

Parent Support Group

4:30pm to 5:30 pm (Tuesdays)

Jewish Federation of Greater Chattanooga

5461 N Terrace Rd. Chattanooga, TN, 37411

Dates

Topics of Discussion

February	21st	Parenting Styles – which are you?
March	21st	Unpacking parent expectations & norms
April	18th	Understanding Child Development
May	23rd	Behaviour as communication
June	27th	Love & Logic as discipline
July	25th	The importance of routines and consistency
August	22nd	Nutrition for kids
September	26th	Social Emotional Learning part 1 – kids
October	24th	Social Emotional Learning part 2 – adults
November	28th	Good cop/bad cop – how to build unity in parenting
December	19th	Effective Time Management – setting everyone up for success