



A PUBLICATION OF THE JEWISH FEDERATION OF GREATER CHATTANOOGA



FROM THE EXECUTIVE DIRECTOR

Work will continue without skipping a beat

Some months are easier than others to come up with a topic for my monthly article. Fortunately the topic this month is easy; unfortunately what I have to say is difficult because it makes me sad.

As you may know, two Federation employees – Aleph Bet Director Meghan Graybeal and Social Services Director Christi Haustein – are leaving us. Both are so much more than colleagues; they are friends, and we will miss them.

I hired Meghan Graybeal, then Bixby, about 15 years ago. Aleph Bet was going through a transition, and I was hiring teachers and a new director. Meghan started as an assistant and quickly moved to become a lead teacher in our twoyear-old red classroom. In many cases, the kids joining the Red Room are first timers - it's their first time away from their parents in an all-day learning environment. Meghan was always able to lessen their tears (of both kids and parents!), facilitate so much learning, and even get those two's potty trained! It is a skill and a gift.

Meghan moved up to Assistant Director nearly 10 years ago, and when the opportunity arose, was the perfect choice as the Aleph Bet Director. She has guided the school, supported the teachers, and created a family environment

for all. She went to Israel on Federation teacher Jewish exchange program many years ago, a trip that I know transformed her life. I have watched Meghan grow as a teacher, director, and most recently, a mom. She is full of creativity and energy. And you should hear her lead Shabbat with the kids and sing the dinosaur song! We are incredibly fortunate to have had Meghan with us for 15 years. I'm not saying goodbye just yet. Meghan will be with us until May 31, and I wish her and her family all the best on their continued journey.

Although she has already moved on, Christi Haustein has equally been a tremendous asset to the Federation. Her caring and open personality, combined with our welcoming community to Christi up for success as soon as she joined our staff. Christi involved herself in the community, attending Federation events while also helping the Federation create the Brainerd Food Pantry and volunteering there twice a month. She learned the resources in the Chattanooga area, built relationships with our rabbis, and was able to assist and guide all those in need of assistance.

I know we'll all miss Christi's warm smile and positive attitude. She approached challenges head-on, taking an interest in the lives of everyone in the community. She always had the best interest of each community member and gave 110% each and every day (and many times after hours!). I wish Christi and her family well as they move back to Huntsville, closer to family and long-time friends.

Meanwhile, Federation's work will continue without skipping a beat. Federation Social Worker Marki Kaim is stepping up to assist short-term so that nothing falls through the crack. The entire Federation team is also taking on additional responsibilities to keep things running smoothly. Thanks in advance for your patience! As this goes to print, we are receiving applications for both positions. If you know someone who might be interested in either position, please have them get in touch with me.



FROM THE BOARD CHAIR

Rob Lowe roblowe1770@gmail.com

What we are witnessing in Ukraine

Ukraine: A Global Network Gives Us a Way to Fight Back

is a horrifying, unprovoked attack on an independent, democratic nation by an autocrat and a monster, along with his enablers. We absorb daily news of women, children, the elderly displaced from their homes, from their country, separated from their families. We hear Holocaust survivors talk about surviving bombs and the Nazis in 1942, and now, 80 years later, going to shelters, leaving their homes, and worrying about bombs from Russia. Yet, they remain strong and defiant.

As attacks are directed at hospitals, churches, schools, homes, we are moved by the incredible strength and resiliency of the Ukrainian people and their leader, Jewish president Volodymyr Zelenskyy, whose grandfather fought the Nazis during WWII. An assault that started with the Russian invasion on Feb. 24 was expected to end with Ukraine's fall within a matter of days. But the Ukrainian people, civilians and military,

continue to defend their country. As I write this in mid-March, we do not know how this attack will play out, although escalation seems inevitable. Already more than 600 civilians (many of them children) have been killed and more than another 1,000 injured. As a community and a country, we hope and pray for peace.

When natural disasters – or, like this one, man-made – occur throughout the world, Israelis are consistently the first to put themselves at risk, administering humanitarian aid to victims. During this Ukrainian war, Israelis are on the ground providing medical care, food, and supplies, saving lives. While this comes as no surprise, it brings us immense pride that our Jewish homeland is always a leader in providing hands-on care for those in need. Israelis know what it is like to be under attack, to hear the sound of sirens day and night, to demonstrate the courage and strength to defend its people and home. In addition,

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FROM THE PROGRAM DIRECTOR

Ann Treadwell Atreadwell@JewishChattanooga.com • 493-0270 ext 13

My Search for Inspiration

It's April, a month that for decades has plagued me with job losses, unwelcome change, defeat, injury, deaths, disappointment and regrets. In past years, I hid from the April days, surviving it with little or no pleasure.

This year my goal is to start on April 1, ironically April Fool's Day, with a monumental attitude shift. I have decided that this April I will actively seek inspiration. I know that inspiration, like awe, should just descend upon you and cover you with a zen-like peace that leads to momentum. Isn't the purpose of inspiration to pierce our hearts with a spark of desire to grow?

