



A PUBLICATION OF THE JEWISH FEDERATION OF GREATER CHATTANOOGA



FROM THE EXECUTIVE DIRECTOR

The Relevance of Federation – Now More Than Ever

l have debated how to best communicate about recent

events in and around our community, from the McMinn County School Board to issues at East Hamilton Middle School. As I write this article, I am filled with various feelings – pride, passion, perseverance, discomfort, and a little sadness. In the past few weeks, I have heard from so many of you with similar feelings in both the Jewish and general communities.

Federation Board Chair Rob Lowe has also written this month about these issues. (See page 3.) Rob and I worked together throughout these challenges, along with the Community Relations Committee (CRC) Chair, Austin Center, and Executive Committee member Alison Lebovitz. It is not always easy to take the emotion out of issues, to take a step back and consider both the minutia and big picture. I hope that you've observed a measured, but firm, approach. Please know that we are continuing to work on your behalf, first and foremost, to educate our community. It many cases, we see that people are uninformed and unaware of basic anti-Semitic comments or tropes. Along with our multi-faith partners, we are looking at ways to educate teachers, students, and the entire community. Meanwhile we will continue working with Hamilton County Schools to ensure curricula and resources are appropriate and legal.

At a time when we need each other, your local Jewish Federation represents the local community. And we do this, day in and day out, because of your physical and financial support each and every year. Federation leadership often talks about the tangible programs and services we provide - social services, preschool, mitzvah meals, film series, discussion groups, shlicha, The Shofar, security, and so much Yet it's the intangibles that are sometimes even more significant relationships, partnerships, friendships. This is the case today.

And in addition to the tangible and intangible elements we provide, there is the impact we make. Our local Federation creates change, shares information, and builds community. The whole is greater than the sum of its parts.

On Sept. 11, 2001, our national Jewish Federation and its Jewish partners were there to help in NYC immediately. That was only possible because they were on the ground, involved and engaged in the community, on Sept. 10, 2001.

Similarly, your Jewish Federation in Chattanooga was able to lead when issues arose locally. How were we able to react so swiftly? Because we have been working for more than 90 years, doing good in the greater Chattanooga community; we were involved yesterday, and the day before, and the day before that. Because we had existing relationships and partnerships. Because our CRC identifies and

addresses potential issues. And because we had already been presenting programs to educate and inform the community.

We will continue to support and build a stronger Jewish community. We will continue to fight anti-Semitism and all forms of hate. We will continue to build bridges and strengthen partnerships and relationships. Now more than ever, your Jewish Federation is relevant to your daily life and the lives of your neighbors. With your guidance and support, we will continue to do this important and holy work, each and every day.

NOTE: The Federation extends a special thank you to Rabbi Craig Lewis and Mizpah Congregation, Sam Rotenberg B'nai Zion Congregation, and Rev. Jeff Crim and Ascension Lutheran Church for vour partnership in presenting the Feb. 7 online program featuring Art Spiegelman. We also thank program moderators, Jacque Nodell, Whitney Coe, and Rev. Claire Brown. We appreciate your friendship and leadership.



FROM THE BOARD CHAIR

Rob Lowe roblowe1770@gmail.com

Dangerous Precedent

As many of you have seen in the news and on social media over the past month, stories from Southeast Tennessee and Hamilton County have been reported on both national and international news. The first story relates to the graphic novel Maus by Art Spiegelman, which details the author's father's experiences during the Holocaust. The book, published in 1980, has been used for decades as an educational tool to teach students about the Holocaust in an age-appropriate manner. In January, the McMinn County School Board voted to remove the book from its teaching curriculum, citing foul language and disturbing images in the book. This is a dangerous precedent to eliminate critical resources that allow younger generations to continue to learn about the atrocities that occurred. Only through education and the retelling of the survivors' stories can we keep such horrors against humanity from ever happening again.

On Feb. 7, the author joined a live Zoom conversation hosted by the Jewish Federation along with other local Jewish, Christian and media organizations. More than 17,000 people participated from across the country and globally. It was fascinating to hear the author's perspective on how his book released 40 years ago is being received today, and his reaction to the book being removed from the curriculum by the school board. Mr. Spiegelman believes that banning access to his and other books is about controlling kids, not and protecting them. He also strongly believes we need to be empowering children and teachers with knowledge and resources, not limiting kids' ability to develop critical thinking skills and understand difficult topics from history. He also noted that Maus is not just about Jews, but about the "othering" and dehumanization of those unlike ourselves, and says we are seeing an increase in this behavior.. It is necessary to make people uncomfortable through the re-telling of history, whether the subjects is slavery, Japanese internment camps, KKK, or the Holocaust.

