



A PUBLICATION OF THE JEWISH FEDERATION OF GREATER CHATTANOOGA

Photo: Linoy Kapach



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FROM THE EXECUTIVE DIRECTOR

Help Keep The Federation Strong

What else can be said about the tragic and brutal murder of Israelis on Oct. 7? How does one describe what I am feeling? Like many of you, I default to 'stunned, sad, and angry'. Yet somehow this feels much more personal, that the terrorists were coming after me and my family. The more I've thought about it, they were; they were coming after me and you.

One of the items I wrote about in a recent community email was about not allowing the terrorists to terrorize us. And to do that we must be present, and we must show up in solidarity. 300 people attended our Chattanooga solidarity event just a few days later. I encouraged people to show up at synagogue and attend other Jewish community events – and you've done so. At times like this, we may not have the exact words to come up with. We may not know exactly what to say. We may be filled with complex emotions. But I do know that we need to be together, providing support and comfort to each other. Being in the presence of others makes a difference. Getting a phone call or email from a concerned person makes a difference.

Local law enforcement was one of the first to call me. I heard from Chattanooga Police Department Chief Murphy, Hamilton County Sheriff Garrett, as well as our local FBI field office. They recognize the additional concern we have regarding security, and are purposefully having an additional presence at our Jewish facilities. They know the Jewish community is on a higher alert today than we

were a few weeks ago. I for one appreciate our security leaders taking the initiative to reach out and be proactive.

By now I think we all have some connection to the tragedy in Israel. We have a friend of a friend who was murdered. Maybe we know someone who was called up from reserves – or several people called up from reserves. As a close-knit Jewish community, we sometimes joke about the connectivity of our Jewish world – our six degrees (or less!) of separation from each other. Through Facebook and social media we've become an even closer Jewish community.

The Jewish community has reacted with speed and intentionality. We all want to help. Our non-Jewish friends want to help. At the time of this writing, nearly 100 Chattanoogaans have specifically given to the Federation's Israel Emergency Campaign (www.jewishchattanooga.com). And there are many other worthy non-profits who are also collecting funds to help Israelis. I'm incredibly proud of the Jewish Federation response, not just THAT we are raising funds, but that these funds are being streamlined directly to Israelis and the front line communities affected. Food, shelter, trauma centers, evacuations, additional medical supplies, and equipment to the Gaza envelope support the most vulnerable (like new Olim in absorption centers).

Our partners - The Jewish Agency for Israel, Joint Distribution Committee, and ORT - are the Federation's first responders. Why were we able to respond so quickly to this unprecedented tragedy? The biggest reason is actually

because of YOU. You, and the many generations of supporters over the years, have kept the Federation strong each and every day. Your financial and volunteer support for nearly 100 years allows the organization to be strong yet nimble. We provide impact to our local Jewish community every day, whether you see it or not. We provide partnerships and friendships every day, whether you see them or not. We provide support to the Jewish community every day, whether you see it or not. It's this work that we do every day – our annual campaign every year - that allows us to be ready for the unexpected. Why were we able to react without hesitation on Oct. 7? Because we were already strong on Oct. 6. The Federation may not be in the front of your mind every day, but we are always here – because of YOU – ready to support our Jewish community wherever it is.

Our annual campaign is upon us now. I ask that you invest – everyone invest – in the Federation today. We're a stronger Chattanooga Jewish community because of the Federation, and you never know when we'll be called upon. With your support we'll always be ready for the unexpected.

After your gift to the Federation's annual campaign, if you are able to give above and beyond that donation, please also consider a gift to the Israel emergency Campaign.

Michael Dzik
mdzik@jewishchattanooga.com
893-5443



FROM THE BOARD CHAIR

Rob Lowe roblowe1770@gmail.com

Darkest of Moments

As I write this month's article, we are just seven days beyond the atrocities that took place on Oct. 7, the deadliest day for the Jewish people since the Holocaust. Like so many in our community and around the world, I have experienced a range of emotions trying to process what has happened: anger, sadness, fear, anxiety, and helplessness. For the past week, I have been glued to the TV and social media looking for updates, trying to understand what will come next, mourning for the innocent civilians murdered ruthlessly, praying for the safe return of those kidnapped, and searching for answers. I've felt distraught trying to comprehend the pure evil of such brutality while also worrying about what this means for the future security of Israel and increased acts of anti-semitism in the United States and elsewhere.

I've stayed connected with my family in Be'er Sheva, our former Shlichim in Israel, and one (Noa) now working for The Jewish Agency in Florida, to let them all know they are first and foremost in our thoughts and prayers and have our love and support during this difficult time. They are forever part of our Chattanooga family.

During these initial days of war, I've gained some comfort and hope through the gatherings which allowed us to support each other and grieve together as a community. Two days after this horrific attack, 300 people joined together in person and online at the Jewish Cultural Center to show our unwavering support for and solidarity with Israel. Moving, emotional speeches were made by our community rabbis and our newest Shaliach, Ofer Mussan, among others. As you can imagine, this has been an especially difficult time for Ofer, being so far from home immediately following this devastating attack. I know our amazing community will rally around Ofer to provide as much support as we can. On a larger scale, I've been encouraged thus far by the level of support shown by many of our leaders locally and nationally for the State of Israel.

As it has done for over 100 years, even before Israel's independence, the Jewish Federation is here to support Israel during this darkest of moments in its history. Shortly after the attack, the JFNA adopted a campaign goal of \$500 million, to be divided as needed between urgent humanitarian needs and

longer-term rebuilding and rehabilitation. To make a gift to this special campaign, please visit the Jewish Federation website. Your donation to the Federation will help restore the light on our beloved Israel.