My April inspiration quest started to unfold in mid-March. Carelessly flipping through TV channels, I came upon a series that was one of my mother's favorites. IMDb TV broadcasts free, mostly older programs. This particular series ran from 1988-1995, years that I was too busy building a career and raising my son to spend any time watching television. We did not own a television until 1989, and it was a tiny black and white set.

In the Heat of the Night, the series starred Carroll O'Connor, who I only knew as the offensive Archie Bunker from the 1970s series All In the Family. I decided to watch it only because I remembered that my mother had liked this series. Drawn into the plot of the first and every subsequent episode, I realized what the inspiration had been for her: it was about social issues. Whether the obvious civil rights issues in the South post-1970s, or the rights of women, or police accountability, or finally the balance of work life with family life. It's all there.

As I discovered each commentary capsule of information during an episode, I began to think that In The Heat of the Night could be a great teaching vehicle for people who didn't live through the 1960s to 80s. I also began to think about how the issues

Cont. Page 5

FROM THE SOCIAL SERVICES DIRECTOR

Christi Haustein Chaustein@JewishChattanooga.com • 893-9241

New Chapter

As you may have heard, I will be moving back to Alabama soon, and a new chapter will begin for me. Leaving this particular job will be one of the most

Leaving this particular job will be one of the most devastating departures of any in my life. This was a different type of social work position.

In my past employment, I've been accustomed to providing services, referrals, and offering supportive services. But usually those I help move on, have lives of their own, or are discharged home after recovering from whatever injury or illness brought them in. Working at the Federation I was able to build relationships and lasting friendships with many community members as well as my coworkers. I have been so fortunate to work with a community that helps others and cares for one another so deeply. Given all of this, it makes leaving this place incredibly difficult. So I thank you all for allowing me to work with you and for you and thank you for allowing me to be a part of your "family." I have learned so much and will take this with me.

I have to give the Jewish Federation so much credit for what they do and the services they offer. I have researched Federations around the country to try and help people in my own life, based on what I know they do for our own Chattanooga community. There is simply not another agency that I know of that provides free services like home visits, transportation, meals and other supportive services. I hope y'all know just how special this place is!

Many of you don't see the behind-the-scenes work that goes into helping others; how we help with housing stability, delivering groceries to those who are immobile, who are too sick to get out or who are financially burdened. The phone calls that are made to check on individuals who are sick or socially isolated and what it means to those people. You may not know about the support group that has reached many in the community to gain insight on helping their loved ones and at the same time, gain education and support from others in the group. Soon, the Federation building will reopen, and I can't wait to hear about Ann's in-person programs, Marki's support groups, and innovative outings, and I know many of you will return for Tuesday Café! Michael has worked hard to have the Federation building renovated so that these events can take place and be full of new technology so those at home can participate too. You will simply love the new look this place has taken on.

I anticipate coming up for special events and seeing you all soon. I wish you the very best and know you'll be in good hands.





in just the first two weeks of this devastating war, more than 1,000 Ukrainian Jews made aliyah. Israel is reportedly prepared to take in up to 25,000 refugees from Ukraine and Russia.

Cont. from Page 3

Our local Jewish community responded to this call to action with much needed financial support to help the thriving, vibrant Jewish communities in Ukraine. In just the first week of our ad-hoc campaign, we raised nearly \$25,000 with an ultimate goal of \$36,000. All funds raised will go directly to our overseas partners (Jewish Agency, JDC, and ORT). These partners in Ukraine will provide social services in the form of home visits, food, transportation and safe transport to the nearest border. We are able to respond quickly to these critical needs because of the networks we support. In total, our Jewish Federation system is committed to raising \$20 million for Ukraine support. You can still make donations through our website (mark your donation" for Ukraine"). Thank you as always for your tremendous compassion and generosity. I am proud we are part of this critical network of Jewish Federations. This is another example of how our organization saves lives and will continue to do so.

The entire democratic world stands with and supports Ukraine in their fight for freedom from dictatorship. An attack on one is an attack on all.

Are you looking for a PCP (primary care physician)?

Dr Monica Gefter, MD. FACP

Internal Medicine
Welcomes new patients from age 18 up



979 E 3rd St; Ste B-601, Chattanooga Phone: 423-778-8179 Email: Monica.Gefter@erlanger.org explored were sometimes resolved, and how they relate to current situations. Issues surrounding African American rights correlate directly to the Black Lives Matter movement. Life in "the bottoms," the low-income area of the fictional Sparta, Miss., correlates to current low-income housing, poverty, and segregation by income and race. The conflict between rural values and urban ideals is still present, and the fear of the loss of white identity shown in the series directly relates to the current Christian National Movement.