FROM THE PROGRAM DIRECTOR

Ann Treadwell Atreadwell@JewishChattanooga.com • 493-0270 ext 13

Where has Winter Gone? Where has winter gone? The forest

is grey. I can hear the creek barely trickling over its rock bed, because it is so full from the winter rain. It is in the 20s when I walk the dogs in the early morning hours. And at night sneaky, quiet raccoon pups huddle on my porch to feel a stream of warmth leaking from the front door. Winter provides me with something I need: mental hibernation time. Typically I would live in the leftover joy from the holiday season. Not this year.

February hit me hard. The conversations about middle school education, including the removal of books in McMinn County schools and possibly in Hamilton County schools, and teaching Biblical content in public school, upsets me. Ethics, respect, democracy, minority rights and culture wars are resurfacing as frontline issues. When I talk with my son, who works as a Technology Specialist for a large public middle school, about the teaching he observes, student behavior, and respect for

diversity, I get chills down my spine. Maybe this year's hibernation was more about awareness about having my head pulled out of the sand when it comes to what is going on in our public school classrooms.

Along with the anticipation of spring and its newness, comes thoughts of hate speech, increased social fear, and questioning of the difference between autocratic and democratic community rights. This spring, more than ever, and without political interference, I am looking at how we can create programming that brings positivity, reflection and action to the Jewish Cultural Center. It is challenging to create action when we cannot gather physically.

In March, please watch the two documentary films, Outremont and the Hasidim and The Legacy of Aristides. These films show us two different ways to treat "the other." In both films, "the other" are members of Jewish communities, but the actions taken in each film can have a further impact. Isn't

FROM SOCIAL WORKER Hours: Mon., Tues., and Wed., 9:00a.m. to 5:00p.m.

Marki Kaim, MSW, QMHP Mkaim@JewishChattanooga.com • (423) 322-8641

Mental Health with Marki - Demystifying Mental Health.

Many people have preconceived, negative notions about mental health and mental healthcare. Mental health in the U.S. receives less attention, respect, and resources than physical health.

The stigma is communicated through the media, our communities, and in our families. To diminish the shame associated with therapy, I interviewed individuals who see mental health professionals.

1. What was your goal when you started therapy?

Community member A's goal was to find a way out of the place they were in so they could make the best decision for their current time and place. They hoped to find strength to go on while navigating transitions and choices.

Community member B expressed that "I was a needy, insecure person" and "I needed to learn how to like myself." Therapy was aimed at promoting self-esteem.

2. What has improved in your daily life since going to a counselor?

- A. Daily life was enhanced through "being coached to find the spaces to help me get through the day."
- **B.** "My life improved." Therapy was B's path to learn how to externalize others' words and actions and grow toward minimizing anger.

3. What has been the most challenging part of therapy?

- A. "Weathering the storm that therapy can bring up. Recognizing it is all part of you."
- B. "To honor my therapist and keep intact what I learned from them" over time.

4. What has been the most beneficial aspect of counseling?

- **A.** Fortunately, the result of counseling "is finding myself" and knowing that with therapy "I will be okay." They exclaimed that "you can come out the other side. You are instrumental in making the change instead of letting the change come to you."
- **B.** Explicated that therapy helps promote one's self image and view themselves in a better light.

5. What do you want people who are hesitant to start therapy to know?

- **A.** "Sometimes it is difficult, but the end result can be amazing. Do your homework to find the right therapist. Don't be afraid to be vulnerable.
- **B.** " When therapy is in sync you work toward your goal and you and your therapist became a team to achieve the goal."

6. Before beginning therapy, what was your view of people who saw therapists?

- A. "I did not have any preconceived notions about it."
- **B.** "The media makes people seem weak when they see a therapist. The truth is, the stronger people go to therapy because they're willing to take a risk."

7. Why do you feel it is important to promote therapy?

- **A.** Simply, "to make people less afraid and help them recognize they don't have to do whatever they need to do alone." While talking to loved ones can be advantageous, a therapist is an unbiased individual with no ulterior motives. "
- **B.** Explored that generally people have the misconception that therapy is a much grander endeavor than it truly is. They hope to remove the shame associated with seeing a mental health professional.

Finally,

"Don't be afraid. "

"Be proud of yourself for going"

When the story surrounding Maus first broke, I shared the story on Facebook. Several hours later, I received a message from a high school friend, with whom I've had no contact in over 30 years. He told me he saw my Facebook post about Maus, that he had not heard of the book, and he had purchased it on Amazon for his kids to read. He wanted to let me know that the story had really impacted him. What an amazing message to receive out of the blue, and a reminder how influential sharing these stories can be.