Am Yisrael Chai

Chattanooga's Murray Lebovitz

Many of you may know Murray Lebovitz, youngest child of Lauren and Michael Lebovitz. Murray recently became a lone soldier in Israel and is stationed in the north and assisting with supplies and logistics. We are incredibly proud of Murray and pray for his and all soldier's safety.

the **JEW CREW**

We are back!

First Meeting: November 12 12:15-2:00

What is Jew Crew?

Jew Crew is a high school teen group sponsored by the Jewish Federation. It's a great way for all Jewish teens to meet, connect, and have fun while strengthening their Jewish Identity and making friends regardless of the school they attend or their affiliation.

Advisors:

Questions? Please contact us

Rebecca Sadowitz

email: Basadowitz@gmail.com or cell 423-290-7364

Ofer Musan (*Federation's new shaliach*)

email: Israel@JewishChattanooga.com

Jew Crew Dates for 2023/2024

All events are 12:15PM-2PM unless otherwise noted

- | | |
|------------------------|------------------------------|
| 1. Sunday, November 12 | 5. Sunday, March 10 |
| 2. Sunday, December 17 | 6. Sunday, April 14 |
| 3. Sunday, January 14 | 7. Sunday, May 5 (Tentative) |
| 4. February - (TBD) | |



FROM THE PROGRAM DIRECTOR

Ann Treadwell atreadwell@jewishchattanooga.com • 493-0270 ext 13

Cradle of Jewish Caring

We received many requests from community members who want to do something tangible for our friends in Israel.

Hadera-Eiron is our partnership region in Israel. It is in the north, about 45 minutes from Tel Aviv. Many of you have interacted with residents there through the Teen Exchange, L2G, One-to-One, and many of the other programs offered through P2G. Some of you have hosted Israeli educators or teens when they visited.

Let me tell you what our friends in the north need. Because of their location, residents are sheltering other Israelis who have fled from the south. Early estimates say there are at least 500 families, many with young children, taking shelter in or near Hadera. The P2G participants in the region have organized to provide support to their new neighbors.

We are being asked to join a letter writing campaign (pictures would be welcome) to offer our support to Israel. Community members, including families and students, are asked to share a letter, picture, homemade card, a short video, or even a recipe with our partners in Hadera. (Keep in mind Israeli children are being asked to stay away from Tik Tok and other media.) These will be distributed to those who are displaced from their homes. Please either email me (atreadwell@jewishchattanooga.com) or drop off at the Federation office. I will upload them and send them to our partners.

Also, since students are out of school, hopefully just for the short term, there is renewed interest in recruiting all types of educators to participate in the One2One program. This program pairs an American volunteer with an Israeli teen, a middle school student, to have conversations that will increase the teens' English capabilities. You will meet with your partner once a week from January to March. Jackie Rosenfeld and Randi Weiss participated in the past. It should be someone with patience, a little humor, and enjoys teens. At some point we hope to expand the program to the children's parents.

This year we are offering a different spin on the L2G program. Now called Local 2 Global, the ages of participants are 35 plus years of age. Participants will be American, Israeli, and from our sister city in Europe, Prague. An American will be matched with someone from Israel or Prague in order to build a strong relationship. The program will run from mid-November through April. Of course timing will depend on how things unfold in Israel. Meaningful conversations, hot topics, and in-depth discussions with your partner will take

place in small groups. At the end of the program there will be a weekend retreat in the United States, where you will meet members from the cohort.

What helps Israel and the Jewish people are the strong personal relationships we have, and those we continue to build. In addition to a financial donation, please consider reaching out and making your involvement more personal in hopes that our individual relationship with the people of Israel will grow over time.

I have personally been in touch with each of our past shlichim. Some of them have siblings who have been called to the reserves. One of them has had their father and two brothers called up. Another has been called to active duty. Other shlichim are volunteering service in their communities by making meals or delivering clothes to those families who have relocated. Others are gathering food and supplies to send to soldiers. The cradle of Jewish caring and love for each neighbor is helping them to survive this ordeal.

Let's provide that cradle of caring by creating a personal relationship now, and for the many months to come.

"However, our security will not come into being solely by the army; in these times security is dependent on the capability of the people, and first and foremost – its spiritual force."

David Ben-Gurion

'Vision and Path', Volume 5, p. 226. 1954.

Israel P2G Partners helping new neighbors from the south.





FROM THE SOCIAL SERVICES DIRECTOR

Lorri Lipski llipski@jewishchattanooga.com • 893-9241

About Being Social

Introvert. Extrovert. Introverted Extrovert. What are you? Do you get energized being around people, or does it drain you? Either way, we know that we all need people in our lives.

According to the American Psychological Association, stable and healthy friendships are crucial for our well-being and longevity.

“When people are low in social connection—because of isolation, loneliness, or poor-quality relationships—they face an increased risk of premature death,” said Julianne Holt-Lunstad, PhD, professor of psychology and neuroscience at Brigham Young University, who studies how relationships affect the body and brain.

This seems pretty heavy, especially if you are reading this article and you feel you can relate to the content. However, research also suggests that friendships can be made and maintained at any age, relationships with friends can strengthen or stand in for romantic relationships, and even minimal social interactions can be powerful. Case in point: “WEAK SOCIAL TIES”.