I decided to try out my inspiration theory on my family; that we can look to the past to find meaning in the present. Each of us watched an episode, sometimes as a family unit, sometimes alone or with one other family member. The conversation across generational lines has been fascinating, and inevitably, we all came to similar conclusions. I was reminded of my urban past, my husband of his time growing up in Shreveport, La., and St. Louis, Mo., and my son was aware of how the issues have shifted from past to present. I am open to watching episodes with you with discussions to follow. Please reach out to me if you are interested.

But for now, I bring up this inspiration to talk about April programming at the Refreshed Jewish Cultural Center. It is likely all of us will remember what the building was like and how over two decades we have enjoyed many great programs. I hope that the refreshed building will bring inspiration to some new and different programs. April brings us the commemoration of Yom HaShoah, the Holocaust, as well as Yom Hazikaron and Yom Haatzamaut. As we vow "Never To Forget" we need to be open to how this season is translated by the next generation. I strongly encourage you to participate in "Ten Days of Toda," a program from shlicha Inbal Lev. (See page 9 for more information). Inbal's program will show us a way to take inspiration from the past to create the future.

Jewish-style food, haimisha atmosphere Catering for all events!

OPEN 7 DAYS
Sun.- Fri. 10:30-3:00
Sat. 10:30 to 5:00
tel 756-3354 (DELI)
fax 266-8646 (TOGO)



151 River Street across from Coolidge Park

riverstreet-deli.com
Check our website for our daily menu

Tuesday Cafe via ZOOM April 5, 12, 19, 26

Fix your lunch, sit down in front of your computer, laptop, or phone, and let's chat!
Meeting number: 747 223 9161 • Password: 940790

The Juliets, a women's lunch group, will meet for lunch once a month outside of the Jewish Cultural Center. For more information and the April date, contact mkaim@jewishchattanooga.com



Do you need assistance with your home to stay independent?

Handy Helpers

Are you 60 years old or older?

Do you need assistance with home maintenance, repair, or minor accessibility upgrades?

Do you want to decrease your utility bills?

For more information or to register contact (423) 493-0270 or visit www.jewishchattanooga.com.

Brought to you by the Jewish Federation of Greater Chattanooga, St. Alexius Outreach Ministries, United Way of Greater Chattanooga, Impact 1 and Build It Green.



Mitzvah Meals Delivered or picked-up

Suggested Donations

\$8 per meal

- \$90 per month based on 3 meals/week
- \$125 per month based on 4 meals/week
- 160 per month based on 5 meals/week
- 190 per month based on 6 meals/week

We are delivering meals on Thursdays.

All Mitzvah Meal recipients must be pre-approved by Social Services.

Menus are set by the Kitchen Supervisor.

Contact: Social Services (423) 493-0270

JOIN THE JEWISH FEDERATION STAFF!

The Jewish Federation seeks
Social Services Director
and

Aleph Bet Childrens Center Director

More info and to apply contact the Front Desk at federation@jewishchattanooga.com or 423-493-0270

NEED A RIDE?

The Federation will continue to provide rides to doctor appointments and the grocery store, though we encourage you to utilize grocery store and pharmacy delivery services. Some offer these for free but we can cover the cost of delivery if you need help.

Our van drivers practice strict cleaning procedures before and after each client.

Monday-Thursday: Joel
Tuesday & Thursday: Susan
Tuesday & Thursday: Jonathan

Contact them directly for rides:

Joel Scribner - (423) 321-4236 Susan Berner - (423) 508-4895 NEW HIRD Jonathan Snyder - (423) 298-7169

William M. Hillner, Ph.D. Clinical Psychologist

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Neuropsychological Evaluations
drhillner@gmail.com Office (423) 855-4091
www.relationshipTherapy.com Fax(423) 855-8928







770 M

Passover Gathering

AN INTERACTIVE ONLINE PASSOVER EVENT

Bring your matza and wine for four glasses.
Join us in celebrating Passover with our
Partnership2Gether family.

The event will be hosted by **Inbal Briskin-Pery**, a Jewish-Israeli culture educator and team-building facilitator





And accompanied by **Barbara Mazer**, a classically trained soloist, songleader and music educator.

Photo by Marina Berdnik

April 10th IPM EDT/ 12PM CDT/ 8PM ISR



Mazal Tov!

...to Rachel Pohl and Jesse Rosenthal, on the birth of their son, Emmett Pohl Rosenthal, on March 3.

...to Maya and Dan Lev Miller, on the birth of their son, Yanai Miller, on February 22.

...to Kevin Rose and the Market Street Partners for winning the Small Business of the Year award presented by the Chattanooga Area Chamber of Commerce.

Condolences

We are sad to announce the passing of

...**Toby Pitkow**, on March 1, in Chattanooga. She is survived by her daughter, Andrea (Raymond Pyter) Pitkow.

... Jeanna Richelson, on March 11 in Chattanooga. She was preceded in death by her husband, Robert B. Richelson. Survivors include a brother, Eddie Sipe (Sherry); a sister, Barbara Bartlett; three nieces; a nephew; three great-nieces; and two great-nephews.