The second recent incident reported in the news was here in Hamilton County. A teacher at East Hamilton Middle School was accused of using anti-Semitic language and proselyzing during an elective Bible History class (in which one of the students was Jewish). The course is funded by a 100-year old Chattanooga-based organization called Bible in the Schools. According to their website, the Hamilton County Bible History curricular framework is court-approved, taught from an historical and literary perspective. The teacher was cleared by an investigation by Hamilton County Schools, but concerns remain around whether the instruction was in keeping with the organization's guidelines. It is the Jewish Federations's strong position that religious-based instruction, particularly in our public schools, should be about education, not indoctrination.

These recent examples of, at best, highly questionable decision-making in our public institutions, and at worst, book-banning and hate speech, produce a range of feelings in our community including anger, sadness and fear. Unfortunately, as we are seeing locally, there has been an increase in these behaviors. It's never been more important to maintain a unified Jewish community and voice. I want you to know that your Jewish Federation will continue to stand up and speak out strongly against any instances of anti-Semitism or prejudice in our community.



Ann Treadwell (Winter)

it our responsibility to take action for more than ourselves?

Perhaps use spring as the springboard to ask: How do we listen to people not like ourselves? Where is the line in a democracy between accepting others' opinions and being mandated to put those opinions into action? When is it time to stand up for the common good, especially when our lifestyle or lives are at risk? What do we do to earn trust and respect?

The 17,000 people who viewed Art Spiegelman's webinar about Maus is a testament to the level of interest in learning about the whys, and to the interfaith leadership actions to make that event a reality. Looking at the demographics of the audience, I have concluded it is time for those of us who have lived through cultural change in the 1960s and early 70s to come out of hibernation and act again, even if that action is to inspire the next generation to act.



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Check our website for our daily menu

Tuesday Cafe via ZOOM March 1,8,15,22,29

Fix your lunch, sit down in front of your computer, laptop, or phone, and let's chat!
Meeting number: 747 223 9161 • Password: 940790

The Juliets, a women's lunch group, will meet for lunch once a month outside of the Jewish Cultural Center. For more information and the January date, contact mkaim@jewishchattanooga.com



Do you need assistance with your home to stay independent?

Handy Helpers

Are you 60 years old or older?

Do you need assistance with home maintenance, repair, or minor accessibility upgrades?

Do you want to decrease your utility bills?

For more information or to register contact Christ Haustein, (423) 493-0270 or visit www.jewishchattanooga.com.

Brought to you by the Jewish Federation of Greater Chattanooga, St. Alexius Outreach Ministries, United Way of Greater Chattanooga, Impact 1 and Build It Green.



Mitzvah Meals Delivered or picked-up

Suggested Donations

\$8 per meal

- \$90 per month based on 3 meals/week
- \$125 per month based on 4 meals/week
- 160 per month based on 5 meals/week
- 190 per month based on 6 meals/week

We are delivering meals on Thursdays.

All Mitzvah Meal recipients must be pre-approved by Christi Haustein, Director of Social Services.

Menus are set by the Kitchen Supervisor.

Contact: Christi Haustein

Chaustein@JewishChattanooga.com (423) 893-9241

JOIN THE JEWISH FEDERATION STAFF!

The Jewish Federation seeks

Part-time Driver

Approximately 10-12 hours per week
Thursdays and Tuesdays with
flexibility for Monday and Wednesday

Drivers transport community members to doctor appointments, pharmacies, grocery stores and more.

Also Thursday delivery of Mitzvah Meals.

Applicants should be friendly, caring and have clean driving record

More info and to apply contact Christi Haustein chaustein@jewishchattanooga.com
or 423-493-0270 x16

NEED A RIDE?

The Federation will continue to provide rides to doctor appointments and the grocery store, though we encourage you to utilize grocery store and pharmacy delivery services. Some offer these for free but we can cover the cost of delivery if you need help.

Our van drivers practice strict cleaning procedures before and after each client. Contact them directly for rides.

Monday-Thursday: Joel
Tuesday & Thursday: Susan

Joel Scribner (423) 321-4236 Susan Berner (423) 508-4895

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Mazal Tov!



...to Mia Val, 14, who became a Bat Mizvah on Feb.19, at Mizpah Congregation. Mia is a daughter of Michelle and Raymond Val. Mia's brother, Ryan, is 20, and her sister, Melanie, is 15.



UPCOMING BAR MITZVAH



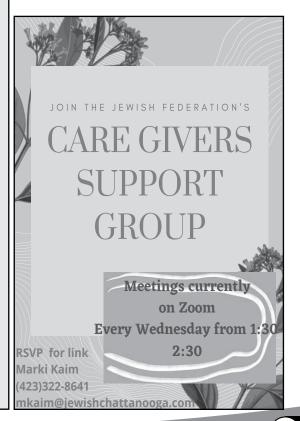
Hi! My name is Blayden Schwartz and I am 13 years old. I was born in Tokyo, Japan, and lived there until I was four; I then moved to Hong Kong. I lived in Hong Kong for 8 years and moved to Chattanooga last summer at the age of 12. I am in 7th grade at Baylor. My favorite subject is Science. Chattanooga isn't new to me; my father and grandfather were both born here, and I've come to Chattanooga every summer since I was a baby to see family. I've attended Baylor camps and enjoyed all that Chattanooga has to offer my whole life.