“Psychologists have found that interactions with acquaintances—and even strangers—can also give our mental health a boost. A casual relationship with the operator of a hot dog stand in Toronto helped Gillian Sandstrom, PhD, feel grounded and connected while pursuing her master’s degree. The relationship also inspired Sandstrom, now a senior lecturer in psychology at the University of Sussex, to start studying “weak” social ties. Sandstrom’s research found that people who have more weak-tie interactions are happier than those who have fewer, and that people tend to be happier on days when they have more than their average number of weak-tie interactions (*Personality and Social Psychology Bulletin*, Vol. 40, No. 7, 2014). She also encourages talking to strangers and has shown that repeated practice can make doing so easier and more enjoyable (*Journal of Experimental Social Psychology*, Vol. 102, 2022).

Sandstrom has some advice for connecting with strangers: “Tap into your curiosity. Ask someone what they’re reading, for example, or why they’re wearing airplane earrings.” Another tip: comment on the shared situation. Commiserate about the long checkout lines, or why there is Halloween candy out in July.

This topic reminded me of why I struggled so much when

living in Washington State. It was the “Seattle Freeze” and it was real! I did my best to bring my diluted southern friendliness to that region, but man was that a challenge. From an article in the Seattle Times: “Loneliness and social isolation have been declared a public health risk in numerous countries, and have been described in scientific journals as **more dangerous than diabetes or obesity and as much of a health risk as smoking 15 cigarettes a day**”. For the full article and more about the Seattle Freeze: <https://www.seattletimes.com/life/lifestyle/seattle-freeze-forget-making-friends-half-of-washington-residents-dont-even-want-to-talk-to-you/>

If you are shy, or just generally don’t enjoy being in crowds (I have one or two of those in my own family), just showing up is a huge step. Attention extroverts: please find introverted people to talk to. This is a mutually beneficial situation! Check the calendar for all the events at the Jewish Community Center and come mingle with us!

On that note, I want to invite EVERYONE reading this to tune in to



The Dawn & Lorri Show Tuesday, Nov 7th at 12:30

Zoom: 747-223-9161 Passcode: 940790:

We will have a brainstorming session and then identify topical groups that you can plug into for future dates. It will be mildly entertaining.

Please join us for a

Friendsgiving

BRUNCH



November 8, 2023
11:00 AM

Jewish Cultural Center
5461 North Terrace Road
No cost to attend, but please
RSVP to federation@jewishchattanooga.com
by 11.6.2023

Sponsored in part by the Memory Cafe



Send Letters of Support to Israeli Families

In light of the recent events in Israel, many families from the southern region are being hosted in the Hadera-Eiron area.

We believe that showing our support and solidarity is crucial during this difficult time.

We invite individuals, families, schools, and organizations to:

**WRITE A LETTER
CREATE A DRAWING**

Please send your letter/drawing to your local Federation staff.

We will collect these messages and prepare packages for Israeli families in need.

Contact Ann Treadwell
Atreadwell@Jewishchattanooga.com

Vocabulary Art Exhibition

August 27 – November 30

Gallery Hours 9-4 pm Monday-Friday
or by appointment

Closed for Federal holidays and
Jewish religious holidays



Morning Conversations
by Wade Brickhouse



LIKE!
Photograph by Howard Kaplan

Featuring the work of 27 local and nationally known artists, is on view at the Jewish Cultural Center



Mitzvah Meals Delivered

Suggested Donations \$9 per meal

- \$108 per month based on 3 meals/week
- \$144 per month based on 4 meals/week
- \$180 per month based on 5 meals/week
- \$216 per month based on 6 meals/week

Menus are set by the Kitchen Supervisor.

We are delivering meals on Thursdays.

Contact: Social Services (423) 893-9241

All Mitzvah Meal recipients must be pre-approved by Social Services.

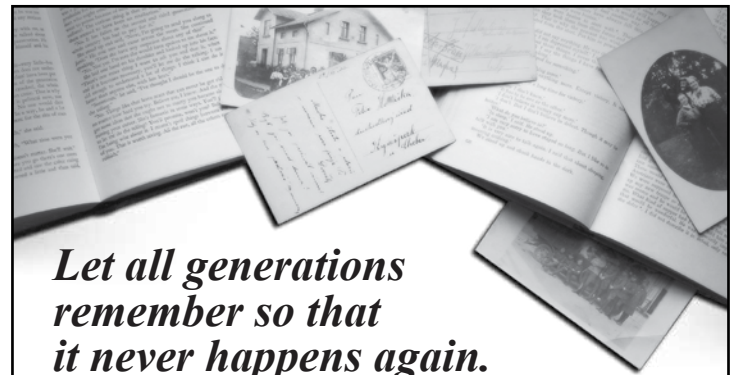
TRANSPORTATION

The number to call to schedule a ride is: 423-321-4236



Jon: Tuesday, Wednesday, Thursday
Dwight: Monday, Tuesday, Thursday
Amber: Monday, Wednesday, Thursday
Jonathan: Food Pantry & Mitzvah Meal Deliveries;
As Needed

Please call Lorri Lipski, Social Services Director, at 423-893-9241 if you have any additional questions about transportation services.



Let all generations remember so that it never happens again.

The Tennessee Holocaust Commission (THC) provides education and promotes remembrance of the Holocaust to the state of Tennessee. THC provides teachers, students and individuals with seminars, resources, workshops, traveling exhibits and commemorations to create awareness of the Holocaust; to fight prejudice and to encourage tolerance and understanding among all people.