...former Chattanoogan *Leon Abraham Minsky* on March 16, in Dothan, Ala. He is survived by his wife, Barbara Minsky; children, Jerome Kirk Minsky, Marlo (Scott) Urdahl, Laura "Lulu" Yanuck, and Erik Lewis Rofe; brothers, Reynold (Carleen) Minsky, and Louis (CeCe) Minsky; and his grandchildren.

UPCOMING BAT MITZVAH

Ava Diane Kaplan will become a Bat Mitzvah on April 23 at 10:30 a.m. at Mizpah Congregation. Ava, 13, is a seventh grader at Girls Preparatory School. Her parents are Caroline and Paul Kaplan. She has one sibling, Eren, 16.



Ava loves art and piano and also enjoys spending time with her friends. She believes that "becoming a Bat Mitzvah is like being accepted into the Jewish community, and it makes me feel more involved and connected to the community."



ALEPH BET CHIDRENS CENTER

Meghan Graybeal AlephBet@JewishChattanooga.com • 893-5486



aleph bet children's center

Aleph Bet provides an educational, interactive and developmentally appropriate preschool program enriched by Jewish traditions and values.

Aleph Bet's Purim celebrations were more joyful than ever this year! Our last event with in-person parent involvement was our November 2019 Fall Program. Our Purim costume parade included an adoring audience of Aleph Bet family members, who then joined us for a short Purim spiel, hamentaschen, and general merriment out on the playground.

It warmed my heart to welcome families back for fun for the first time in more than two years! We've sorely missed this aspect of being a community, and we look forward to more opportunities to gather in the coming months.











NOW ENROLLING

2022-2023 School Year

From August through May, our teachers create immersive lesson plans and learning opportunities every day as part of our 3-Star, elementary prep program.



Aleph Bet serves children ages 2-preK. Schedule your tour today to join in our fun and learning!

We're Hiring!



Full-time Lead Teacher for our 2-year old classroom

Summer camp Floater/Assistant Teacher helping in all classrooms

All positions require previous childcare experience and a high school diploma or equivalent. Interested individuals should contact Meghan Graybeal at alephbetejewishchattanooga.com



Inbal Lev Federation Shlicha Israel@JewishChattanooga.com • (423) 385-0098

"Ten TODA Days"

Recent events in Ukraine, along

with my visit to Israel got me thinking about a lot of things. As an Israeli Jew, this war touches me in the deepest way. On one hand, when I hear about the sirens going off in Ukraine and people honking their cars to warn others, it sends me back to the summers of 2006 and 2014. These were Israel's last two wars that I experienced as a citizen. I was an eight-year-old during the 2006 Lebanon War, running in and out of the shelter. Then, I think about all the memorial ceremonies, classes, and projects I did as an IDF soldier, educating and teaching about Israel's fallen soldiers and Victims of Actions of Terrorism.

On the other hand, what I see on TV – mass graves in Ukraine, huge crowds on the train station platform – makes me think of all I learned my entire life about the Holocaust. My great grandparents escaped Europe before World War II and found out a few years later that their own families had perished. Later on, all the horrific stories of what happened there were told. I can only imagine what Holocaust survivors are thinking seeing the similar images on TV.

Life is very fragile. There were about 10,000 Israelis in Ukraine in the days before the war broke out. In the weeks before, Israeli Prime Minister Naftali Bennet and other ministers were calling them to come home, but they couldn't believe such a war would happen and not all of them came back. They believed the cliché that two countries that have McDonald's branches won't fight each other.

With the ongoing war in Ukraine and the heartbreaking situation, we have to prepare our own ceremonies in Chattanooga to remind us of our past and of the importance of Israel in our lives.

I'm inviting all of you to join me for "Ten TODA Days" programming, starting at the end of April. We are going to mark the Israeli national days – Yom Hazikaron laShoah ve-laG'vurah – **Holocaust Remembrance Day**, Yom HaZikaron – **Memorial Day** for the Fallen Soldiers of the Wars of Israel and Victims of Actions of Terrorism and Yom Ha'Atzmaut – **Independence Day**. This year, we decided to mark these days for ten whole days, combined with Good Deeds Day.**

On "Ten TODA Days," April 27 to May 6, we will have different programs every day, marking gratitude and appreciation for Israel and its place in our lives. More details will be on the Federation's website, Facebook

page, and more.

Toda (thank you) to all who will choose to join, online or in-person!

** The first Good Deeds Day kicked off with 7,000 volunteers in Israel in 2007. Every year since then, Good Deeds Day unites people from around the world for one day dedicated to #DoingGood. Of course, we believe doing good is for every day. Yet gathering for one day inspires a whole world of good.

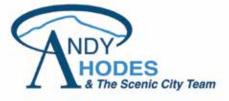




Remember last year's DAFFODIL PROJECT

led by our Shlicha, Inbal?