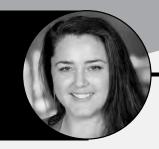
My family consists of my mother Holly, my father Skip, my older sister Skylar and my dog Lucky. Skylar is 15 years old and is in 10th grade at Baylor. Lucky is $4\frac{1}{2}$ years old.

I love sports and trying new things. I have tried everything from basketball to tennis and baseball, even played piano for a few years. That said, I enjoy soccer the most. I currently play soccer for the Redwolves club team in Chattanooga and for Baylor's Middle School team. I have been playing soccer since I was three. I play goalie in soccer. Due to my already busy schedule, finding time for my bar mitzvah studies was difficult, especially since I moved countries halfway through my studies. I was able to have my bar mitzvah lessons start in Hong Kong and continue in Chattanooga without missing a beat even during COVID.

I would like to thank Cantor Ayal, Rabbi Martha and Rabbi Z in Hong Kong for starting me off on the right foot and especially thank Amy Cohen and Rabbi Lewis here in Chattanooga for continuing my preparation and support to my becoming a Bar Mitzvah. I am grateful for the learning and all that becoming a Bar Mitzvah has taught me. I would also like to thank my family for all of the love and help that they have given me during this process.







ALEPH BET CHIDRENS CENTER

Meghan Graybeal AlephBet@JewishChattanooga.com • 893-5486



aleph bet chaldrain confer

Aleph Bet provides an educational, interactive and developmentally appropriate preschool program enriched by Jewish traditions and values.











We're Hiring!



Hiring for immediate start: Part-time assistant teacher, primarily for the pre-K room, but frequently works in other classrooms.

Hiring to start mid-May: Two full-time teachers (one lead, one assistant) for our 2-year old classroom.

All positions require previous childcare experience and a high school diploma or equivalent. Interested individuals should contact Meghan Graybeal at alephbet@jewishchattanooga.com





Inbal Lev Federation Shlicha Israel@JewishChattanooga.com • (423) 385-0098

Israeli Defense Force

This month marks four years since I joined the Israeli Defense Force (IDF), two years since I left it, and my younger brother, Ori, will enlist. It feels like a good time to tell you a little more about my experience with it.

On one hand, an army is an army. It is always quite similar in many places around the world. Uniform, people's time doesn't really count, strong hierarchy. In many places, just like in Israel, it is a status symbol – people take pride in where they served. On the other hand, the IDF is a bit different; there are more layers to it. The Israeli army is a gathering of exiles in some ways, it gives opportunities to people from all backgrounds. In the years leading up to their service, teenagers in Israel train, practice different things and put in a lot of time and effort to get into specific areas and jobs in the army.

The military service creates connections and affiliation groups that greatly affect the continuation of life. The relationships that people create continue for their entire lives, either as friends or for work and other fields in life. Good examples are Israel's current and last prime ministers, Naftali Bennet and Binyamin Netanyahu, who both served in the same elite unit in the IDF, and their perspective reflects their service in many ways.

I was 13 years old when Maya, my oldest sister, enlisted the army. As the younger sister who adores her older sister, I wanted to be like her, and it meant serving in the same job. My wish to do so only got stronger when my second sister, Shira, served in the same job in her time in the IDF. When the time came and I started my process of joining the army, I learned that it wasn't an option for me. I have a health issue that prevented me from applying for the jobs my sisters did, and that was confusing for me – until then, I used to take a very similar path as my sisters, such as choosing similar electives in high school.

As a senior in high school, I was mostly busy figuring out what I would do in the army, how I would get through this complicated system and get to serve a meaningful time, both for me and for my country. I went through a lot of tests and quizzes until I was told I got accepted to a special unit in the intelligence force. But even then, just as I can't tell you much of what I've done there, they were not sharing any information with me. It was stressful and a little bit scary not to know what I was

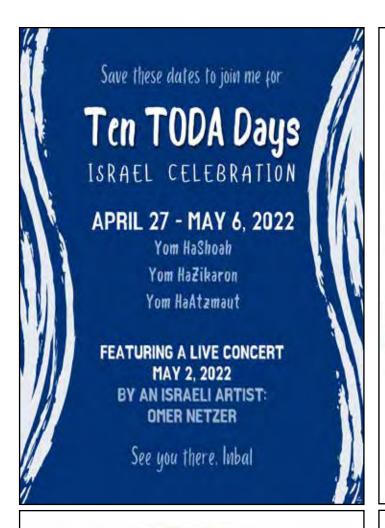
going to do in the upcoming two years of my life, but I did know I was going to serve with great people who were carefully chosen for that service, and that helped.