Tennessee Holocaust Commission Programs:

- Annual Educator Outreach Programs
- Living On exhibition and newly published book featuring portraits of Tennessee Holocaust survivors and liberators
- Customized Teacher Resources
- Belz-Lipman Holocaust Educator of the Year
- Teacher Workshops & Fellowships
- Annual Day of Remembrance Commemoration
- Mira Kimmelman Essay Contest
- Law Enforcement Training
- Workforce Diversity Workshops
- Ethics in Leadership Program
- Understanding and Treating Trauma through study of Holocaust Survivor Resilience
- Yom Hashoah



Ethel Berger

Tennessee Holocaust Commission

P.O. Box 59252
Nashville, TN 37205
Phone: 615-527-8114
E-mail: tnholcom@tnholcom.org
Web: www.tnholcom.org

Condolences

We extend our sincere condolences to...

...the family of and friends of Richard Scott Rosenberg, who died on June 27 at the age of 70..

...the family and friends of Lilian Reingold, who died on Oct. 14 at the age of 92. Lil was preceded in death by her husband Arvin, and her brother, Harry Rubin. She is survived by her children, Gayle (Toby) Steinberg and Arthur (Susan) Reingold; sister, Bernice Rubin; grandchildren, Melissa (Adam) Ginsberg, Chad (Eva) Sunstein; Joey Reingold, Ellie Reingold, Lauren Steinberg, and Eric (Jessica) Steinberg; and five great-grandchildren and many nieces and nephews.

SAVE THE DATES! JEWISH DOCUMENTARY FILM SERIES

NEW! In person dates Sundays at 3 pm
January 7, 14, 21, 28

\$12 per person OR \$36 for a subscription

(Current Jewish Film Series Patrons and Sponsors automatically receive tickets to the Documentary Series)

FOREIGN POLICY SUPPER CLUB

Famine a Renewed Threat in the 21st Century

Monday, November 11 at 6pm

\$12 for dinner

RSVP@jewishchattanooga.com

What causes famine? How can it be prevented in the future? Fears of global food shortages have followed Russia's invasion of Ukraine, which has disrupted grain shipments from the major grain producer. But what about countries and regions that were suffering before this impending shortage? How is famine defined, and how is it different from simple food shortages? What if any remedies are there? By Daniel Maxwell



PIES FOR NOVEMBER

Pick-up is
Tuesday, November 21
from noon-4pm
or
Wednesday, November 22
from 9am-noon.

**Order deadline is
Thursday, November 16.**

Sweet Potato \$18

Cranberry Apple \$18

Pecan \$20



RSVP@Jewishchattanooga.com



SOUTHERN ADVENTIST UNIVERSITY ORCHESTRA

Sunday, November 12 at 3PM - No cost to attend

Located at the Jewish Cultural Center

Noah Emerson Moss - Bar Mitzvah: Oct, 21, 2023

School: Chattanooga Center for Creative Arts

Synagogue/Organization: Mizpah

Hobbies/interests outside of school: Drawing, video games, collecting comic books, working out

How old will you be and what grade will you be in on the day of your Bar Mitzvah? 13 and in 8th grade

What are your favorite subjects? Physical Education and art

What does it mean to become a Bar Mitzvah?: Becoming a bar-mitzvah means that I'm accepting the responsibilities of becoming a Jewish adult. This is a time when I'm learning to develop my Jewish identity.

Any other information you want us to know: I'm really excited to share this day with all of my family and friends.





ALEPH BET CHIDRENS CENTER

Kathryn Wilhoite alephbet@jewishchattanooga.com • 893-5486



Aleph Bet provides an educational, interactive and developmentally appropriate preschool program enriched by Jewish traditions and values.

THE SEASONS ARE CHANGING AND WE ARE LOVING THIS TIME OF YEAR!

I love watching the seasons change outside, and seeing the beauty G-d has created. But watching the children here at Aleph Bet grow and change into bright, caring, and enthusiastic learners is an even greater joy! Our students are having a great year, and it is wonderful to see all the milestones they are reaching every day. William Butler Yeats said, "Education is not the filling of a pail, but the lighting of a fire." And we are on fire here at Aleph Bet!

The children have been learning about autumn, pumpkins, falling leaves, and all of the changes we are seeing in the world around us. We talked about how some growing things were getting ready for winter and there might be less food for some of the animals we see here, like the birds. We invited families and the community to come and help us make birdfeeders for our homes and the playground. We had a wonderful time making birdfeeders, and we are enjoying watching the birds (and the squirrels!) enjoy our tasty treats. Friday Shabbat has been going well, and we have loved having some of the local rabbis come to celebrate with us. Ofar has joined us for Shabbat and Havdallah, and will be helping the kids learn their colors in Hebrew.





Ofer Musan Federation

israel@jewishchattanooga.com • (423) 385-0098

It Has Been A Long Journey to Get to Chattanooga

Before my trip to the United States, my last day at home was short. I had to do a lot of things to make sure I was able to catch the flight to Chicago on time. My friends came to say their goodbyes which made me happy and sad at the same time.

My trip here seemed to last a lifetime. Many hours later I landed in Chicago and was shocked by everything I saw. I knew I needed to get a train from terminal 5 to terminal 2, but when I asked the security guard for help he did not understand me. I asked him a second time and figured out why he didn't understand me. He didn't speak Hebrew. I'm used to signs and assistance in Israel that are in Hebrew, English, and Arabic.

I finally boarded the flight to Chattanooga, and I was really thrilled and excited. All the way here I was wondering "How is the weather in Chattanooga?" "Will they like me?" "Don't forget that they don't speak Hebrew!" And, a lot of other thoughts about my new life.

After a year of interviews, seminars, conferences, and zoom meetings, I finally reached my destination. Even before the plane landed I knew I was going to have my shlichut in the best place. Chattanooga is so green. Seeing all of the trees and forests while still on the plane was a "WOW" moment.