Two Words of Advice for the Concerned Buyer or Seller:

When you buy or sell real estate, and you want assurance that your investment is protected, heed these two words of advice:

Andy Hodes

With his in-depth knowledge of the local market, Andy is more than a real estate agent. He is a real estate **counselor**, a caring **professional** who helps you make the **right** decisions.

Call Andy today for a free, no-obligation consultation!



MUSIC AT MIZPAH presents...

"Music Builds Community" Featuring

The Anderson-Sasaki Duo

Classically-trained violin and piano
They are outstanding musicians performing
Nationally and Internationally

Saturday, April 30 7:00 pm Mizpah Sanctuary

\$10 per person - to cover staffing, PR and security
Concert fully underwritten by the
Cohn/Cohen Families

Tickets can be purchased on the Mizpah website or in ShulCoud, or by sending in a check.

If you purchase on line please give an extra

.45 to cover the convenience fees, so \$10.45



Rebecca Anderson, violin

Mika Sasaki, piano



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Ten TODA Days ISRAEL CELEBRATION

Ten TODA Days

is a program marking gratitude and appreciation for Israel and its place in our lives RSVP to all events on our website! Wed, April 27

Yom HaShoah

Candles, program & Zikaron BaSalon by Bea Lurie 7PM at JCC

Thurs, April 28

Lunch and Project

card making with
AB children
10:30AM at JCC
Including a light lunch

Friday, April 29

Sat, April 30

Shabbat TODA

Community Shabbat dinner at home and home-based activities

Pick up Shabbat bags on Friday

between 2-4PM at JCC

Sun, May 1

Family Israel Day
A Machanooga

Celebration
OPEN TO ALL
11AM at Mizpah
congregation

Mon, May 2

Omer Netzer LIVE concert

Happy hour snacks and drinks 5:30PM at JCC \$10 per person Tues, May 3

Yom HaZikaron

Soldier-based music program
7PM at JCC

Wed, May 4

Taste of Memories

Food tasting
Yom HaZikaron
program
5:30PM at JCC

Thurs, May 5

Sip & Paint Event

Painting Israeli
views celebrating
Yom Ha'Atzmaut
7PM at JCC
\$10 per person

Friday, May 6

Good Deeds Day
T-shirt and goodie
bags pick up
for all participants!
2-4PM at JCC



= In-person and virtual, see website for details. www.jewishchattanooga.com

JEW CREW

JEW CREW RETREAT 2022 By Hannah Lowe

Another February weekend has ended, but this was no ordinary weekend. From Friday, Feb. 25, to Sunday, Feb. 27, we traveled to Camp Ramah Darom for our annual Jew Crew Retreat! The excitement was palpable because we hadn't been able to go last year due to COVID-19. Whether we were going for the first time, the last time, or anything in between, we were just glad to get to experience some normalcy and be together again. Along with our lovely chaperones/advisors, Alison Lebovitz, Andy Hodes, and Inbal Lev, six teens joined this time. This small number allowed us to be a close-knit group. Although we did have to wear masks sometimes and there was a chance of rain, we were all optimistic that we would have a great time, and we were right!

We started our weekend reviewing the purpose of Jew Crew and reading some prayers and pieces of advice that would help set us up for Shabbat and the coming week. We let go of all our worries from last week and prepared ourselves to embrace this retreat wholeheartedly. Remember this: "Trust in God, but lock your car." We started Shabbat with dinner and prayers, letting us be immersed into the experience. Then we played a very exciting game of Codenames that required a lot of teamwork.

On Saturday, we played many fun Israeli games that Inbal taught us and did two activities, the tower and the swing. The climbing staff was amazing, and it allowed all of us to have a really great time. Everyone who wanted to climb made it to the top, and we all pulled hard on the rope for whomever was going on the swing. The climbing activities stuck out to me in particular because of the support and encouragement that we all gave each other.

At the end of the night, we did Havdalah and made s'mores before going back to the cabin for the night.

Havdalah reminded me of some fond camp memories, and the s'mores were great. Finally, on Sunday, we packed up and ate breakfast. We reviewed what our highlights were of the retreat and what we were looking forward to, and everyone reflected on how much fun they had and how they enjoyed spending time with everyone.

I remember being worried that I'd feel socially awkward during the retreat, but those fears melted away because of all the camaraderie. We made sure to thank the kitchen staff for their amazing attitudes and for working so hard to provide us with food. Then, that was it.

As a high school senior, this is my last Jew Crew Retreat. While there are more events during the rest of the school year, the Jew Crew Retreat will always stick with me as an amazing and memorable experience. I love and appreciate Alison, Andy, and Inbal for giving me and the other five of us a weekend we will never forget.















the JEW CREW

In March, Jew Crew had an incredible session with Ahron Levin, the Senior Southeast High School Coordinator with Stand With Us. The program included a detailed history of antisemitism as well as interactive lessons intended to help the teens identify and confront antisemitism in their own classrooms and communities.











