabad will be bringing Passover Seder to your home! Reserve a Seder-To-Go box that will include everything you need for your Seder.

To get your Seder-To-Go box visit  
[www.Jewish-Chatt.com/Seder](http://www.Jewish-Chatt.com/Seder)

### What's in the box?

- Seder Plate
- Haggadah
- Step-by-step Instructions
- Bottle of Wine or Grape Juice
- Wine Cup and Plate
- Hand Baked Shmurah Matzah
- Everything needed for the Seder Plate
- Additional Shmurah Matzah bags for number of people at Seder



# CAMP GAN ISRAEL

## FANTASTIC SUMMER FUN

[WWW.JEWISHCHATT.COM/CAMP](http://WWW.JEWISHCHATT.COM/CAMP)

# 2021 CAMP June 20 - July 2

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your child will never forget.

## Safe. Jewish. Fun

Hadassah enhances the health and lives of people in Israel, the United States and worldwide. By connecting and empowering Jewish women to effect change, we are the women who do. Now, and always, we are Hadassah. Be proud of who you are, Hadassah women.



Judy Sachsman,  
President of Chattanooga  
Chapter of Hadassah

Anyone who missed the Hadassah Zoom program "Holocaust Education in Tennessee, the USA, and Beyond" who would like a Zoom link to the recording should email Judy Sachsman at [jmsachsman@gmail.com](mailto:jmsachsman@gmail.com).

This impressive program featured: Dr. Irven Resnick, Chair of Judaic Studies at UTC, Alison Lebovitz, a member of the Tennessee Holocaust Commission, Inbal Lev, the Israeli Shlichah, and Nashville Hadassah member Erin Coleman, who is making a movie about the grandchildren of Holocaust survivors.

The Chattanooga chapter will host another Open Board meeting via Zoom on April 11 at 11:00 am. Members have asked to discuss a follow-up Holocaust education program at a time when area school teachers would be available to attend. An invitation to this board meeting will be sent to the entire membership and additional discussion topics are welcome.

Chattanooga hosted its Zoom Mask-erade event on Purim, the holiday that honors Queen Esther, also known as Hadassah. Ed Bergin, a piano accordionist, provided the entertainment, and Beth Thomas, Ruth Longway, Richard Zachary, and Lynne Herman, all medical personnel superheroes, spoke about protecting the community during this time of COVID-19.

Dana Waxler described the upcoming celebration of the 25th Anniversary of Keepers of the Gate and the importance of Annual Giving to the mission of Hadassah. The Purim Mask-erade was the Chattanooga chapter's annual fundraising event in support of medical research at Hadassah Medical Organization. For information about how to support this important fundraiser, please contact Millie Lander at [millander523@gmail.com](mailto:millander523@gmail.com).



# Mask-erade



Annual Giving enables Hadassah to provide ongoing reliable funds for its many projects such as: Hadassah Medical Organization, which supports saving lives, healing, research, and cutting edge medicine at its two Jerusalem hospitals; Youth Aliyah, which educates and nurtures children at risk; and Young Judea scholarships, which enables children to attend camp and young adults to spend a "gap" year in Israel.

***Annual Givers start with:***

- Chai Society members (\$180/year)**
- Silver Chai members (\$360/year)**
- Traditional Keepers (\$1000/year)**
- Chai Keepers (\$1800/year)**
- New Silver Keepers (\$2500/year)**
- Golden Keepers (\$5000/year)**

Those who are already Annual Givers should consider increasing donations or stepping up to the next level. Contact Dana Waxler at [dwxler@hadassah.org](mailto:dwxler@hadassah.org).

Hadassah enhances the health and lives of people in Israel, the United States, and worldwide. By connecting and empowering Jewish women to effect change, we are the women who do. In the time of a global pandemic, we are Hadassah. Be proud of who you are, Hadassah women.



Join Hadassah@Home for interesting recipes, videos concerts and interviews. See how Hadassah is fighting the war against Covid-19 and read about Hadassah programs supporting civil rights, women's health awareness, Holocaust Education and Israel!



## JOIN THE JEWISH FEDERATION LEGACY SOCIETY

The Legacy Society is made up of individuals who, in the tradition of our Jewish faith, wish to share their blessings with others by providing for the future needs of the Jewish community. There are a number of ways to contribute to the Jewish Federation's Endowment through estate planning: a bequest in a will, contribution of the remainder of an IRA or other retirement plan, a life insurance policy, charitable remainder trust, donor advised fund, charitable gift annuity, piece of real estate, securities or other property, or the donation of other assets. However they choose to contribute, Legacy Society members can be sure that their planned gift will turn their dreams or a strong future Jewish community into a reality. Join today.

Anonymous (2)	Center, Austin	Hanan, Victor	Lebovitz, Michael	Spector, Mark*
Allen, Amelia*	Center, Marilyn	Hill, J.R.	Levine, Lawrence*	Spector, Mike
Allen, Owen	Cohen, Tal	Hochman, Colman*	Lowe, Beth	Susman, Gail
Alper, Maxine*	Cohn, Herb	Hochman, Lynn	Lowe, Rob	Susman, Joel
Balser, Jeff	Cohn, Sue*	Hodes, Alvin	Malsh, Rebecca*	Weiner, Cara
Balser, Robin	Cowan, Rob	Hodes, Andy	Nash, Ike*	White Dropkin, Donna
Barukh, Rebecca	Diamond, Karen	Hodes, Melody	Oxenhander, Barbara	Winer, David
Berz, Bob	DiStefano, David	Howard, Lynn	Parker, Jordan	Winer, Elaine
Binder, Claire	DiStefano, Susan	Israel, David	Pregulman, Helen	Winer, Finette
Black, Bonnie	Dittus, Sandy	Israel, Scott	Richelson, Alan	Winer, Sanford
Black, Stephen	Dropkin, Warren	Jaffe, Dot*	Richelson, Miriam*	Zachary, Richard
Bogo, Jerry	Dzik, Michael	Jaffe, Sam*	Rose, Cassie	
Bogo, Rosalee	Dzik, Paula	Lakow, Harry*	Rose, Kevin	
Bohn, Jerry*	Fairchild, David	Lebovitz, Alison	Rosenfeld, Jackie	
Brooks, Ellyn	Frank, Estelle*	Lebovitz, Alan	Rosenfeld, Roy	
Brooks, John	Hanan, Jan	Lebovitz, Betty	Siskin, Pris	
Brouner, Betsy	Hanan, Michael	Lebovitz, Charles	Sivils, Janet	* Deceased
Brouner, Lee	Hanan, Rachel	Lebovitz, Lauren	Spector, Linda	

**See how easy it is to join the Legacy Society!  
Call Michael Dzik at 493-0270 ext 15.**

## STAY INFORMED

A full listing of monthly programs is on our website,  
[www.JewishChattanooga.com](http://www.JewishChattanooga.com), where you can RSVP

Find up-to-date information about online programs,  
cancellations and changes in our:

- Weekly Community Email
- Federation Facebook Page  
(Jewish Federation of Greater Chattanooga)
- Federation Website  
(JewishChattanooga.com)

**QUESTIONS? Call us!  
423-493-0270**

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THE **POWER** OF A COMMUNITY

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**Michael Dzik**, *Executive Director*

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