Once I got off the plane I looked around to find Michael and Ann. And, there they were ready to greet me. I had a feeling that I was in the right place.

In my first month here, I feel overwhelmed by everything around me. It's all so beautiful and so full of life. It is my first time in the United States, but I am starting to get used to everything.

I'm starting to participate in the community here. I've met some wonderful, interesting, and fun

people. Everyone I meet is so welcoming and nice. I cannot wait to meet everyone else. Have I met you? No? Then, please call me (423-385-0098) or e-mail me (israel@jewishchattanooga.com). I would like you to share some of your favorite places and things to do in Chattanooga. Yes? Maybe we can share things we have in common from music to sports and more.

OFER MUSAN, SAHLAICH PRESENTS:

ON THE WORLD'S STAGE: ISRAELI SPORTS

NOVEMBER 30 | 5:30 PM

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info@honeyseedchatt.com**

MEET OFER



**Ofer Musan
Chattanooga Shaliach**

Tuesday, November 14 at 5:30pm

Learn about Ofer's family and background. We want the community to get to know our new Shaliach and hear all about his life in Israel.

RSVP

FEDERATION@JEWISHCHATTANOOGA.COM



**Two Words of Advice for the Concerned
Buyer or Seller:**

When you buy or sell real estate, and you want assurance that your investment is protected, heed these two words of advice:

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16th Annual

Chattanooga Jewish Film Series

www.jewishchattanooga.com, \$12 per person

In person at the Jewish Cultural Center, 5461 North Terrace

In person Monday, November 6

Virtual noon Nov. 5 - noon Nov. 10

Continues in November

The Future When Israel's Minister of Space and Tourism is murdered in the lead-up to the country's first mission to the moon, Yaffa a young Arab university student from the occupied West Bank, confesses to the murder. Scientist Nurit asks for permission to interview the assassin. The two women face off, determined to give nothing away, over a potentially fraught series of encounters. 80 minutes, Arabic, Hebrew with English subtitles



In-person Monday, November 13

Virtual noon Nov. 12 - noon Nov. 17



March 68 Two young students, Hania and Janek, meet and fall in love in the midst of social turmoil and Jewish discrimination in 1960's Warsaw. While the young lovers are uninterested in politics, they find themselves unable to avoid it when Hania's father and mother lose their jobs due to the anti-Semitic purge and are forced to emigrate. Hania does not want to leave Janek. The couple participates in a protest rally where they discover freedom comes at a high price. 115 minutes, Polish with English subtitles

We appreciate our corporate sponsors: Apogee Wealth Partner, Chattanooga Allergy Clinic, Market Street Partners, Patton Albertson & Miller, Chambliss, Barnett & Company, First Horizon, and Kleen-A-Matic.

Chattanooga Jewish Film Series Thanks Our Corporate Sponsors

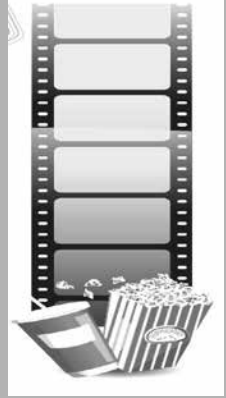


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Eric Kruger; Debra Dubow and Tom Lyons; Nancy Shiles



COMMUNITY SECURITY AWARENESS EVENT

When: Wednesday, November 1, 7:00pm
Location: Jewish Cultural Center

Sponsored by: Jewish Federation of Greater Chattanooga,
B'nai Zion Congregation, Mizpah Congregation, and Chabad



FILM SERIES SPONSOR RECEPTION



Photos by David Humber

YOUNG ENTREPRENEURS AMIDST THE CHALLENGES OF WAR

In Israel, so many people from all walks of life have stepped up to volunteer and support each other. There are so many efforts going on at once, but two young entrepreneurs in particular have emerged as notable figures, rallying hundreds of volunteers in the partnership area.

Yaakov Ben David, Hadera



23-year-old Yaakov Ben David has established "Maal'e", a nonprofit organization originally created to assist Ukrainian soldiers and civilians impacted by the Russia-Ukraine war. Under Yaakov's leadership, Maal'e has provided shelter, financial support, and essential supplies to hundreds of individuals in Ukraine.

Drawing from this valuable experience, Yaakov and his mother, **Zoya Ben David** (a prominent figure in Hadera known for her social activism and an **L2G Program alumna**), have now launched the Israeli branch of Maal'e, with a focus on supporting IDF soldiers.

This initiative has been in operation since October 9 and is working in collaboration with Hadera Municipality's "Pnai Ha'ir."

They have successfully mobilized local volunteers to prepare meals, collect groceries, gather clothing and equipment donations, and distribute these provisions to IDF soldiers throughout the country. In addition, as Hadera welcomes displaced families from the south and north, Maal'e is also extending its assistance by providing them with food and clothing donations.

Zoya underlines the significance of this endeavor, stating, **"This has become a haven for Hadera residents to make substantial contributions to the war effort while nurturing a strong sense of community."**



CAMP AND ISRAEL SCHOLARSHIPS FROM YOUR JEWISH FEDERATION!

Applications open NOW; Up to \$1,750 per camper

The Chattanooga Jewish Federation is partnering with One Happy Camper (OHC) and PJ Goes to Camp for first time campers. Been to camp more than once? More than twice? Three times? Your Chattanooga Federation offers camp scholarships for ALL! ALL Chattanooga applications go through OHC: jewishcamp.org. NOTE – If this is not your first time, the application may "deny" your grant. Not to worry, OHC collects that data for Chattanooga and you WILL get a grant! Grants range from \$1,000-\$1,750 per child, per summer, from the Federation. Requirements • Must be approved Jewish summer camp (through movements, Hadassah, etc) • Family must live in the Chattanooga metro area • Family must make annual campaign gift (and in good standing) to Federation – at any level.