YJL

Young Jewish Leadership Shabbat





NAUGHTY CAT CAFÉ - GATHERING









Machanooga is a joint program between Mizpah and B'nai Zion that serves children from pre-K to 8th grade.





Machanooga at Trail's End

Thank you so much for attending the Machanoga Purim Carnival! We had a blast, and we appreciate your support. It was a seaworthy time, as our students were entertained by our swashbuckling A Very Pirate Spiel to start the morning. They were given mishloach manot filled with groggers and hamantaschen, and then enjoyed the "pirate-y" carnival. Attendees "walked the plank," did the pirate hook ring toss, and more!

Leading up to the Purim Carnival, Machanooga students competed in the Maccabiah Games. We had three teams: Lavan (white), Kahol (blue), and Katom (orange) — the



colors of the Israel National Trail. To earn points students took on weekly challenges, such as wearing a silly hat, or making a get well card. Their teams also competed in games, such as balloon toss, stacking cups and the grogger shake. During the week, to earn extra points for their team, they completed by demonstrating Jewish values, such as honoring their parents, taking care of animals, and observing Shabbat. It was a fun and active way to get through the winter!

MACHANOOGA SPRING SEMESTER 2022
April 3
April 10
April 17
April 24
May 1 See Ten TODA Days on page 11

We closed out March with fantastic projects that included making kindness rocks, mezuzahs for our home, and "healephants," stuffed elephants to bring to those who are healing. There are only a few classes left in the semester. We will have our own class seders and end the school year the same way we started — with a visit from the Kona ice truck!

Though Machanooga is coming to an end for this school year, it's a great time to think about the 2022-2023 school year. Be on the lookout for a registration form. Machanooga meets on Sunday mornings from 9:30 a.m. to noon. It is available to students from preschool to 8th grade. To learn more, please email me at roshnooga@gmail.com.

923 McCallie Avenue Chattanooga, TN 37403 423-267-9771

www.mizpahcongregation.org office@mizpahcongregation.org

Page Editor: Richard Zachary



We are a welcoming and inclusive congregation, offering worship, learning, social action, and social programming that enhances the lives of our members, helping us as we make choices of our lives that we might better ourselves and our world by our actions.

Rabbi Lewis and our Board Welcome You!

Friday Kabbalat Shabbat services Shirei Shabbat: Sabbath of Song

Torah Study

Bar and Bat Mitzvah Classes and Celebrations

Weddings Individual Hebrew teaching for children Bar / Bat Mitzvah training Zoom, Temple Livestreaming and Facebook Live



Please check with Temple Administrator Angela Rickert for details and read our Weekly Email Announcements



INTRIGUING CONVERSATION

April 14 at 7:00 p.m.

Deborah Levine
interviewed by Jed Mescon

TORAH STUDY

Shabbat Morning Torah Study | 9:00 a.m.

Join Rabbi Lewis for Torah Study. We read portions of the parsha from Plaut Commentary and other chumashim. ZOOM LINK included in our bi-weekly email announcements



PASSOVER SEDER

Friday, April 22 at 6:00 p.m.

"MUSIC AT MIZPAH"

presents The Anderson-Sasaki Duo

Saturday, April 30 - 7:00 p.m. in Mizpah's Sanctuary.
Concert underwritten by the Herb Cohn Family.
Tickets \$10 to cover staff, PR and security.





Tickets online at mizpahcongregation.org. Questions? Contact the Mizpah office.

Shabbat Learner's Service

Hebrew students' preparation for Bar or Bat Mitzvah! Held in conjunction with our regular Shabbat worship services.

MIZPAH Ongoing and Special Activities

Please attend your favorite Mizpah activity. We offer in-person and virtually everything you've come to expect

Sundays: Machanooga 9:30 a.m.

Wednesdays: 7:30 a.m. Morning Mussar

(contact Rabbi Lewis)
1:30 p.m. Federation Caregivers

Support Group ONLY via ZOOM

Thursdays: 6:30 p.m. Adult B'nai Mizpah Classes **Fridays:** Kabbalat Shabbat services 6:00 p.m.

Saturdays: 9:00 a.m. Torah Study

11:00 a.m. Shabbat worship services

April 5th, 12th, 19th, 26th

6:30 p.m. to 8:00 p.m. Virtual ONLY

Intro to Judaism: The Holidays

Jointly led by Rabbi Lewis and Rabbi Rotenberg

Friday, April 1

First Friday meal - RSVP required.

Friday, April 22

Social Action Reproductive Health Shabbat, led by Amy Cohen

Saturday April 23: Bat Mitzvah of Ava Kaplan See page 7 for a short article by Ava about this special day.

Sunday April 24 4:00 p.m.