As an Israeli teenager, army service is a very competitive field. In the area I grew up in, it was a big deal to serve in the more well-known units of the IDF. Looking back from a more mature point of view, especially after serving, I know to say that it does affect your life a lot, in ways I couldn't expect beforehand, but, at the same time, now I understand how important each part of the army is. At the end of the day, it is such a large system, and each person has their part in it, helping the system to work better.

I was lucky to serve in a unique, small unit that does important work to keep the people in Israel safer every single day. I got to know a few of my best friends, and I made connections that will remain with me for years to come. It has also exposed me to stories and people I wouldn't have heard of in any other opportunity in life. It made me feel more connected to my country and I know I did something important to help keep Israel safe.

I wish my brother will go in peace and return in peace.







P2G Fellows are Hosting

Glass Walls

Unconcious Biases and Stereotypes

Hani Zisman & Yael Leibowitz



Hani Zisman, an ultra-Orthodox woman married to a Yeshiva student and mother of four, and Yael Leibowitz, a secular, single woman from Tel Aviv demonstrate the language and cultural gaps between these sectors in Israeli society.

They allow for an unmediated encounter with the social and economic prices we pay as a society and individuals following the stereotypes we operate.

Sunday, March 27th 1pm EDT / 12pm CDT / 8pm ISR







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GREATER CHATTANOOGA

Chattanooga Jewish

2022

DOCS Documentary Film Series

Continued



March 1- 4: Outremont and the Hasidim The challenges of accommodating the "Hasidim", or ultra-Orthodox Jews, in the affluent Montréal borough of Outremont highlight the need for relationship building. After settling there more than 70 years ago, the Hasidim are a rapidly growing minority group which today represents about 23% of Outremont's population. The growing presence of the Hasidim and their believed refusal to integrate causes distrust and fear. English, French, Yiddish, subtitles 53 minutes

March 8 - 11: The Legacy of Aristides In June 1940 in Bordeaux, France Aristides de Sousa Mendes saved tens of thousands of Jews and non-Jews by issuing them visas for Portugal. As the Portuguese consul to France in the early years of the Second World War, Sousa Mendes found himself continually more restricted by the policies of Portugal's prime minister, who had assumed a position of neutrality in his desire not to offend Hitler. French, subtitles 72 minutes



All films will screen virtually for 72 hours beginning at noon the day listed (Tuesdays) and ending at noon 72 hours later (Friday). Scheduled discussions about the film will take place virtually at 7:00 p.m. on the Thursday of that film's screening. Virtual screenings must be pre-paid in advance by visiting www.jewishchattanooga.com; you will receive the login code the morning of the screening and a Zoom code or discussions, if any, on Thursday. \$12 one film at a time.

RENOVATION CONTINUES

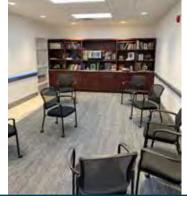
















YOUR FEDERATION



JDC - UKRAINE IS IN CRISIS

Since tensions began around Ukraine in November, a steep rise in the price of daily essentials — food, medicine, and utilities — has forced tens of thousands of needy Jews to make a desperate choice between buying food or keeping warm through this freezing winter. This mounting economic crisis adds to the pandemic's lasting financial toll, catapulting the most vulnerable into renewed risk and suffering.

JDC is working around the clock to ensure uninterrupted humanitarian aid including food, medicine, winter relief, and emergency assistance for the most vulnerable Jews throughout Ukraine — no matter what. Across 1,000 locations, this aid benefits nearly 40,000 needy Jewish elderly and poor families in Ukraine.

Right now we are:

- Providing lifesaving food and medicine and sanitary items like diapers;
- Preparing our staff and volunteers to continue to provide aid no matter the circumstances, including through food package delivery, hotlines, and online platforms;
- Mapping our clients, especially the homebound, to ensure we can reach them; and
- Coordinating with local Jewish organizations and partners to ensure a united emergency response



PARTNERS AT WORK

ORT - KFAR SILVER YOUTH VILLAGE

Kfar Silver Youth Village provides high level education and support to Israel's most at-risk students ensuring they are able to reach their full potential. Founded more than 60 years ago in southern Israel, Kfar Silver serves as an educational home for children, many of whom are from low socio-economic backgrounds and single parent households, and struggle with emotional and mental health challenges.

World ORT Kadima Mada (Science Journey) owns Kfar Silver Youth Village and manages the school, boarding school and agricultural farm. Approximately 1/3 of the student body are boarders including Israelis and new immigrants (primarily from Ethiopia or the Former Soviet Union), Bedouins from the Negev, or orphans.