The Federation recognizes the life-long benefits of Jewish summer camp, building Jewish identity, friendships and independence.

923 McCallie Avenue
 Chattanooga, TN 37403
 423-267-9771
www.mizpahcongregation.org
office@mizpahcongregation.org

Page Editor: Richard Zachary



We are a welcoming and inclusive congregation, offering worship, learning, social action, and social programming that enhances the lives of our members, helping us as we make choices of our lives that we might better ourselves and our world by our actions.

Music at
MIZPAH
 PRESENTS
"EMILY NELSON RODGERS QUARTET"
This concert of classical, semi-classical and popular tunes will have "something for everyone"
SUNDAY NOVEMBER 5, 2023 | 3:00 PM
Ochs Sanctuary
 923 McCallie Avenue (entrance on Oak)
www.mizpahcongregation.org or 423-267.2771

General Admission (at the door) \$25
All Concert proceeds go to Mizpah Fundraising goal.
Concert and all expenses underwritten

1ST FRIDAY FAMILY SERVICE AND DINNER
 Nov. 3rd
 Family Service: 6:00 pm
 Susan Caminez:
 Dinner 7 pm
 Also (Same night):
 Consecration Ceremony
 Preschoolers
 new to Machanoga

"The journey of friendship between
 Jews and Catholics
 in Chattanooga"

LET'S TALK!

Speaker:
Brendan Murphy

Date: November 15, 2023
 Time: 7 PM - 9 PM

Location: Mizpah Congregation
ENTER ON OAK STREET
923 MCCALLIE AVENUE
CHATTANOOGA TN

I am a history teacher at Marist School in Atlanta who is about to start his 30th year at the school! Crazy. The class I'm hoping to bring to Chattanooga is one I developed as part of my position on the Committee for Ecumenical and Interreligious Dialogue for the Archdiocese of Atlanta and has been endorsed by Archbishop Hartmayer. The class covers the history and Christian anti-Judaism, the watershed proclamation of Nostra Aetate, and current and future Jewish-Christian relations.

SHIREI SHALOM
 3rd Friday every month: Music and song led by
 Amy Cohen, Mizpah Feinstein Hall / chapel
 Chardonnay Shabbat Oneg to follow

Mizpah
 Welcomes New
 Federation *Shaliach*,
Ofer Musaf

MIZPAH BOOK CLUB:
The Wind Knows My Name,
 by Isabel Allende
 Sunday, November 12th,
 10:30 am
amyjcohen@gmail.com

MIZPAH TORAH STUDY

Torah Study

Shabbat morning
 9:15 a.m.
 Bagels and lox prior
 Mizpah Feinstein Hall

Celebrate and Enrich Jewish Life

B'nai Zion's vision is to inspire a vibrant, uplifting, and inclusive community connected to the dynamic traditions of Conservative Judaism.



923 McCallie Ave.
Chattanooga, TN 37403
423-894-8900
www.bnaizioncongregation.com
office@bzcongregation.com

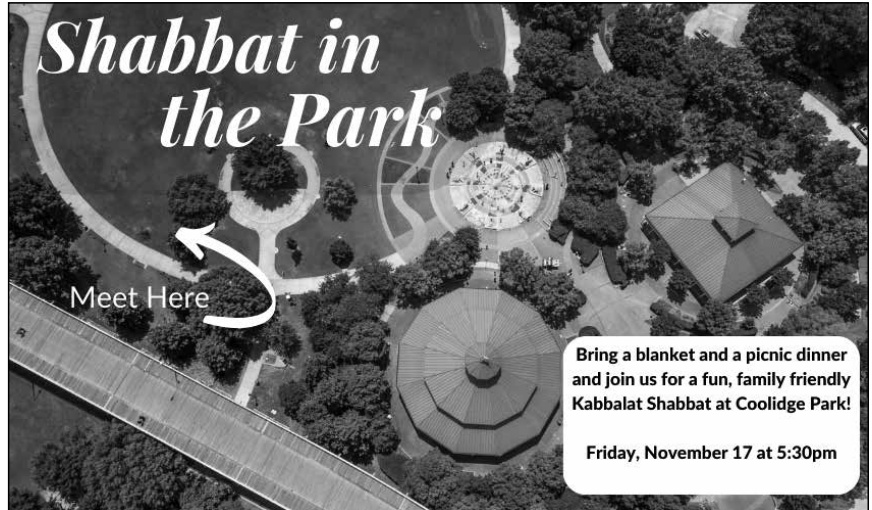
B'nai Zion Calendar

Morning Shabbat Services:
9:45 am at Ochs Memorial Temple & via Zoom

Kabbalat Shabbat Friday services:
6:00 pm in person & via Zoom

November	4	Mini Muffins & Shabbat Muffins
	5	Jews & Brews
	11	Lunch & Learn
	12	Lunch & a Picture
	17	Jews & Brews
	18	Lunch & Learn
	21	Thanksgiving Give Back @ Chattanooga Food Bank
	24	Homestyle Shabbat

BSI: November 1, 8, 15, & 29
Minyan & Foundations:
Wednesdays @ 6:00 & 6:30 pm via Zoom



Shabbat Muffins

Shabbat Morning Kids' Programs
with Rabbi Keilah Lebell
Saturday, November 4
9:45am - Mini Muffins! Baby & Me Shabbat
10:30am - Shabbat Muffins (K-4)
2nd Floor Playroom



950 Vine Street
 Chattanooga TN 37403
 423-490-1106
www.jewishchatt.com
rabbi@jewishchatt.com



Chabad is a philosophy, a movement, and an organization.