Educational Panel on Reproductive Access featuring Rachel Schulson, Rabbi Craig Lewis, and a panelist from Hadassah

For Details: www.MizpahCongregation.org

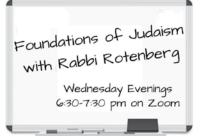
Celebrate and Enrich Jewish Life

B'nai Zion's vision is to inspire a vibrant, uplifting, and inclusive community connected to the dynamic traditions of Conservative Judaism.



P.O. Box 3293
Cleveland TN 37320
423-894-8900
www.bnaizioncongregation.com
office@bzcongregation.com





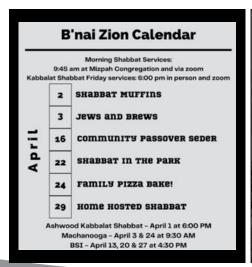
Scan here or contact the office to register

FOUNDATIONS OF JUDAISM

Each month we explore a different topic core to Jewish tradition.

During April, our focus is What's Jewish about Bread?

Zoom ID: 845 0521 2418





950 Vine Street Chattanooga TN 37403 423-490-1106 www.jewishchatt.com rabbi@jewishchatt.com



Chabad is a philosophy, a movement, and an organization.

Chabad is an educational organization dedicated to helping every Jew, regardless of background, affiliation, or personal level of observance, to increase their level of Jewish knowledge, enthusiasm, and commitment.

CTeen New York Shabbaton

by Dorian, Callie, and Gabby

We recently celebrated the 2022 NY CTeen Shabbaton, an annual weekend retreat for Jewish teens from around the world, and it was an experience of a lifetime. The hundreds of generous people and amazing sights will wow anyone. All the fun Jewish social games and the true Jewish learning really allowed for an amazing time for all! Staying in Chabad families' houses allowed for an authentic and genuine connection between us and our host families

Riding the subway and walking out into Times Square is a moment we will never forget, and we are so looking forward to gaining the same experience next year! We met teens from all over the world; from Morocco and France to somewhere near home. Knoxville!

All the dancing and amazing music allowed us to be our true Jewish selves! Visiting the rebbe's resting place was truly a moment to connect with the important man who allowed us to be the confident Chabad teens we are today! To any Jewish high schoolers reading this, we all encourage **you to join us for the 2023 NY CTeen Shabbaton!**









CHABAD CELEBRATED PURIM BLACK AND WHITE

In March Chabad hosted its "Black and White Purim" celebration. We were so pumped by the energy of celebrating together! The joy and (comm)unity of over 100 gathered together was just electrifying! There was delicious food, I'chaim, dancing, lively music, an amazing speed painter, smiling faces... and more! It was simply special to celebrate with you! And thank you, Bruce Weiss, for the awesome wings!











Hadassah enhances the health and lives of people in Israel, the United States and worldwide.
By connecting and empowering Jewish women to effect change, we are the women who do.
Now, and always, we are Hadassah.
Be proud of who you are, Hadassah women.



Judy Sachsman, President of Chattanooga Chapter of Hadassah

HAPPY PURIM (Feel free to bake with Hadassah March 13!)

Hadassah members and guests celebrated a wonderful Purim, with Rabbi Keilah Lebell covering the women of Purim and Susan Wolf-Schwartz the baking of Hamantaschen. These hamantaschen photos demonstrate success in many Hadassah kitchens!









HADASSAH HEALING has already sent medical supplies to the Ukrainian Embassy in Tel Aviv. The supplies were then airlifted to the Ukrainian border with Poland. This first shipment, one of many, included sterile surgical covers and clothes, disposable scalpel blades, equipment for wound therapy, orthopedic devices for external fixation, bag valve mask resuscitators, and surgical thread and other wound dressing materials.

Jerusalem's municipal government has approved the Hadassah Medical Organization's (HMO's) plan to expand Hadassah Hospital Mount Scopus. The municipality's approval means that HMO will have the land it needs for the expansion, a major, multi-decade undertaking that will be completed in stages.

WOMEN'S HEALTH

Join Hadassah and Mizpah for a Repro Shabbaton on Sunday, April 24. Hadassah's mission has always involved Women's Health, the ability to choose, and advocacy. Debra Dubow is coordinating the Reproductive Health Access Program.

Start saving extra toiletries and food for the annual donations. Collection bins and boxes will be at the reopened JCC from April 28-May 8. The Brainerd Food Pantry (part of the Chattanooga Area Food Bank) and Room in the Inn will be the designated recipients for this annual event, coordinated by Beth Thomas.

Annual Giving enables Hadassah to provide ongoing reliable funds for its many projects such as: Hadassah Medical Organization, which supports saving lives, healing, research, and cutting edge medicine at its two Jerusalem hospitals; Youth Aliyah, which educates and nurtures children at risk; and Young Judaea scholarships, which enables children to attend camp and young adults to spend a "gap" year in Israel.