Kfar Silver delivers the highest-level STEM – Science, Technology, Engineering, Math – instruction to prepare students for 21st Century careers. In addition, students are provided with emotional support, private tutoring, extracurricular activities and a place where they can see all the possibilities for their future—ensuring they can reach their full potential.



JAFI – MASA

Many students who had intended to start college in the fall of 2020 opted to instead defer their freshman year once they found out it would only be virtual. With Israel open to Masa participants, many took the opportunity to enroll in a gap year in Israel, like Alexa, 18, from New Jersey, who deferred attending the University of Pennsylvania. Her search for alternatives led her to a MASA gap-year program that provides participants with opportunities to volunteer, study, and gain valuable life skills and experience while also developing their Jewish identities.

And Masa isn't only for college students. With so many workplaces around the globe going virtual, Masa developed a new way to spend quality time in Israel. Masa Remote Work kicked off in August 2020 for post-college grads under the age of 30. The program allows young professionals to relocate to Israel for a period of four or more months, keeping their job and salary while working as a digital nomad and living in the heart of Tel Aviv.

Machanooga is a joint program between Mizpah and B'nai Zion that serves children from pre-K to 8th grade.





Machanooga Back on the Trail

We started our Machanooga year remotely. We made leaf rubbings online to celebrate Tu B'Shevat, and we also cut decorative hearts to share what special gifts we have to offer just as we had learned in Parashat Terumah. We are now back in person and following the Torah trail. As I write this, we are on the Israel National Trail with our community shlicha Inbal Lev.

We had an amazing time making breastplates like the high priests wore. We made salt scrubs with essential oils, not unlike the incense and oils used for the Tent of Meeting. We learned our Ten Commandments and the Shehecheyanu as we tried new fruits! With only Purim a few weeks away, we hope you join us for our Purim Carnival on Sunday, March 20 from 11:00 to 1:00 p.m.

Machanooga meets on Sunday mornings from 9:30-12:00 p.m. Our spring semester has started! It is available to students from preschool to 8th grade. Please email me (roshnooga@gmail.com) if you want your student to try it out or to arrange a visit. See you on the trail!





MACHANOOGA SPRING SEMESTER 2022
March 6, 2022
March 13, 2022
March 20, 2022
March 27, 2022
April 3, 2022
April 10, 2022
April 17, 2022
April 24, 2022
May 1, 2022

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www.mizpahcongregation.org office@mizpahcongregation.org

Page Editor: Richard Zachary



We are a welcoming and inclusive congregation, offering worship, learning, social action, and social programming that enhances the lives of our members, helping us as we make choices of our lives that we might better ourselves and our world by our actions.

Rabbi Lewis and our Board Welcome You!

Friday Kabbalat Shabbat services Shirei Shabbat: Sabbath of Song Torah Study

D. J. D. M. J. C.

Bar and Bat Mitzvah Classes and Celebrations

Weddings Individual Hebrew teaching for children Zoom, Temple Livestreaming and Facebook Live Bar / Bat Mitzvah training

Please check with Temple Administrator Angela Rickert for details and read our Weekly Email Announcements

Federation Caregiver's Support Group

See page 7 for more information on the Caregiver's Support Group that meets every Wednesday at Mizpah. ONLY via ZOOM.



Purim Carnival

March 20
Mizpah Social Hall
11:00 a.m.to 1:00 p.m.
Games
Prizes
Food
Costumes

Shabbat Learner's Service

Hebrew students' preparation for Bar or Bat Mitzvah! Held in conjunction with our regular Shabbat worship services.



Bar Mitzvah

March 12th: 10:30 a.m. Bar Mitzvah of Blayden Schwartz



TORAH STUDY

Shabbat Morning Torah Study | 9:00 a.m.

Join Rabbi Lewis for Torah Study. We read portions of the parsha from Plaut Commentary and other chumashim. ZOOM LINK included in our bi-weekly email announcements

MIZPAH Ongoing and Special Activities

Please attend your favorite Mizpah activity We offer in-person and virtually everything

you've come to expect

Sundays: Machanooga 9:30 a.m.

Wednesdays: 7:30 a.m. Morning Mussar

(contact Rabbi Lewis)

1:30 p.m. Federation Caregivers Support Group ONLY via ZOOM

Thursdays: 6:30 p.m. Adult B'nai Mizpah Classes **Fridays:** Kabbalat Shabbat services 6:00 p.m.