Chabad is an educational organization dedicated to helping every Jew, regardless of background, affiliation, or personal level of observance, to increase their level of Jewish knowledge, enthusiasm, and commitment.

NEW!! MINI GAN

CHS!
 CHABAD OF CHATTANOOGA
HEBREW SCHOOL
Where Judaism comes Alive!

ALEPH CHAMP HEBREW READING PROGRAM BAR/BAT MITZVAH PREP

HOLIDAY PROGRAMS JEWISH HISTORY & CULTURE

SUNDAY MORNINGS
 10:00 AM - 12:00 PM
 AGES 6-12

MINI-GAN MONDAYS
 3:30 PM - 5:30 PM / AGES 3-5
 950 VINE ST. CHATTANOOGA TN

To enroll your child or for more info:
 Visit www.JewishChatt.com/CHS or call 423.490.1106

HOW JUDAISM'S DEEPEST MYSTERIES EMPOWER PERSONAL GROWTH

Join us for the new JLI course:
THE WORLD OF KABBALAH
 Six Wednesdays, starting 10.24.23
 at Chabad of Chattanooga
myjli.com/learn/chattanooga

An evening of Strength, prayer and unity in honor of our brothers and sisters in Israel!

Torah & Tea

“Your monthly dose of friendship and inspiration.”

MONDAY MORNING
 OCTOBER 16 ~ 10:00 AM
 AT CHABAD ~ 950 VINE ST.

UPCOMING DATES

MONDAY, OCTOBER 16	THURSDAY, JANUARY 11
TUESDAY, NOVEMBER 14	THURSDAY, FEBRUARY 8
WEDNESDAY, DECEMBER 13	MONDAY, MARCH 11

Throwback... to Pizza in the Hut! We celebrated Sukkot as a community, and truly felt Hashem's embrace in the sukkah. We danced with the Torah, children proudly riding on parents shoulders, waving their flags to the singing. We savored sweet moments of connection while praying for our brothers and sisters in Israel.

Hadassah enhances the health and lives of people in Israel, the United States and worldwide. By connecting and empowering Jewish women to effect change, we are the women who do. Now, and always, we are Hadassah. Be proud of who you are, Hadassah women.

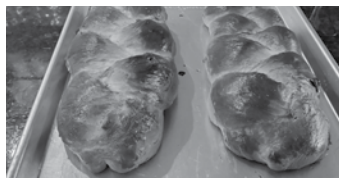


Judy Sachsman,
President of Chattanooga
Chapter of Hadassah

Millie Lander,
Treasurer

SWEET 5784 - CHALLAH BRAIDING & BAKING

To start off a sweet 5784, thank you, Randi Weiss, for conducting the Challah Braiding and Baking program. Additional pictures from this event show how excited the participants were about their success.



SOUTHERN REGIONAL BOARD

The Southern Regional Board meeting, scheduled for Oct. 15 in Birmingham, was moved to Zoom because of the incidence of Covid.

ROOM IN THE INN

Room in the Inn Executive Director Taylor Hixson has invited Hadassah members to tour their renovated building on Nov. 10 at 10 a.m. Room in the Inn provides a safe and supportive place for women and children to live, along with resources to move forward. Details about this tour will be available in an upcoming Hadassah email or by contacting Judy Sachsman (jmsachsman@gmail.com). Participants will be invited to bring winter coats and jackets for donation on the day of the tour.

HADASSAH DINNER & DONATIONS

On the first night of Chanukah, December 7, the Annual Hadassah-Federation dinner will be held at the Jewish Community Center as people celebrate and light the first candle. An opportunity for donations of food to the Brainerd Food Pantry and toiletries to Room in the Inn will be available at the Jewish Community Center between Thanksgiving and Chanukah. Aleph Bet students will be decorating the donation boxes.



TOURS OF ISRAEL

Throughout the fall are several tours of Israel, including the Keepers of the Gate Tour (December 10-19), which Dana Waxler and Judy Sachsman will be joining.

Annual Giving enables Hadassah to provide ongoing reliable funds for its many projects such as: Hadassah Medical Organization, which supports saving lives, healing, research, and cutting edge medicine at its two Jerusalem hospitals; Youth Aliyah, which educates and nurtures children at risk; and Young Judaea scholarships, which enables children to attend camp and young adults to spend a "gap" year in Israel.

Annual Givers start with:

- Chai Society members (\$180/year)**
- Silver Chai members (\$360/year)**
- Traditional Keepers (\$1,000/year)**
- Chai Keepers (\$1,800/year)**
- New Silver Keepers (\$2,500/year)**
- Golden Keepers (\$5,000/year)**

Those who are already Annual Givers should consider increasing donations or stepping up to the next level. Contact Dana Waxler at dwaxler@hadassah.org.

COFFEE WITH OFER

Coffee with the new shaliach, Ofer Musan, will be scheduled in January near Tu B'Shevat. Also, in the planning stage, is an in-person Donor event celebrating Woman of Valor and breast cancer survivors at a Sunday brunch. Anyone who wishes to be on the Donor Committee should contact Judy Sachsman.

FILM SERIES SOCIAL EVENT

An upcoming informal Hadassah event is dinner at Sweet Basil on November 13 at 5 p.m. before the Federation movie series. No RSVP is required and members are welcome to bring invited guests. This should be a welcome social event before a movie about falling in love in March '68 in Warsaw where the couple discovers that freedom comes at a high price!