Annual Givers start with:

Chai Society members (\$180/year) Silver Chai members (\$360/year) Traditional Keepers (\$1,000/year) Chai Keepers (\$1,800/year) New Silver Keepers (\$2,500/year) Golden Keepers (\$5,000/year)

Those who are already Annual Givers should consider increasing donations or stepping up to the next level.

Contact Dana Waxler at dwaxler@hadassah.org.

By connecting and empowering Jewish women to effect change, we are the women who do. In the time of a Global Pandemic, we are Hadassah. Be proud of who you are, Hadassah women.

LEGACY SOCIETY



JOIN THE JEWISH FEDERATION LEGACY SOCIETY

The Legacy Society is made up of individuals who, in the tradition of our Jewish faith, wish to share their blessings with others by providing for the future needs of the Jewish community. There are a number of ways to contribute to the Jewish Federation's Endowment through estate planning: a bequest in a will, contribution of the remainder of an IRA or other retirement plan, a life insurance policy, charitable remainder trust, donor advised fund, charitable gift annuity, piece of real estate, securities or other property, or the donation of other assets. However they choose to contribute, Legacy Society members can be sure that their planned gift will turn their dreams or a strong future Jewish community into a reality. Join today.

Anonymous (2)
Allen, Amelia*
Allen, Owen
Alper, Maxine*
Balser, Jeff
Balser, Robin
Barukh, Rebecca
Berz, Bob
Binder, Claire
Black, Bonnie
Black, Stephen
Bogo, Jerry
Bogo, Rosalee
Bohn, Jerry*
Brooks, Ellyn
Brooks, John
Brouner, Betsy
Brouner, Lee

Center, Austin Center, Marilyn Cohen, Tal Cohn, Herb Cohn, Sue* Cowan, Rob Diamond, Karen DiStefano, David DiStefano, Susan Dittus, Sandy Dropkin, Warren Dzik, Michael Dzik, Paula Fairchild, David Frank, Estelle* Hanan, Jan Hanan, Michael
•

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Hanan, Victor* Hill, J.R.
•
Hochman, Colman ³
Hochman, Lynn
Hodes, Alvin*
Hodes, Andy
Hodes, Melody
Howard, Lynn
Israel, David
Israel, Scott
Jaffe, Dot*
Jaffe, Sam*
Lakow, Harry*
Lebovitz, Alison
Lebovitz, Alan
Lebovitz, Betty
Lebovitz, Charles
Lebovitz, Lauren

Lebovitz, Michael Levine, Lawrence* Lowe, Beth Lowe, Rob Malsh, Rebecca* Nash, Ike* Oxenhandler, Barbara Parker, Jordan Pregulman, Helen Richelson, Alan Richelson, Miriam* Rose, Cassie Rose, Kevin Rosenfeld, Jackie Rosenfeld, Roy Siskin, Pris Sivils, Janet Spector, Linda

Spector, Mark*
Spector, Mike
Susman, Gail
Susman, Joel
Weiner, Cara
White-Dropkin,
Donna
Winer, David
Winer, Elaine
Winer, Finette
Winer, Sanford
Zachary, Richard

* Deceased

Thank you for insuring our future.

See how easy it is to join the Legacy Society! Call Michael Dzik at 493-0270 ext 15.

STAY INFORMED

A full listing of monthly programs is on our website, www.JewishChattanooga.com, where you can RSVP

Find up-to-date information about online programs, cancellations and changes in our:

- Weekly Community Email
- Federation Facebook Page (Jewish Federation of Greater Chattanooga)
 - Federation Website (JewishChattanooga.com)

QUESTIONS? Call us! **423-493-0270**

CONTACT LIST

Mdzik@JewishChattanooga.com
junkin@JewishChattanooga.com
adwell@JewishChattanooga.com
Israel@JewishChattanooga.com
Mkaim@Jewishchattanooga.com
phbet@JewishChattanooga.com
ration@JewishChattanooga.com



P.O. Box 8947 | Chattanooga, TN 37414

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Rob Lowe, Board Chair Michael Dzik, Executive Director

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Find us online at **JewishChattanooga.com**





Jerusalem Post Chief Political Correspondent and Analyst



Monday, April 11, 6:00 PM
Jewish Cultural Center
5461 North Terrace Road
Dinner \$12
This event is also available via Zoom
RSVP and register

www.jewishchattanooga.com



Gil Hoffman

Peace, Politics and the Pandemic: An Insider's Look into How Israel is Overcoming the World's Challenges.

Well-connected to Israeli and Palestinian leaders, he has interviewed every major figure across the Israeli political spectrum, has been interviewed by top media on six continents and is a regular analyst on CNN, Al-Jazeera and other news outlets. Hoffman provides a behind the scenes look at the intrigue and humor in the Israeli political arena. A reserve soldier in the IDF Spokesperson's Unit, he has lectured in every major English-speaking country in the world.

Hoffman has recently returned from the conflict area between the Ukraine and Russia.

Join us for this soft re-opening of the JCC!