Saturdays: 9:00 a.m. Torah Study

11:00 a.m. Shabbat worship services

March 8th, 15th 22nd, 29th

Intro to Judaism: The Holidays

Jointly led by Rabbi Lewis and Rabbi Rotenberg 6:30 p.m. to 8:00 p.m. Virtual ONLY



For Details: www.MizpahCongregation.org

Celebrate and Enrich Jewish Life

B'nai Zion's vision is to inspire a vibrant, uplifting, and inclusive community connected to the dynamic traditions of Conservative Judaism.



P.O. Box 3293
Cleveland TN 37320
423-894-8900
www.bnaizioncongregation.com
office@bzcongregation.com

Shabbat Services

Morning Shabbat Services:

9:45 a.m. at Mizpah Congregation in Ochs Memorial Temple for vaccinated adults and children. Masks required.

Services will also be accessible via Zoom.

Kabbalat Shabbat Friday's 6:00 p.m. to 7:00 p.m. via Zoom.



Each month we explore a different topic core to Jewish tradition.

During March, our focus is What am I singing anyway? Prayers that we sing on Shabbat, and never stop and think about.

Zoom ID:

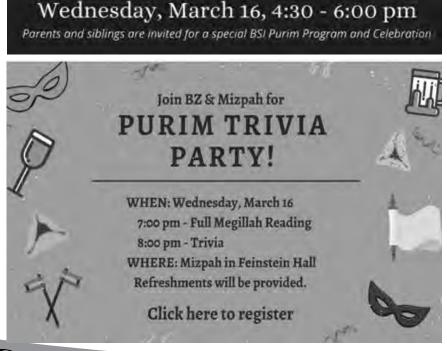
┣ BSI Family Purim Party 🔏

Meeting ID: 845 0521 2418

KABBALAT SHABBAT

Home Hosted Kabbalat Shabbat March 25 6:00 p.m.







950 Vine Street Chattanooga TN 37403 423-490-1106 www.jewishchatt.com rabbi@jewishchatt.com



Chabad is a philosophy, a movement, and an organization.

Chabad is an educational organization dedicated to helping every Jew, regardless of background, affiliation, or personal level of observance, to increase their level of Jewish knowledge, enthusiasm, and commitment.





You are cordially invited to the

Grand Opening of the Chattanooga Mikvah

Sunday March 27
2:00 - Cocktails and Hors D'oeuvres
2:30 - Grand Opening Ceremony
3:00 - Mikvah Tours at Chabad 950 Vine Street

Featured Speakers:

Jamis Friedrich - What the Mikvah Means to Me Rosie Perlstein - The Mystique of the Mikvah

MAHJONG CIRCLE

Every Wednesday at 6 pm
Join the Mahjong Circle for an evening of
camaraderie and fun with sangria and snacks!

Men and women invited!



Hadassah enhances the health and lives of people in Israel, the United States and worldwide.
By connecting and empowering Jewish women to effect change, we are the women who do.
Now, and always, we are Hadassah.
Be proud of who you are, Hadassah women.



Judy Sachsman, President of Chattanooga Chapter of Hadassah



Sunday, March 13, 2022 2:00PM on Zoom

Join us for this free, virtual event combining Jewish learning with a Hamentaschen bake-a-long



<u>With Special Guests:</u> Rabbi Keilah Lebell discussing "The Women of Purim"

Susan Wolf-Schwartz, Hadassah Chattanooga Life Member & member of Mizpah Congregation, hosting the bake-a-long



 \boldsymbol{A} list of ingredients will be sent to those who register.

This event is open to everyone!

Register: https://hadassahsupersouth.org/CelebratePurim

Jerusalem's municipal government has approved the Hadassah Medical Organization's (HMO's) plan to expand Hadassah Hospital Mount Scopus. The municipality's approval means that HMO will have the land it needs for the expansion, a major, multi-decade undertaking that will be completed in stages.

"[N]early 100 years ago the foundation stone was laid ... at Mount Scopus for an historic building," says Hadassah Mt. Scopus Director Dr. Tamar Elram. The expansion, a major, multi-decade undertaking that will be completed in stages. "After the Six-Day War, we returned to Mount Scopus...Now we are beginning a huge march forward into the future of Hadassah and the future of Jerusalem." A host of facilities is being contemplated, among them a hospital tower; buildings dedicated to surgery, women's health and an ER; and a hotel for outpatients and the families of patients being treated at HMO. One facility already nearing completion is the Gandel Rehabilitation Center. Recently named in honor of generous donors John and Pauline Gandel, the center will enable those recovering from accidents, illness and disease to live productive, independent lives.

Celebrate Purim with Hadassah! All Hadassah and community members are welcome to join Rabbi Keilah Lebell for a program on women of Purim and Susan Wolf-Schwartz for a session on baking Hamantaschen on Sunday, March 13, at 2:00 p.m. When participants register, the participant will receive the Zoom link as well as a list of ingredients for the recipe. There is no charge for this program. Get ready for Purim, and start making some noise with Hadassah, the women who do.