**So, Next year in Jerusalem.
May 5784 be a joyous celebration all year long.**

By connecting and empowering Jewish women to effect change, we are the women who do. We are Hadassah. Be proud of who you are, Hadassah women.





JOIN THE JEWISH FEDERATION LEGACY SOCIETY

The Legacy Society is made up of individuals who, in the tradition of our Jewish faith, wish to share their blessings with others by providing for the future needs of the Jewish community. There are a number of ways to contribute to the Jewish Federation's Endowment through estate planning: a bequest in a will, contribution of the remainder of an IRA or other retirement plan, a life insurance policy, charitable remainder trust, donor advised fund, charitable gift annuity, piece of real estate, securities or other property, or the donation of other assets. However they choose to contribute, Legacy Society members can be sure that their planned gift will turn their dreams or a strong future Jewish community into a reality. Join today.

- | | | | | |
|-----------------|------------------|-------------------|----------------------|-------------------------|
| Anonymous (2) | Center, Austin | Hanan, Victor* | Lebovitz, Michael | Rosenfeld, Roy |
| Allen, Amelia* | Center, Marilyn | Hill, J.R. | Levine, Lawrence* | Siskin, Pris |
| Allen, Owen | Cohen, Tal | Hochman, Colman* | Lewis, Art | Sivils, Janet |
| Alper, Maxine* | Cohn, Herb | Hochman, Lynn | Lewis, Vicki | Spector, Linda |
| Balser, Jeff | Cohn, Sue* | Hodes, Alvin* | Lowe, Beth | Spector, Mark* |
| Balser, Robin | Cowan, Rob | Hodes, Andy | Lowe, Rob | Spector, Mike |
| Barukh, Rebecca | Diamond, Karen | Hodes, Melody | Lowy, Sam | Susman, Gail |
| Berz, Bob | DiStefano, David | Howard, Lynn | Malsh, Rebecca* | Susman, Joel |
| Binder, Claire | DiStefano, Susan | Israel, David | Nash, Ike* | Weiner, Cara |
| Black, Bonnie | Dittus, Sandy | Israel, Scott | Oxenhandler, Barbara | White-Dropkin,
Donna |
| Black, Stephen | Dropkin, Warren | Jaffe, Dot* | Parker, Jordan | Winer, David |
| Bogo, Jerry | Dzik, Michael | Jaffe, Sam* | Pregulman, Helen | Winer, Elaine |
| Bogo, Rosalee | Dzik, Paula | Lakow, Harry* | Richelson, Alan | Winer, Finette |
| Bohn, Jerry* | Fairchild, David | Lebovitz, Alison | Richelson, Miriam* | Winer, Sanford |
| Brooks, Ellyn | Frank, Estelle* | Lebovitz, Alan | Rose, Cassie | Zachary, Richard |
| Brooks, John | Hanan, Jan | Lebovitz, Betty | Rose, Kevin | |
| Brouner, Betsy | Hanan, Michael | Lebovitz, Charles | Rosenfeld, Jackie | |
| Brouner, Lee | Hanan, Rachel | Lebovitz, Lauren | | |

* Deceased

**See how easy it is to join the Legacy Society!
Call Michael Dzik at 493-0270 ext 15.**

**Thank you
for insuring
our future.**

STAY INFORMED

A full listing of monthly programs is on our website,
www.JewishChattanooga.com, where you can RSVP

Find up-to-date information about online programs,
cancellations and changes in our:

- Weekly Community Email
- Federation Facebook Page
- (Jewish Federation of Greater Chattanooga)
- Federation Website
- (JewishChattanooga.com)

**QUESTIONS? Call us!
423-493-0270**

CONTACT LIST

- | | |
|--------------------------|----------------------------------|
| Michael Dzik | Mdzik@JewishChattanooga.com |
| Annette McJunkin | Amcjunkin@JewishChattanooga.com |
| Ann Treadwell | Atreadwell@JewishChattanooga.com |
| Ofer Musan | Israel@JewishChattanooga.com |
| Lorri Lipski | Llipski@JewishChattanooga.com |
| Kathryn Wilhoite | Alephbet@JewishChattanooga.com |
| Jake Balser | Federation@JewishChattanooga.com |
| Dawn Hildebrand, RN, BSN | Nurse@JewishChattanooga.com |



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OF GREATER CHATTANOOGA

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THE **POWER** OF A COMMUNITY

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Rob Lowe, Board Chair
Michael Dzik, Executive Director

The Shofar is mailed at no charge to local members of the Jewish community. Cost for out-of-town subscribers is \$30/year.

Find us online at
JewishChattanooga.com



Join
The Fun

Community Chanukah Celebration and Candle Lighting

CELEBRATE THE FIRST NIGHT OF CHANUKAH WITH FRIENDS AND FAMILY

SUNDAY, DECEMBER 7 - 5:30PM

JCC - 5461 NORTH TERRACE

*ENJOY A FESTIVE MEAL WITH FAMILY ENTERTAINMENT

*BRING A MENORAH: WE'LL PROVIDE THE CANDLES.

Cost: adult \$15, \$5 children (5-14),
under 5 free, family of four \$30

Menu: Oven fried chicken, green beans, latkes, sufganiyot
Vegetarian option available if ordered in advance.

Register at www.jewishchattanooga.com

For More Info: 423-493-0270



As part of Hadassah's Mitzvah Project, please bring unopened toiletries for Room in the Inn and non-perishable foods for the Brainerd Food Pantry.