Join Hadassah and Mizpah for a repro program on Sunday, April 24. Hadassah's mission has always involved women's health, the ability to choose, and advocacy. Debra Dubrow is coordinating these efforts.

Start saving extra toiletries and food for the annual donations. Collection bins and boxes will be at the reopened JCC from April 28-May 8. The Brainerd Food Pantry (part of Chattanooga Area Food Bank) and Room in the Inn will be the designated recipients for this annual event.

Annual Giving enables Hadassah to provide ongoing reliable funds for its many projects such as: Hadassah Medical Organization, which supports saving lives, healing, research, and cutting edge medicine at its two Jerusalem hospitals; Youth Aliyah, which educates and nurtures children at risk; and Young Judaea scholarships, which enables children to attend camp and young adults to spend a "gap" year in Israel.

Annual Givers start with:

Chai Society members (\$180/year) Silver Chai members (\$360/year) Traditional Keepers (\$1,000/year) Chai Keepers (\$1,800/year) New Silver Keepers (\$2,500/year) Golden Keepers (\$5,000/year)

Those who are already Annual Givers should consider increasing donations or stepping up to the next level.

Contact Dana Waxler at dwaxler@hadassah.org.

By connecting and empowering Jewish women to effect change, we are the women who do. In the time of a Global Pandemic, we are Hadassah. Be proud of who you are, Hadassah women.

LEGACY SOCIETY



JOIN THE JEWISH FEDERATION LEGACY SOCIETY

The Legacy Society is made up of individuals who, in the tradition of our Jewish faith, wish to share their blessings with others by providing for the future needs of the Jewish community. There are a number of ways to contribute to the Jewish Federation's Endowment through estate planning: a bequest in a will, contribution of the remainder of an IRA or other retirement plan, a life insurance policy, charitable remainder trust, donor advised fund, charitable gift annuity, piece of real estate, securities or other property, or the donation of other assets. However they choose to contribute, Legacy Society members can be sure that their planned gift will turn their dreams or a strong future Jewish community into a reality. Join today.

A (2)
Anonymous (2)
Allen, Amelia*
Allen, Owen
Alper, Maxine*
Balser, Jeff
Balser, Robin
Barukh, Rebecca
Berz, Bob
Binder, Claire
Black, Bonnie
Black, Stephen
Bogo, Jerry
Bogo, Rosalee
Bohn, Jerry*
Brooks, Ellyn
Brooks, John
Brouner, Betsy
Brouner, Lee

Hanan, Victor* Hill, J.R. Hochman, Colman* Hochman, Lynn Hodes, Alvin* Hodes, Andy Hodes, Melody Howard, Lynn Israel, David Israel, Scott Jaffe, Dot* Jaffe, Sam* Lakow, Harry* Lebovitz, Alison Lebovitz, Alan Lebovitz, Betty Lebovitz, Charles Lebovitz, Lauren

Lebovitz, Michael Levine, Lawrence* Lowe, Beth Lowe, Rob Malsh, Rebecca* Nash, Ike* Oxenhandler, Barbara Parker, Jordan Pregulman, Helen Richelson, Alan Richelson, Miriam* Rose, Cassie Rose, Kevin Rosenfeld, Jackie Rosenfeld, Roy Siskin, Pris Sivils, Janet Spector, Linda

Spector, Mark*
Spector, Mike
Susman, Gail
Susman, Joel
Weiner, Cara
White-Dropkin,
Donna
Winer, David
Winer, Elaine
Winer, Finette
Winer, Sanford
Zachary, Richard

* Deceased

Thank you for insuring our future.

See how easy it is to join the Legacy Society! Call Michael Dzik at 493-0270 ext 15.

STAY INFORMED

A full listing of monthly programs is on our website, www.JewishChattanooga.com, where you can RSVP

Find up-to-date information about online programs, cancellations and changes in our:

- Weekly Community Email
- Federation Facebook Page (Jewish Federation of Greater Chattanooga)
 - Federation Website (JewishChattanooga.com)

QUESTIONS? Call us! 423-493-0270

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THE **STRENGTH** OF A PEOPLE THE **POWER** OF A COMMUNITY

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Find us online at **JewishChattanooga.com**



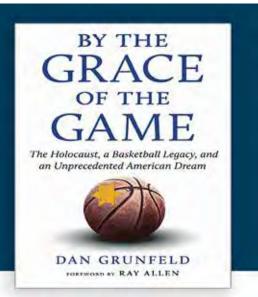


Jewish Men's Event

The Holocaust, a Basketball Legacy, and an Unprecedented American

with By The Grace of the Game Author.

Dan Grunfeld





Join us on Zoom March 2 at 8pm

Registration Required - jewishchattanooga.com to receive Zoom link







